

Clinical Trial Protocol

Iranian Registry of Clinical Trials

28 Jun 2026

The Effectiveness of Group Cognitive Hypnotherapy & dialectical behavior therapy on Major Depression self-efficacy to deal with problems and psychological well-being Referred to Residential and Semi-residential Addiction Recovery Centers

Protocol summary

Summary

The study of Effectiveness of Group Cognitive Hypnotherapy & dialectical behavior therapy on Major Depression self-efficacy to deal with problems and psychological well-being Referred to Residential and Semi-residential Addiction Recovery Centers in yasuj city. Inclusion criteria for the study: Having read and write, Unwillingness to commit suicide in patients, Unwillingness to commit are suicide and seizures and seizures.Exclusion criteria for the study: Delays, failure to comply with Is repeated absences.The study away pre-test and post-test with a control group, But not in the control group received no intervention. The instrument of this study included the Beck Depression Questionnaire, Self cope with problems Chesnee and colleagues and Psychological well-being is Chesnee and colleagues.This study can be used to treat drug-dependent patients and reduce symptoms of addiction helpful.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2017012929377N1**

Registration date: **2017-02-27, 1395/12/09**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2017-02-27, 1395/12/09

Registrant information

Name

Mohammad Malekzadeh

Name of organization / entity

Yasuj University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

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Email address

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Recruitment status

Recruitment complete

Funding source

Islamic Azad University of Yasouj

Expected recruitment start date

2016-11-13, 1395/08/23

Expected recruitment end date

2017-01-20, 1395/11/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effectiveness of Group Cognitive Hypnotherapy & dialectical behavior therapy on Major Depression self-efficacy to deal with problems and psychological well-being Referred to Residential and Semi-residential Addiction Recovery Centers

Public title

The impact of cognitive hypnotherapy and dialectical behavior therapy group therapy on depression, self-efficacy to deal with problems and psychological well-being

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria for the study: Having read and write, Unwillingness to commit suicide in patients, and lack of diseases such as epilepsy and seizures. Exclusion criteria for the study: Delays, failure to comply with regulations and frequent absences therapy sessions (more than two sessions) will be.

Age

From **20 years** old to **50 years** old

Gender

Male

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **60**

Randomization (investigator's opinion)

N/A

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

The present study tested the effectiveness of this intervention on the group and the control group there was no intervention.

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Yasuj University of Medical Sciences

Street address

Vice President of Research Yasuj University of Medical Sciences

City

Yasuj

Postal code

7591741417

Approval date

2016-11-12, 1395/08/22

Ethics committee reference number

IR.YUMS.REC.1395.165

Health conditions studied

1

Description of health condition studied

Major Depression

ICD-10 code

F32.2

ICD-10 code description

An episode of depression in which several of the above symptoms are marked and distressing, typically loss of self-esteem and ideas of worthlessness or guilt. Suicidal thoughts and acts are common and a number of

Primary outcomes

1

Description

Major Depression

Timepoint

TwoMonths after the intervention.

Method of measurement

Beck Depression Inventory

2

Description

Self coping with problems

Timepoint

TwoMonths after the intervention.

Method of measurement

Questionnaire Self coping with problems Chesnee and colleagues

3

Description

Psychological well-being

Timepoint

TwoMonths after the intervention.

Method of measurement

Psychological well-being Ryif Questionnaire

Secondary outcomes

1

Description

education

Timepoint

25/5000 Two months after the intervention.

Method of measurement

Elementary, Guidance, Diploma, Associate Degree, BS

2

Description

age

Timepoint

Two months after the intervention.

Method of measurement

age 20-30 , age 31-40 , age 41-50

Intervention groups

1

Description

Cognitive hypnotherapy This treatment is only for the experimental group pre-test as a group and then for eight weeks, an hour and a half session's intervention. The test will be taken. But if there is no intervention control group.

Category

Behavior

2

Description

Dialectical Behavior Therapy This treatment is only for the experimental group pre-test as a group and then for eight weeks, an hour and a half session's intervention. The test will be taken. But if there is no intervention control group.

Category

Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center

Semi-residential Addiction Recovery Centers tello noor

Full name of responsible person

mr Mardany

Street address

City

yasuj

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Islamic Azad University of Yasuj

Full name of responsible person

Islamic Azad University Yasuj Vice President of Research

Street address

5 km of road Esfahan Islamic Azad University Yasuj

City

yasuj

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Islamic Azad University of Yasuj

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Payam Noor university

Full name of responsible person

Bahram Movahedzadeh

Position

Assistant Professor

Other areas of specialty/work

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Person responsible for scientific inquiries

Contact

Name of organization / entity

Islamic Azad University of asuj

Full name of responsible person

Sadegh Haghighi

Position

MA in Clinical Psychology

Other areas of specialty/work

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Contact

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sadgh haghghi

Position

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Other areas of specialty/work

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00

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty