Clinical Trial Protocol
Iranian Registry of Clinical Trials

07 Nov 2026

The Effectiveness of Group Cognitive Hypnotherapy & dialectical behavior therapy on Major Depression self-efficacy to deal with problems and psychological well-being Referred to Residential and Semi-residential Addiction Recovery Centers

Protocol summary

Summary
The study of Effectiveness of Group Cognitive Hypnotherapy & dialectical behavior therapy on Major Depression self-efficacy to deal with problems and psychological well-being Referred to Residential and Semi-residential Addiction Recovery Centers in yasuj city. Inclusion criteria for the study: Having read and write, Unwillingness to commit suicide in patients, Unwillingness to commit are suicide and seizures and seizures.Exclusion criteria for the study: Delays, failure to comply with Is repeated absences.The study away pre-test and post-test with a control group, But not in the control group received no intervention. The instrument of this study included the Beck Depression Questionnaire, Self cope with problems Chesnee and colleagues and Psychological well-being is Chesnee and colleagues.This study can be used to treat drug-dependent patients and reduce symptoms of addiction helpful.

General information

Acronym

IRCT registration information
IRCT registration number: **IRCT2017012929377N1**
Registration date: **2017-02-27, 1395/12/09**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date
2017-02-27, 1395/12/09

Registrant information

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Name of organization / entity
Yasuj University of Medical Sciences

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Recruitment status
Recruitment complete

Funding source
Islamic Azad University of Yasouj

Expected recruitment start date
2016-11-13, 1395/08/23

Expected recruitment end date
2017-01-20, 1395/11/01

Actual recruitment start date
empty

Actual recruitment end date
empty

Trial completion date
empty

Scientific title
The Effectiveness of Group Cognitive Hypnotherapy & dialectical behavior therapy on Major Depression self-efficacy to deal with problems and psychological well-being Referred to Residential and Semi-residential Addiction Recovery Centers

Public title
The impact of cognitive hypnotherapy and dialectical behavior therapy group therapy on depression, self-efficacy to deal with problems and psychological well-being

Purpose
Treatment

Inclusion/Exclusion criteria
Inclusion criteria for the study: Having read and write, Unwillingness to commit suicide in patients, and lack of diseases such as epilepsy and seizures.Exclusion criteria for the study: Delays, failure to comply with regulations and frequent absences therapy sessions (more than two sessions) will be.
Age
From **20 years** old to **50 years** old
Gender
Male

Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **60**
Randomization (investigator's opinion)
N/A
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features
The present study tested the effectiveness of this intervention on the group and the control group there was no intervention.

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Yasuj University of Medical Sciences
Street address
Vice President of ResearchYasuj University of Medical Sciences
City
Yasuj
Postal code
7591741417
Approval date
2016-11-12, 1395/08/22
Ethics committee reference number
IR.YUMS.REC.1395.165

Health conditions studied

1

Description of health condition studied
Major Depression
ICD-10 code
F32.2
ICD-10 code description
An episode of depression in which several of the above symptoms are marked and distressing, typically loss of self-esteem and ideas of worthlessness or guilt. Suicidal thoughts and acts are common and a number of

Primary outcomes

1

Description
Major Depression
Timepoint
TwoMonths after the intervention.
Method of measurement
Beck Depression Inventory

2

Description
Self copeing with problems
Timepoint
TwoMonths after the intervention.
Method of measurement
Questionnaire Self copeing with problemsChesnee and colleagues

3

Description
Psychological well-being
Timepoint
TwoMonths after the intervention.
Method of measurement
Psychological well-being Ryif Questionnaire

Secondary outcomes

1

Description
education
Timepoint
25/5000 Two months after the intervention.
Method of measurement
Elementary,Guidance,Diploma,Associate Degree,BS

2

Description
age
Timepoint
Two months after the intervention.
Method of measurement
age 20-30 , age 31-40 , age 41-50

Intervention groups

1

Description
Cognitive hypnotherapy This treatment is only for the experimental group pre-test as a group and then for eight weeks, an hour and a half session's intervention. The test will be taken. But if there is no intervention control group.
Category
Behavior

2

Description
Dialectical Behavior Therapy This treatment is only for the experimental group pre-test as a group and then for eight weeks, an hour and a half session's intervention. The test will be taken. But if there is no intervention control group.
Category
Behavior

Recruitment centers

1

Recruitment center
Name of recruitment center
Semi-residential Addiction Recovery Centers tello noor
Full name of responsible person
mr Mardany
Street address
City
yasuj

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Islamic Azad University of YasuJ
Full name of responsible person
Islamic Azad University YasuJ Vice President of Research
Street address
5 km of road Esfahan Islamic Azad University YasuJ
City
yasuj
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Islamic Azad University of YasuJ
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
Payam Noor university
Full name of responsible person
Bahram Movahedzadeh
Position
Assistant Professor
Other areas of specialty/work
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Golestan St. 6e
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Person responsible for scientific inquiries

Contact
Name of organization / entity
Islamic Azad University of asuj
Full name of responsible person
Sadegh Haghighi
Position
MA in Clinical Psychology
Other areas of specialty/work
Street address
Yasouj SAIPA trailer in front of the old Hossein-zadeh
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Person responsible for updating data

Contact
Name of organization / entity

Islamic Azad University of Yasuj

Full name of responsible person

sadgh haghighi

Position

MA in Clinical Psychology

Other areas of specialty/work

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yasuj

City

Postal code

Phone

00

Fax

Email

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty