

Clinical Trial Protocol

Iranian Registry of Clinical Trials

16 Sep 2026

Investigating the effect of empathy improvement program on social health of elders

Protocol summary

Summary

This study will aim to evaluate the effect of empathy on the promotion of social health in the elderly. Design: This Clinical Trial study will be conducted in 2017 on 70 referring to the association of elderly. The sampling will be conducted using available sampling that have the inclusion criteria will be considered as the samples and then who are selected will be divided into two groups. Inclusion criteria of this research includes: age 60 and older, there are no Alzheimer's disease or other mental illness, ability to communicate, consent to participate in the study, ability to complete the questionnaire, ability to participate in intervention session, there are no any crisis during the past six months and during this study. Exclusion criteria of this research includes: every one will die or be hospitalized during this study, acute stress, such as the death of relatives and family members, change location during this study, absence of more than 2 sessions of our session. Method: The applied tool will be the Keyes Social Health Questionnaire in three periods: before the intervention, immediately after and one month after treatment our intervention will be completed. Intervention will be containing: elderly in participate groups will attend to 8 sessions promote empathy and who in control group will attend to 3 sessions with content will be organized by researcher. Main outcome measures: The results of this study will evaluate the effect of empathy on the promotion of social health in the elderly.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016090329674N1**
Registration date: **2016-11-03, 1395/08/13**
Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2016-11-03, 1395/08/13

Registrant information

Name

Akram Rismanchian

Name of organization / entity

Isfahan University Of Medical Sciences Faculty Of
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Recruitment status

Recruitment complete

Funding source

Vice chancellor for research, Isfahan University of
Medical Sciences

Expected recruitment start date

2016-06-30, 1395/04/10

Expected recruitment end date

2016-07-31, 1395/05/10

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Investigating the effect of empathy improvement
program on social health of elders

Public title

Investigating the effect of empathy improvement
program on social health of elders referred to aging

association of isfahan province 2016

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: age 60 and older; lack of Alzheimer's disease or other mental illness; ability to communicate; consent to participate in the study; the ability to complete the questionnaire; the ability to participate in intervention session; lack of crisis during the past six months and during the study. Exclusion criteria of the study: Unwillingness to cooperate; elder die or be hospitalized; acute stress; such as the death of relatives and family members change location during the study; absence of more than 2 sessions.

Age

From **60 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **70**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Sealed envelope method

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee Isfahan University Of Medical Sciences Faculty Of Nursing and Midwifery

Street address

Isfahan University Of Medical Sciences Faculty Of Nursing and Midwifery , Hezar Jreb avenue , Isfahan

City

Isfahan

Postal code

81746-73461

Approval date

2016-06-28, 1395/04/08

Ethics committee reference number

ir.mui.rec.1395.3.163

Health conditions studied

1

Description of health condition studied

Social Health

ICD-10 code

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ICD-10 code description

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Primary outcomes

1

Description

Social Health

Timepoint

Before , immediately after and one month later

Method of measurement

Keyes social well-being scale

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group:Run 8 group sessions with educational and promote empathy content

Category

Behavior

2

Description

Control group: Run 4 sessions with the content of old age problems

Category

Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Aging Association of Isfahan province

Full name of responsible person

Mortaza Rismanchian

Street address

Aging Association of Isfahan province, Abshar avenue, Isfahan

City

Isfahan

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice chancellor for research , Isfahan University of Medical Sciences

Full name of responsible person

Dr.Mehdi Nemat Bakhsh

Street address

Isfahan,St.Hezar Jerib,University of Medical Sciences

City

Isfahan

Grant name

395163

Grant code / Reference number

395163

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Vice chancellor for research , Isfahan University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

empty

Person responsible for general inquiries

Contact**Name of organization / entity**

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty
Analytic Code
empty

Data Dictionary
empty