

Clinical Trial Protocol

Iranian Registry of Clinical Trials

01 Aug 2026

Comparison the efficacy of Duloxetine versus Gabapentin in patients with painful diabetic peripheral neuropathy

Protocol summary

Study aim

Comparison the efficacy of Duloxetine versus Gabapentin in patients with painful diabetic peripheral neuropathy

Design

This clinical trial study includes two groups of control and intervention with double-blind parallel groups, randomized using four-block method. The trial phase is 3.

Settings and conduct

A total of 104 patients admitted to the neurology clinic of Ahwaz Golestan Hospital with diagnosis of diabetic peripheral neuropathic pain (DPNP) and meet the inclusion criteria of study are randomly divided into A and B groups (each containing 52 subjects) using four-block method. Control or A group receives gabapentin and intervention B group receives duloxetine. Group A receives 300 mg oral gabapentin daily, and if the patients tolerate, dose increase by 300 for three days and reach to maximum dose of 900 mg daily. The group B receives 30 mg oral duloxetine daily, and if patients tolerate, dose increase to 60 mg daily after one week. Duration of treatment in both groups is 8 weeks. The pain level is assessed by visual analogue scale (VAS) before the start of medicine therapy and at the end of week 1, 4 and 8 and sleep interference score clinical global impression of change (secondary effect) are measured. Patients are evaluated by a researcher who has no information on patients treatment group. Both medicines are uniform in terms of appearance and provide for interviewer in pockets labeled A and B (each pocket contained adequate number of medicines for research period).

Participants/Inclusion and exclusion criteria

Patients referring to Neurology clinic of Golestan Hospital of Ahwaz with diagnosis of painful neuropathic diabetes (DPNP)

Intervention groups

Control group receive gabapentin and the intervention group receive duloxetine (DLX)

Main outcome variables

visual analogue scale (VAS) for pain

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20161023030455N2**

Registration date: **2018-08-06, 1397/05/15**

Registration timing: **retrospective**

Last update: **2018-08-06, 1397/05/15**

Update count: **0**

Registration date

2018-08-06, 1397/05/15

Registrant information

Name

Hosein Kaveiani

Name of organization / entity

Ahwaz Jundishapur University of Medical Sciences

Country

Iran (Islamic Republic of)

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+98 61 3374 3989

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Recruitment status

Recruitment complete

Funding source

Dr. ABIDI pharmaceutical laboratory company and Vice chancellor for research of Ahwaz Jundishapur University of Medical Sciences

Expected recruitment start date

2018-05-22, 1397/03/01

Expected recruitment end date

2018-07-06, 1397/04/15

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Comparison the efficacy of Duloxetine versus Gabapantin in patients with painful diabetic peripheral neuropathy

Public title

Comparative efficacy of Duloxetine versus Gabapantin in patients with painful diabetic peripheral neuropathy

Purpose

Treatment

Inclusion/Exclusion criteria**Inclusion criteria:**

aged>18 rule out other DDx. for peripheral neuropathy do nt use drug for treatment of DPNP duration of diabetes ranging from 1 to 15 years HbA1C less than 10 mg A pain score of at least 40 mm on the 100 mm visual analogue scale (VAS)

Exclusion criteria:

patients who were already on other medication for the treatment of DPNP one week prior to the study enrolment hepatic failure; ;renal failure with GFR<30 ml/min concurernt of pscologic disoeder cardiac arrhythmia patients with established neuropathy due to other causes;; history of epilepsy drug abuse uncontroled acute close angle Glcoma recent MI patients who did not give written informed consent pregnant or lactating women

AgeFrom **18 years** old**Gender**

Both

Phase

3

Groups that have been masked

- Participant
- Care provider
- Investigator
- Outcome assessor
- Data analyser

Sample sizeTarget sample size: **104****Randomization (investigator's opinion)**

Randomized

Randomization description

Four block

Blinding (investigator's opinion)

Double blinded

Blinding description

First, medicines are uniformed by a physician who is not involved in data collection or analysis. Then, these medicines are provided for researcher as medicines A and B. The complications of both medicines are explained for each of them. They are informed that they can receive any of the medications randomly and written consent is taken from them. Then, medicines are given

randomly to patients by one who is responsible for data collection. Another person analyzes the data.

Placebo

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Ethics committee of Ahvaz Jundishapur University of Medical Sciences Department of Neurology

Street address

Ahvaz Jundishapur University of Medical Sciences Department of Neurology, Golestan st.

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Khouzestan

Postal code

15794-61357

Approval date

2016-05-27, 1395/03/07

Ethics committee reference number

IR.AJUMS.REC.1395.78

Health conditions studied**1****Description of health condition studied**

painful diabetic peripheral neuropathy

ICD-10 code

G63.2

ICD-10 code description

Diabetic polyneuropathy

Primary outcomes**1****Description**

pain

Timepoint

Before treatment and 1,4 and 8 weeks after treatment

Method of measurement

visual analogue scale

Secondary outcomes**1****Description**

Sleep quality
Timepoint
Before treatment and 1,4 and 8 weeks after treatment
Method of measurement
Sleep interference score

2

Description
Changes in clinical status
Timepoint
1,4and 8 weeks after treatment
Method of measurement
Clinical Global Impression of Change

Intervention groups

1

Description
The gabapentin group receives the gabapentin at a dose of 300 mg per day. Then, the dose of 300 mg increases every three days to reach 900 mg per day (300 mg three times per day) and treatment continues for up to 8 weeks.
Category
Treatment - Drugs

2

Description
Duloxetine (DLX) group: this group receives Duloxetine at dose of 30 mg per day before bedtime, and after one week, it increases to 60 mg per day if patient tolerates, and treatment continues for up to 8 weeks.
Category
Treatment - Drugs

Recruitment centers

1

Recruitment center
Name of recruitment center
Neurologic clinic of Golestan hospital
Full name of responsible person
Hosein Kaveiani
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Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Vice chancellor for research of Ahvaz Jundishapur University of Medical Sciences Department of Neuro
Full name of responsible person
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Grant name

پژوهشی

Grant code / Reference number
Research

Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Vice chancellor for research of Ahvaz Jundishapur University of Medical Sciences Department of Neuro
Proportion provided by this source
100

Public or private sector
Public

Domestic or foreign origin
Domestic

Category of foreign source of funding
empty

Country of origin

Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact
Name of organization / entity
Ahvaz University of Medical Sciences
Full name of responsible person
Hosein Kaveiani
Position
Neurology resident
Latest degree
Medical doctor

Other areas of specialty/work

Neurology

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Sharing plan**Deidentified Individual Participant Data Set (IPD)**

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Not applicable

Analytic Code

Not applicable

Data Dictionary

Not applicable