

Clinical Trial Protocol

Iranian Registry of Clinical Trials

21 Jul 2026

Impact of spiritual interventions, designed based on five items of Richard& Bergin's Theistic spiritual strategies, on family function and sense of coherence of cancer patients caregivers.

Protocol summary

Summary

Study aimed to determine the impact of Spiritual intervention on family functioning and sense of coherence in the caregivers of patients with cancer, and based on five items of Richard& Bergin's Theistic spiritual strategies, that includes prayer, spiritual connection and visualization techniques, the Compassionate, in consultation with religious leaders, using intuition and inspiration combined with four connection with God, self, others and nature designed . In order to gather information, after the establishment in shariati hospital, and research samples selection based inclusion criteria, the samples were randomly divided into two intervention and control groups. Then questionnaires in three stages before the spiritual intervention , immediately after the 6 meeting spiritual intervention and a month after the intervention by the participants in the study will be completed in two groups. spiritual intervention is done during the 6 meeting in small groups caregivers having a person with cancer in family; passing at least two months and maximum 6 months from the time of diagnosis.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016110730758N1**
Registration date: **2017-06-05, 1396/03/15**
Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2017-06-05, 1396/03/15

Registrant information

Name

Zahra Momeni Keleshteri

Name of organization / entity

Shahid beheshti school of nursing and midwifery

Country

Iran (Islamic Republic of)

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Recruitment status

Recruitment complete

Funding source

Research assistant of shahid beheshti University of medical sciences

Expected recruitment start date

2016-12-05, 1395/09/15

Expected recruitment end date

2017-02-03, 1395/11/15

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Impact of spiritual interventions, designed based on five items of Richard& Bergin's Theistic spiritual strategies, on family function and sense of coherence of cancer patients caregivers.

Public title

Impact of spiritual interventions on family function and sense of coherence

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: Having a person with cancer in family;

passing at least two months and maximum 6 months from the time of diagnosis. Exclusion criteria: Patients with recurrent disease.

Age

From **77 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **66**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Shahid Beheshti School of Nursing and Midwifery
Ethics Committee

Street address

School of Nursing & Midwifery, Vali Asr Ave, Niayesh
Cross Road, Tehran, Iran

City

Tehran

Postal code

1985717443

Approval date

2016-07-18, 1395/04/28

Ethics committee reference number

IR.SBMU.PHNM.1395.467

Health conditions studied

1

Description of health condition studied

Cancer

ICD-10 code

C00-C97

ICD-10 code description

Malignant neoplasms

Primary outcomes

1

Description

Family Function

Timepoint

Before intervention& after intervention& one month after
intervention

Method of measurement

Family Assesment Device(FAD)

2

Description

Sence of Coherence

Timepoint

Before intervention& after intervention& one month after
intervention

Method of measurement

SOC-13

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: Spiritual intervention is done during
the 6 meeting in small groups of 11 caregivers. every
week a meeting will be held on certain days.The duration
of each session is 45 to 60 minutes.

Category

Lifestyle

2

Description

Control group: Do not receive any intervention, after the
end of the study they are given educational booklets.

Category

Lifestyle

Recruitment centers

1

Recruitment center

Name of recruitment center

Shariati Hospital

Full name of responsible person

Zahra Momeni

Street address

Shariati Hospital, Jalal Ale Ahmad Hwy, Tehran, Iran

City

Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice Chancellor for research of of Shahid Beheshti
University of Medical Sciences

Full name of responsible person

Vice Chancellor for research of of Shahid Beheshti
University of Medical Sciences

Street address

Near the Ayatollah Taleghani Hospital, Shahid Erabi
Street, Yaman Strret, Shahid Chamran Highway,
Tehran

City

Tehran

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Vice Chancellor for research of of Shahid Beheshti
University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

empty

Person responsible for general inquiries

Contact**Name of organization / entity**

Shahid Beheshti School of Nursing & Midwifery

Full name of responsible person

Zahra Momeni

Position

Nurse

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty