Clinical Trial Protocol
Iranian Registry of Clinical Trials

18 Sep 2026

Efficacy of Communication Skills Training on Marital Conflicts of Infertile Women

Protocol summary

Summary

Goals include: 1- The effect of communication skills training on marital satisfaction in infertile women. 2- The effect of communication skills training on Psychological well-being in infertile women. The study population consisted of all infertile women, 300 adherents. Of the 30 infertile women were selected by convenience sampling method and randomly divided into two experimental and control groups. Both groups are measured twice. Experimental group before and after the intervention and the control group received no training. Measuring devices marital satisfaction questionnaire (Enrich) and Ryff psychological well-being scale. The subjects in both groups, pre-test and post-test phase is completed. After the questionnaires, The experimental group was receiving communication skills training for 8 sessions while the control group did not receive any intervention. Enrich Couple Scale was used as a research tool. The questionnaire was given to both groups. The control group did not receive this intervention.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016111230839N1**
Registration date: **2017-02-13, 1395/11/25**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2017-02-13, 1395/11/25

Registrant information

Name

Nahid Hassan nejad

Name of organization / entity

Islamic Azad University Sari Branch

Country

Iran (Islamic Republic of)

Phone

+98 11 3222 0281

Email address

na.hassannejad@gmail.com

Recruitment status

Recruitment complete

Funding source

Midwifery cunsalting Centre Fereshtegan of Babol

Expected recruitment start date

2016-03-11, 1394/12/21

Expected recruitment end date

2016-05-10, 1395/02/21

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Efficacy of Communication Skills Training on Marital Conflicts of Infertile Women

Public title

Efficacy of Communication Skills Training on Marital Conflicts of Infertile Women

Purpose

Health service research

Inclusion/Exclusion criteria

Inclusion criteria:Personal consent to participate in research; At least literate to read and write;Or reported no history of psychological disturbance or serious problems , Exclusion criteria:A desire to discontinue the proceedings;Absence in more than one session

Age

No age limit

Gender

Female

Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **30**
Randomization (investigator's opinion)
Randomized
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Single
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Islamic Azad University Sari Branch
Street address
7 km road, Sea, Sari
City
Sari
Postal code
Approval date
2016-08-06, 1395/05/16
Ethics committee reference number
IR.IAU.SARI.REC.1395.6

Health conditions studied

1

Description of health condition studied
Female infertility
ICD-10 code
N97
ICD-10 code description
inability to achieve a pregnancy sterility, female NOS

Primary outcomes

1

Description
Marital Satisfaction
Timepoint
Two months after the interventioↄ
Method of measurement
Marital Satisfaction Questionnaire Enrich-35 and Ryff psychological well-being scale

Secondary outcomes

1

Description
Psychological well-being
Timepoint
Two months after the start of the study
Method of measurement
Ryff psychological well-being scale

Intervention groups

1

Description
The control group did not receive the intervention, communication skills, but twice were evaluated.
Category
N/A

2

Description
This study is experimental with pretest-posttest design. The Experimental groups before and after the intervention, communication skills receive. 90-minute training duration is 8 sessions.
Category
Behavior

Recruitment centers

1

Recruitment center
Name of recruitment center
Midwifery Counseling Center Fereshtegan Of Babol
Full name of responsible person
Nahid Hassan Nejad
Street address
Fereshtegan Counseling Center, In Front Of City Hall, Azadi Street, Babol
City
Babol

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Midwifery Counseling Center Fereshtegan Of Babol
Full name of responsible person
Nahid Hassan Nejad
Street address
Fereshtegan Counseling Center, In Front Of City Hall, Azadi Street, Babol
City

Babol

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Midwifery Counseling Center Fereshtegan Of Babol

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Midwifery Counseling Center Fereshtegan Of Babol

Full name of responsible person

Nahid Hassan Nejad

Position

MA, Consultant

Other areas of specialty/work

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Person responsible for updating data

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty