Clinical Trial Protocol
Iranian Registry of Clinical Trials

16 Sep 2026

The effectiveness of Holographic Reprocessing Therapy on posst – traumatic symptoms, life expectancy and adjustment to illness in patients with cancer

Protocol summary

Summary

The aim of this study is to determine the effectiveness of Holographic reprocessing therapy on symptoms of post-traumatic, life expectancy and mental adjustment with illness in patients with cancer. The research method is experimental and research design is pretest- posttest with control group. The sample will consist of 30 women with the study criteria that randomly will assign to an experimental and a control group. The tools used in this research will include, Checklists the symptoms of trauma, post-traumatic cognitions(PTCI), life expectancy and Mini- mental adjustment to cancer scale(Mini- MAC). These tools will be completed before the intervention and after the intervention. The experimental group will receive nine 60-minute treatment sessions, while the control group will not receive any treatment. Terms of Inclusion in the study as follows: age over 20 years; having one kind of cancer (gastric, breast, and brain and nerves, etc.); no history of neurological and psychiatric diseases; lack of substance abuse and lack of simultaneously participation in psychological classes;. Terms of exclusion in the study as follows: Lack of any study Terms of Inclusion; missing more than two sessions. The main outcome variables in this study will be the symptoms of trauma, recognition of post-traumatic, life expectancy and mental adjustment to cancer.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016111230840N1**
Registration date: **2016-12-18, 1395/09/28**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2016-12-18, 1395/09/28

Registrant information

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Soheila Mehrparvar
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University of Mohaghegh Ardabili
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Recruitment status

Recruitment complete

Funding source

University of Mohaghegh Ardabili

Expected recruitment start date

2015-07-07, 1394/04/16

Expected recruitment end date

2015-08-11, 1394/05/20

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effectiveness of Holographic Reprocessing Therapy on posst – traumatic symptoms, life expectancy and adjustment to illness in patients with cancer

Public title

Holographic Reprocessing Therapy

Purpose

Treatment

Inclusion/Exclusion criteria

Terms of Inclusion in the study as follows: age over 20 years; having one kind of cancer (gastric, breast, and brain and nerves, etc.); no history of neurological and psychiatric diseases; lack of substance abuse and lack of simultaneously participation in psychological classes;. Terms of exclusion in the study as follows: Lack of any study Terms of Inclusion; missing more than two sessions.

Age

From **20 years** old to **70 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **30**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee of Ardabil University of Medical Sciences

Street address

Ardabil University of Medical Sciences,Daneshgah st, Ardabil

City

Ardabil

Postal code

8599156189

Approval date

2016-10-30, 1395/08/09

Ethics committee reference number

IR.ARUMS.REC.1395.75

Health conditions studied

1

Description of health condition studied

Cancer

ICD-10 code

C80.0

ICD-10 code description

Malignant neoplasm, without specification of site

Primary outcomes

1

Description

Symptoms of trauma

Timepoint

Before the intervention, After the intervention

Method of measurement

Checklists the symptoms of trauma

2

Description

Post-Traumatic Cognitions

Timepoint

Before the intervention, After the intervention

Method of measurement

Post-Traumatic Cognitions Inventory(PTCI)

3

Description

life expectancy

Timepoint

Before the intervention, After the intervention

Method of measurement

Life Expectancy Questionnaire

4

Description

mental adjustment to cancer

Timepoint

Before the intervention, After the intervention

Method of measurement

Mini- Mental Adjustment to Cancer scale (Mini- MAC)

Secondary outcomes

empty

Intervention groups

1

Description

Holographic Reprocessing therapy for nine 60-minute sessions and is done on a weekly basis on the intervention group

Category

Behavior

2

Description

control group is placed on waiting list and not be

received any intervention

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Tohid Hospital - Kurdistan - Sanandaj

Full name of responsible person

Soheila Mehrparvar

Street address

Tohid Hospital, Gryashan St, Sanandaj city, Kurdistan

City

Sanandaj

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

University of Mohaghegh Ardabili

Full name of responsible person

Vice chancellor for research, University of Mohaghegh Ardabili

Street address

Vice chancellor for research, Faculty of Education and Psychology, University of Mohaghegh Ardabili,Daneshgah St, Ardabil

City

Ardabil

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

University of Mohaghegh Ardabili

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

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Nader Hajloo

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Professor

Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty