

Clinical Trial Protocol

Iranian Registry of Clinical Trials

02 Jun 2026

Homeopathy Impact on Physical Health dimension of Quality of Life in Patients with Chronic Headache

Protocol summary

Summary

The objective of the present study is to investigate the effect of homeopathy on the physical health dimension of the Quality of Life in patients with chronic headache in Isfahan in 2015. The design of the research is a single group before and after quasi-experimental study. The research is done through filling out SF36 Quality of Life questionnaire administered at the start and after finishing the intervention. The main conditions of participants' inclusion in the study include the following criteria: their consent to participate in the study; having literacy to read and write, having mental and physical ability to participate in the study, having chronic headache according to the doctor's diagnosis, and not using homeopathic methods yet. The exclusion criteria, on the other hand, include: being reluctant to continue to participate in the study and lack of access to participants during the study for any reasons such as refusing to refer the doctor. The interventions are as a treatment with a homeopathic medicine called Natrium Muriaticum (Nat. M), which is taken at least three doses over a period of 3 months. The main outcome of the study is the Quality of Life which will be examined.

General information

Acronym

-

IRCT registration information

IRCT registration number: **IRCT2016112831147N1**
Registration date: **2017-01-15, 1395/10/26**
Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2017-01-15, 1395/10/26

Registrant information

Name

Mohsen Ghadiri

Name of organization / entity

Islamic Azad University, Isfahan (Khorasgan) Branch

Country

Iran (Islamic Republic of)

Phone

+98 31 3535 4001

Email address

mohsenghadiri48@gmail.com

Recruitment status

Recruitment complete

Funding source

Investigator

Expected recruitment start date

2015-07-23, 1394/05/01

Expected recruitment end date

2015-10-23, 1394/08/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Homeopathy Impact on Physical Health dimension of Quality of Life in Patients with Chronic Headache

Public title

Effect of homeopathy on quality of life

Purpose

Health service research

Inclusion/Exclusion criteria

Inclusion criteria: Their consent to participate in the study; having literacy to read and write; having mental and physical ability to participate in the study; having chronic headache according to the doctor's diagnosis; and not using homeopathic methods yet. The exclusion

criteria include: being reluctant to continue to participate in the study and lack of access to participants during the study for any reasons such as refusing to refer the doctor.

Age

From **14 years** old to **70 years** old

Gender

Both

Phase

4

Groups that have been masked

No information

Sample size

Target sample size: **75**

Randomization (investigator's opinion)

N/A

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Single

Other design features

-

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Isfahan University of Medical Sciences

Street address

Isfahan

City

Isfahan

Postal code

8174673461

Approval date

2015-06-22, 1394/04/01

Ethics committee reference number

IR.MUI.REC.1394.4.59

Health conditions studied

1

Description of health condition studied

chronic headache

ICD-10 code

G44.2

ICD-10 code description

Tension-type headache

Primary outcomes

1

Description

quality of life

Timepoint

Three months after intervention

Method of measurement

S-F36 questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

The intervention of the study is as follows: patients with chronic headache who refer to homeopathic doctor will take the homeopathic medicine called Nat. M prescribed by the doctor. This is a single concentration medicine that is used as one tablet a week by patients. The drug usage period is three months, which means each patient takes 12 Nat. M tablets during three months.

Category

Treatment - Drugs

Recruitment centers

1

Recruitment center

Name of recruitment center

Dr Mohammadpour's office

Full name of responsible person

Dr Hossein Ali Mohammadpour

Street address

Plaque No10, back of golestan restaurant, Jey ave, Isfahan

City

Isfahan

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Investigator

Full name of responsible person

Mohsen Ghadiri

Street address

plaque no10 ,janbazan Ave,Mobarake,Isfahan,Iran

City

Mobarake

Grant name

-

Grant code / Reference number

-

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Investigator

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

empty

Person responsible for general inquiries**Contact****Name of organization / entity**

Islamic Azad university, Isfahan(Khorasgan)Branch

Full name of responsible person

Mino0 Motaghi

Position

Nursing PhD:science Committee

Other areas of specialty/work**Street address**

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Web page address**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty