Clinical Trial Protocol
Iranian Registry of Clinical Trials

07 Nov 2026

Homeopathy Impact on Physical Health dimension of Quality of Life in Patients with Chronic Headache

Protocol summary

Summary

The objective of the present study is to investigate the effect of homeopathy on the physical health dimension of the Quality of Life in patients with chronic headache in Isfahan in 2015 .The design of the research is a single group before and after quasi-experimental study.The research is done through filling out SF36 Quality of Life questionnaire administered at the start and after finishing the intervention. The main conditions of participants' inclusion in the study include the following criteria: their consent to participate in the study; having literacy to read and write, having mental and physical ability to participate in the study, having chronic headache according to the doctor's diagnosis, and not using homeopathic methods yet. The exclusion criteria, on the other hand, include: being reluctant to continue to participate in the study and lack of access to participants during the study for any reasons such as refusing to refer the doctor. The interventions are as a treatment with a homeopathic medicine called Natrium Muriaticum (Nat. M), which is taken at least three doses over a period of3 months. The main outcome of the study is the Quality of Life which will be examined.

General information

Acronym

-

IRCT registration information

IRCT registration number: **IRCT2016112831147N1**
Registration date: **2017-01-15, 1395/10/26**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2017-01-15, 1395/10/26

Registrant information

Name
Mohsen Ghadiri
Name of organization / entity
Islamic Azad University,Isfahan(Khorasgan) Branch
Country
Iran (Islamic Republic of)
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+98 31 3535 4001
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Recruitment status

Recruitment complete

Funding source

Investigator

Expected recruitment start date

2015-07-23, 1394/05/01

Expected recruitment end date

2015-10-23, 1394/08/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Homeopathy Impact on Physical Health dimension of Quality of Life in Patients with Chronic Headache

Public title

Effect of homeopathy on quality of life

Purpose

Health service research

Inclusion/Exclusion criteria

Inclusion criteria:Their consent to participate in the study; having literacy to read and write; having mental and physical ability to participate in the study; having chronic headache according to the doctor's diagnosis; and not using homeopathic methods yet; The exclusion

criteria include: being reluctant to continue to participate in the study and lack of access to participants during the study for any reasons such as refusing to refer the doctor.

Age
From **14 years** old to **70 years** old

Gender
Both

Phase
4

Groups that have been masked
No information

Sample size
Target sample size: **75**

Randomization (investigator's opinion)
N/A

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Single

Other design features
-

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Ethics committee of Isfahan University of Medical Sciences

Street address
Isfahan

City
Isfahan

Postal code
8174673461

Approval date
2015-06-22, 1394/04/01

Ethics committee reference number
IR.MUI.REC.1394.4.59

Health conditions studied

1

Description of health condition studied
chronic headache

ICD-10 code
G44.2

ICD-10 code description
Tension-type headache

Primary outcomes

1

Description
qualithy of life

Timepoint
Three months after intervention

Method of measurement
S-F36 questionaire

Secondary outcomes

empty

Intervention groups

1

Description
The intervention of the study is as follows: patients with chronic headache who refer to homeopathic doctor will take the homeopathic medicine called Nat. M prescribed by the doctor. This is a single concentration medicine that is used as one tablet a week by patients. The drug usage period is three months, which means each patient takes 12 Nat. M tablets during three months.

Category
Treatment - Drugs

Recruitment centers

1

Recruitment center

Name of recruitment center
Dr Mohammadpour's office

Full name of responsible person
Dr Hossein Ali Mohammadpour

Street address
Plaque No10, back of golestan restourant, Jey ave, Isfahan

City
Isfahan

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Investigator

Full name of responsible person
Mohsen Ghadiri

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plaque no10 ,janbazan Ave,Mobarake,Isfahan,Iran

City
Mobarake

Grant name
-

Grant code / Reference number
-

Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Investigator
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty