

Clinical Trial Protocol

Iranian Registry of Clinical Trials

16 Sep 2026

Effects of Training Internet Use through Group Discussion on Aggression in Adolescents with Internet Addiction Disorder

Protocol summary

Summary

The Aim of This Study is to Investigate the Effects of Training Internet Use Through Group Discussion on Aggression in Adolescents with Internet Addiction Disorder. This is an Interventional Study non Randomized, Without Blinding and with Control Group Design. The Research Population Consists of Female Senior High School Students of the District Three in Tehran, Iran. Inclusion Criteria to Select the Samples: Willingness to Participate in This Study, Achieving Score of 47.5 or More on the Young Internet Addiction Test (YIAT) and the Exclusion Criteria are Unwillingness to Continue with This Study, A Lack of Participation in All Educational Sessions. The Sample Size in each Group is Determined 40 Students. in This Study Intervention is the Training of Internet Use Include of Three Sessions Performed During Three Consecutive Weeks in Groups of 4 to 10 Peoples in Relation to the Internet Addiction, Factors Creating it, Its Consequences, and the Correct Methods For Using the Internet as Group Discussion. The Primary Outcome of This study is Aggression that is Measured by Buss and Perry's Aggression Questionnaire in two Groups. Then, the Mean Aggression Scores are Compared in the two Groups Before, Right After, and 1 Month Following the Program.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016121931468N1**

Registration date: **2017-01-20, 1395/11/01**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2017-01-20, 1395/11/01

Registrant information

Name

Hadis Nazari

Name of organization / entity

Iran University of Medical Sciences

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Email address

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Recruitment status

Recruitment complete

Funding source

Iran University of Medical Sciences

Expected recruitment start date

2016-12-30, 1395/10/10

Expected recruitment end date

2017-01-09, 1395/10/20

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effects of Training Internet Use through Group Discussion on Aggression in Adolescents with Internet Addiction Disorder

Public title

The Effect of Training Internet Use on the Aggressiveness of Internet Addiction

Purpose

Other

Inclusion/Exclusion criteria

Inclusion Criteria: Willingness to Participate in This Study, Achieving Score of 47.5 or More on the Young Internet Addiction Test (YIAT), and Having no History of Mental

Illness in the Last Three Months and Sedative Use.
Exclusion Criteria: Unwillingness to Continue with This Study, A Lack of Participation in All Educational Sessions and any Unexpected Event Affecting Life During the Study Period.

Age

From **15 years** old to **18 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **80**

Randomization (investigator's opinion)

Not randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee of Iran University of Medical Sciences

Street address

Iran University of Medical Sciences, Shahid Hemmat Highway, Tehran, Iran

City

Tehran

Postal code

1449614535

Approval date

2015-12-06, 1394/09/15

Ethics committee reference number

IR.IUMS.REC.1394 .9211196227

Health conditions studied

1

Description of health condition studied

Aggression

ICD-10 code

F60.3

ICD-10 code description

Emotionally unstable personality disorder

Primary outcomes

1

Description

Aggression

Timepoint

Before Intervention, Right After Intervention, One Month After Intervention

Method of measurement

The Buss-Perry Aggression Questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

Intervention Group: The training of internet use include a structured program composed of three sessions with predetermined goals performed during three consecutive weeks in groups of 4 to 10 peoples in relation to the internet addiction, factors creating it, its consequences, and the correct methods for using the internet as group discussion. Each session last for 45 minutes.

Category

Lifestyle

2

Description

Control Group: No Intervention

Category

Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Moalem Highschool

Full name of responsible person

Street address

City

Tehran

2

Recruitment center

Name of recruitment center

Aeen Roshan Highschool

Full name of responsible person

Street address

City

Tehran

3

Recruitment center

Name of recruitment center

Hafez Highschool

Full name of responsible person

Street address

City

Tehran

4

Recruitment center

Name of recruitment center

Mohadeseh Highschool

Full name of responsible person

Street address

City

Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice Chancellor Of Research, Iran University of Medical Sciences

Full name of responsible person

Dr. Seyed Ali Javad Moosavi

Street address

Iran University of Medical Sciences, Shahid Hemmat Highway, Tehran, Iran

City

Tehran

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Vice Chancellor Of Research, Iran University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

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Full name of responsible person

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty