

Clinical Trial Protocol

Iranian Registry of Clinical Trials

18 Sep 2026

The effectiveness of sexual enrichment counseling on sexual assertiveness of married women

Protocol summary

Summary

This randomized controlled trial study is conducted with one intervention group and one control group. The aim of study is assessment of the effectiveness of sexual enrichment counseling on sexual assertiveness of married women. Sampling will perform based on convenience method. One of the largest health centers of Karaj city is considered as research environment. Course announcement about improving sexual relationship will be presented in the Health Center. Sixty volunteer women were randomly allocated into control and intervention groups. Six sessions of group counseling (10 women in each group) will be held. Data gathering will be done by a two part questionnaire including demographic and Halbert Index of Sexual Assertiveness. Follow up data gathering will be done after one month. Sexual assertiveness in two groups will be compared.

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Email address

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Recruitment status

Recruitment complete

Funding source

Alborz University of Medical Sciences

Expected recruitment start date

2016-09-26, 1395/07/05

Expected recruitment end date

2016-12-03, 1395/09/13

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2016123031662N1**

Registration date: **2017-02-05, 1395/11/17**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2017-02-05, 1395/11/17

Registrant information

Name

Razieh Lotfi

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

Scientific title

The effectiveness of sexual enrichment counseling on sexual assertiveness of married women

Public title

The effectiveness of sexual enrichment counseling on sexual assertiveness of married women

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria: consent to participating in the study ; married for at least 1 year; aged between 18-49 years; having at least one child; living together in the context of marriage. Exclusion criteria: Mental disorders; sexual disorders; marital conflicts; having diseases affecting on sexual function; using medication affecting sexual function.

Age

From **18 years** old to **49 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 60

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Alborz University of Medical Sciences

Street address

Azimiye- North Taleghani

City

Karaj

Postal code

Approval date

2016-06-06, 1395/03/17

Ethics committee reference number

Abzums.Rec.1395.30

Health conditions studied

1

Description of health condition studied

Sexual assertiveness

ICD-10 code

Z70

ICD-10 code description

Counselling related to sexual attitude, behaviour and orientation

Primary outcomes

1

Description

sexual assertiveness

Timepoint

before intervention, 1 month after intervention

Method of measurement

Hulbert Index of Sexual Assertiveness

Secondary outcomes

1

Description

-

Timepoint

-

Method of measurement

-

Intervention groups

1

Description

Control group will not receive any intervention.

Category

Other

2

Description

Six sessions of group counseling about sexual enrichment will be held with 10 women in each group.

Duration of each session is about 2 hours.

Category

Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Rastravesh Health Center

Full name of responsible person

Mahdikht Parva

Street address

City

Karaj

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

vice chancellor in Research-Alborz University of Medical Sciences

Full name of responsible person

Dr. Mohammad Nouri- Sepehr

Street address

Dara building-Pounesh street- Golshahr 45 metri

City

Karaj

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source
vice chancellor in Research-Alborz University of Medical Sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
Alborz University of Medical Sciences- School of Nursing and Midwifery
Full name of responsible person
Razieh Lotfi
Position
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Person responsible for scientific inquiries

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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty