# Clinical Trial Protocol
# Iranian Registry of Clinical Trials

18 Sep 2026

## The effectiveness of sexual enrichment counseling on sexual assertiveness of married women

### Protocol summary

**Summary**

This randomized controlled trial study is conducted with one intervention group and one control group. The aim of study is assessment of the effectiveness of sexual enrichment counseling on sexual assertiveness of married women. Sampling will perform based on convenience method. One of the largest health centers of Karaj city is considered as research environment. Course announcement about improving sexual relationship will be presented in the Health Center. Sixty volunteer women were randomly allocated into control and intervention groups. Six sessions of group counseling (10 women in each group) will be held . Data gathering will be done by a two part questionnaire including demographic and Halbert Index of Sexual Assertiveness. Follow up data gathering will be done after one month. Sexual assertiveness in two groups will be compared.

### General information

**Acronym**

**IRCT registration information**

IRCT registration number: **IRCT2016123031662N1**
Registration date: **2017-02-05, 1395/11/17**
Registration timing: **retrospective**

Last update:
Update count: **0**

**Registration date**

2017-02-05, 1395/11/17

**Registrant information**

**Name**

Razieh Lotfi

**Name of organization / entity**

**Country**

Iran (Islamic Republic of)

**Phone**

+98 26 3430 4433

**Email address**

raziehlotfi@abzums.ac.ir

**Recruitment status**

**Recruitment complete**

**Funding source**

Alborz University of Medical Sciences

**Expected recruitment start date**

2016-09-26, 1395/07/05

**Expected recruitment end date**

2016-12-03, 1395/09/13

**Actual recruitment start date**

empty

**Actual recruitment end date**

empty

**Trial completion date**

empty

**Scientific title**

The effectiveness of sexual enrichment counseling on sexual assertiveness of married women

**Public title**

The effectiveness of sexual enrichment counseling on sexual assertiveness of married women

**Purpose**

Prevention

**Inclusion/Exclusion criteria**

Inclusion criteria: consent to participating in the study ; married for at least 1 year; aged between 18-49 years; having at least one child; living together in the context of marriage. Exclusion criteria: Mental disorders; sexual disorders; marital conflicts; having diseases affecting on sexual function; using medication affecting sexual function.

**Age**

From **18 years** old to **49 years** old

**Gender**

Female

**Phase**
N/A
**Groups that have been masked**
*No information*
**Sample size**
Target sample size: **60**
**Randomization (investigator's opinion)**
Randomized
**Randomization description**
**Blinding (investigator's opinion)**
Not blinded
**Blinding description**
**Placebo**
Not used
**Assignment**
Parallel
**Other design features**

## Secondary Ids

empty

## Ethics committees

### 1

**Ethics committee**
**Name of ethics committee**
Ethics committee of Alborz University of Medical Sciences
**Street address**
Azimiyeh- North Taleghani
**City**
Karaj
**Postal code**
**Approval date**
2016-06-06, 1395/03/17
**Ethics committee reference number**
Abzums.Rec.1395.30

## Health conditions studied

### 1

**Description of health condition studied**
Sexual assertiveness
**ICD-10 code**
Z70
**ICD-10 code description**
Counselling related to sexual attitude, behaviour and orientation

## Primary outcomes

### 1

**Description**
sexual assertiveness
**Timepoint**
before intervention, 1 month after intervention
**Method of measurement**
Hulbert Index of Sexual Assertiveness

## Secondary outcomes

### 1

**Description**
-
**Timepoint**
-
**Method of measurement**
-

## Intervention groups

### 1

**Description**
Control group will not receive any intervention.
**Category**
Other

### 2

**Description**
Six sessions of group counseling about sexual enrichment will be held with 10 women in each group. Duration of each session is about 2 hours.
**Category**
Other

## Recruitment centers

### 1

**Recruitment center**
**Name of recruitment center**
Rastravesh Health Center
**Full name of responsible person**
Mahdikht Parva
**Street address**
**City**
Karaj

## Sponsors / Funding sources

### 1

**Sponsor**
**Name of organization / entity**
vice chancellor in Research-Alborz University of Medical Sciences
**Full name of responsible person**
Dr. Mohammad Nouri- Sepehr
**Street address**
Dara building-Pouneh street- Golshahr 45 metri
**City**
Karaj
**Grant name**
**Grant code / Reference number**
**Is the source of funding the same sponsor organization/entity?**
Yes

**Title of funding source**
vice chancellor in Research-Alborz University of Medical Sciences
**Proportion provided by this source**
100
**Public or private sector**
*empty*
**Domestic or foreign origin**
*empty*
**Category of foreign source of funding**
*empty*
**Country of origin**
**Type of organization providing the funding**
*empty*

## Person responsible for general inquiries

**Contact**
**Name of organization / entity**
Alborz University of Medical Sciences- School of Nursing and Midwifery
**Full name of responsible person**
Razieh Lotfi
**Position**
Faculty member- Assistant Professor
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## Person responsible for scientific inquiries

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## Person responsible for updating data

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## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**
*empty*
**Study Protocol**
*empty*
**Statistical Analysis Plan**
*empty*
**Informed Consent Form**
*empty*
**Clinical Study Report**
*empty*
**Analytic Code**
*empty*
**Data Dictionary**
*empty*