Clinical Trial Protocol
Iranian Registry of Clinical Trials

04 Jun 2026

Efficacy of Pirfenidone versus placebo in Idiopathic Pulmonary Fibrosis progression: a randomize clinical trial

Protocol summary

Summary

The aim of this study is evaluation of the effect of Pirfenidone in clinical outcome of Idiopathic Pulmonary Fibrosis (IPF) progression This is a single center, double-blind randomized phase 2-3 clinical trial The main inclusion criterion of this study is confirmed IPF by biopsy and The main exclusion criteria are the history of connective tissue disease and deny to participate in this study. We will enroll 40 patients with IPf. Participants will randomly be assigned into intervention and control groups and will receive Pirfenidone (1200 mg daily) and placebo respectively for 3 and 6 months. As the primary outcome of our study, the DLCO and pulmonary function test will be measured before and after the intervention. We will compare the results between groups.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2017031333044N1**
Registration date: **2017-07-13, 1396/04/22**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2017-07-13, 1396/04/22

Registrant information

Name
Aliasghar Karimi
Name of organization / entity
Fasa University of medical Sceinsces
Country
Iran (Islamic Republic of)
Phone
+98 71 5335 0994
Email address
dr_aliasgharkarimi@gmj.ir

Recruitment status

Recruitment complete

Funding source

Respiratory Diseases Institute, Masih Daneshvar Hospital, Shahid Beheshti University of Medical Sciences

Expected recruitment start date

2014-03-20, 1392/12/29

Expected recruitment end date

2016-03-19, 1394/12/29

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Efficacy of Pirfenidone versus placebo in Idiopathic Pulmonary Fibrosis progression: a randomize clinical trial

Public title

Efficacy of Pirfenidone versus placebo in Idiopathic Pulmonary Fibrosis progression:a randomize clinical trial

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: 1-Confirmed Idiopathic Pulmonary Fibrosis with lung biopsy 2-UIP view in lung HRCT with unknown cause base of ATS-ERS criteria 3-Agreement to participate in this study Exclusion criteria: 1-Suffering from connective tissue disease 2-occupational exposure to substances that cause lung fibrosis 3-close contact with animals 4-Deny to participate in this study

Age

No age limit

Gender

Both

Phase
2-3
Groups that have been masked
No information
Sample size
Target sample size: **40**
Randomization (investigator's opinion)
Randomized
Randomization description
Blinding (investigator's opinion)
Double blinded
Blinding description
Placebo
Used
Assignment
Parallel
Other design features
Participants will randomly be assigned into intervention and control groups by table of random numbers . To reduce the bias, This is a double-blind randomized clinical trial so that patients and investigators not aware about their group.

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Ethics committee of Shahid Beheshti University of Medical Sciences
Street address
Darabad , Shahid Bahonar (niyavaran) Ave, Tehran, Iran
City
Tehran
Postal code
Approval date
2015-11-10, 1394/08/19
Ethics committee reference number
IR.SBMU.NRITLD.REC.1394.144

Health conditions studied

1

Description of health condition studied
Idiopathic Pulmonary Fibrosis
ICD-10 code
J84.1
ICD-10 code description
Interstitial pulmonary disease, unspecified

Primary outcomes

1

Description
Total Lung Capacity
Timepoint
Before the intervention, three months after the intervention and six months after intervention
Method of measurement
Body box

Secondary outcomes

1

Description
Functional Lung Capacity
Timepoint
Before the intervention, three months after the intervention and six months after intervention
Method of measurement
Body box

2

Description
SPO2
Timepoint
Before the intervention, three months after the intervention and six months after intervention
Method of measurement
Body box

3

Description
DLCO
Timepoint
Before the intervention, three months after the intervention and six months after intervention
Method of measurement
Body box

Intervention groups

1

Description
Intervention group No.1: pirfenidone (PIRFENEX 200 mg manufactured by Cipla Ltd) will be added to their previous medication. The final dosage of pirfenidone is 1200 mg daily. At first, the drug will start at three times a day (600 mg) and will gradually be given at a dose of 400 mg 3 times a day (1200 mg) over a period of 2 weeks. All patients will be received anti-acid secretion, such as proton pumps inhibitors, Also they should use a sunscreen with spf> = 50.
Category
Treatment - Drugs

2

Description
Intervention group No.2: Placebo will be added to previous medication of these patients
Category

Placebo

Recruitment centers

1

Recruitment center
Name of recruitment center
Masih Daneshvari Hospital
Full name of responsible person
Yusef Gholampour
Street address
Darabad Avenue, Shahid Bahonar roundabout
City
Tehran

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Vice chancellor for research, Shahid Behesti University of Medical Sciences
Full name of responsible person
Yusef gholampour
Street address
7th Floor, Bldg No.2 SBUMS, Arabi Ave, Daneshjoo Blvd, Velenjak, Tehran, Iran
City
Tehran
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Vice chancellor for research, Shahid Behesti University of Medical Sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
Respiratory Diseases Institute, Masih Daneshvar hospital, Shahid Beheshti University of medical scie
Full name of responsible person
Yosef Gholampour
Position
Pulmonologist
Other areas of specialty/work
Street address
Masih Daneshvari Hospital, Darabad Avenue, Shahid Bahonar roundabout, Tehran, Iran Tehran
City
Tehran
Postal code
Phone
+98 21 2610 5050
Fax
Email
pr.nritld@sbmu.ac.ir
Web page address

Person responsible for scientific inquiries

Contact
Name of organization / entity
Respiratory Diseases Institute, Masih Daneshvar hospital, Shahid Beheshti University of medical scie
Full name of responsible person
Yusef Gholampour
Position
Pulmonologist
Other areas of specialty/work
Street address
Masih Daneshvari Hospital, Darabad Avenue, Shahid Bahonar roundabout, Tehran, Iran
City
Tehran
Postal code
Phone
+98 21 2610 5050
Fax
Email
Yousefgholampour @gmail.com
Web page address

Person responsible for updating data

Contact

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty