

Clinical Trial Protocol

Iranian Registry of Clinical Trials

10 Jun 2026

Investigation of Effectiveness of AllergyCut on Reducing the Severity and intensity of Disease in Allergic Rhinitis Patients

Protocol summary

Study aim

Study of the therapeutic effects of AllergyCut as a herbal drug a in patients with allergic rhinitis.

Design

This investigation will be based on indicators, guidelines and forms of the World Association for Allergy (WAO). The records of medical records will be compiled for patients whose allergy is confirmed. Patients will be trained on the course of treatment, scheduling, drug intake, allergic factors, daily dosage forms, and absorption criteria during the course of treatment.

Settings and conduct

After diagnosis of allergic rhinitis in a study group by a specialist at the Aramesh Tehran Clinic, the patient will be provided with an explanation of the treatment and history of the study, the duration of the study and the services that will be received during this period. Each month, after completing the necessary documentation by the patient, after delivery of the daily report and expert advice, the drug is delivered to the patient to complete the course of treatment. After completing the course of treatment, further descriptions of the follow-up of the treatment process and the way of informing patients about the results of the study will be explained to them.

Participants/Inclusion and exclusion criteria

Those patients who have symptoms of rhinitis allergy will be included and who have symptoms of rhinitis allergy but will be reported as non-immunological by physician, will be excluded. Patients who do not provide sufficient information to counselors are excluded from the study.

Intervention groups

The test group is a group that is undergoing treatment with a own drug (nasal spray). The control group is a group of patients with allergic rhinitis without treatment with AllergyCut.

Main outcome variables

1. The Change of the amount of sneezing and cough
2. The Change in throat secretions
3. The change in nasal

irradiation tears

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20170705034915N2**

Registration date: **2019-02-06, 1397/11/17**

Registration timing: **retrospective**

Last update: **2019-02-06, 1397/11/17**

Update count: **0**

Registration date

2019-02-06, 1397/11/17

Registrant information

Name

Farid Semsarha

Name of organization / entity

University of Tehran

Country

Iran (Islamic Republic of)

Phone

+98 21 8850 0280

Email address

fsemsarha@mimdaroo.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2018-04-04, 1397/01/15

Expected recruitment end date

2019-01-21, 1397/11/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Investigation of Effectiveness of AllergyCut on Reducing the Severity and intensity of Disease in Allergic Rhinitis Patients

Public title

Investigation of AllergyCut therapeutic effect of Allergic Rhinitis patients

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:

Patients with Rhinitis after diagnosis by an immunologist or ENT physician Male and female patient who has symptoms of allergic rhinitis at least one month per year. A patient aged over 16 years old up to 60 years old who has the opportunity to complete the day care and has an effective relationship with the counselor. A patient who does not have allergy to herbal medicines.

Exclusion criteria:

Patient with rhinitis without diagnosis of immunological basis. Patients who do not want to start or continue treatment are not eligible for study. Patients who provide incomplete data to the counselor.

Age

No age limit

Gender

Both

Phase

2-3

Groups that have been masked

No information

Sample size

Target sample size: 75

Randomization (investigator's opinion)

N/A

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Single

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of azad University-Research and science branch

Street address

Iran, Tehran, Ghods Town, Between South Falamak and Zarafshan, Iran Simay Avenue, Central Headquarters of the Ministry of Health Education, Unit A, Floor 13

City

Tehran

Province

Tehran

Postal code

1467664961

Approval date

2018-05-13, 1397/02/23

Ethics committee reference number

IR.IAU.SRB.REC.1397.031

Health conditions studied

1

Description of health condition studied

Rhinitis Allergy

ICD-10 code

J30.4

ICD-10 code description

Allergic rhinitis, unspecified

Primary outcomes

1

Description

Reduced Indicators Related to Rhinitis in Patients Consuming the Drugs

Timepoint

Drug intakes for 60 to 120 days

Method of measurement

Study of allergy-related rhinitis allergy indexes under the supervision of an immunologist

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: Patients with allergic rhinitis: Use of AllergyCut contains distilled plant product intended to remove symptoms of allergic rhinitis for 120 days with permissible dose every 6 hours 1 puff per nasal cavity.

Category

Treatment - Drugs

2

Description

Control group: Patients with allergic rhinitis: whiteout any treatment

Category

Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Arramesh Tehran clinic

Full name of responsible person

Masiha Hashemi- Farid Semsarha

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No. 4, 4th Street, Ganbarzadeh Street, Shahid Beheshti Street

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Sponsors / Funding sources

1

Sponsor

Name of organization / entity

MIM Daroo Pharmaceutical Co.

Full name of responsible person

Farid Semsarha

Street address

No. 4, 4th Street, Ganbarzadeh Street, Shahid Beheshti Street, Tehran, Iran

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Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

MIM Daroo Pharmaceutical Co.

Proportion provided by this source

100

Public or private sector

Private

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Industry

Person responsible for general inquiries

Contact

Name of organization / entity

MIM Daroo

Full name of responsible person

Farid Semsarha

Position

Assistant professor

Latest degree

Ph.D.

Other areas of specialty/work

Traditional Medicine

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Position

Assistant Professor of Biophysics

Latest degree

Ph.D.

Other areas of specialty/work

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Person responsible for updating data

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Full name of responsible person

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Position

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Latest degree

Ph.D.

Other areas of specialty/work

Biophysics

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

No - There is not a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available