Clinical Trial Protocol
Iranian Registry of Clinical Trials

07 Nov 2026

The effect of conflict resolution training on marital satisfaction and conduct problems in childrens of couples referring to consulting centers in shiraz, 1390

Protocol summary

Summary

This study was carried out to examine the effects of conflict resolution training on marital satisfaction and child behavior problems. 56 couples referring to consulting centers in Shiraz who had moderate to severe scores of conflict according to the marital conflict questionnaire were chosen and divided in experimental and control groups. The experimental group received 10 sessions of conflict resolution skills training twice a week, lasting for 1/5 hours. The level of conflict, marital satisfaction and child behavior problems were checked before, immediately and one month after intervention in the experimental groups and before and one month after intervention in control groups. Results indicated that mean score of marital conflicts and marital satisfaction before, immediately and one month after intervention were statistically significant in experimental groups; but there was no differences in mean score of child behavior problems in experimental and control groups.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201109112812N2**
Registration date: **2012-03-29, 1391/01/10**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2012-03-29, 1391/01/10

Registrant information

Name

Farkhondeh Sharif

Name of organization / entity

Shiraz University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 71 1212 2401

Email address

fsharif@sums.ac.ir

Recruitment status

Recruitment complete

Funding source

Shiraz University of Medical Science

Expected recruitment start date

2011-07-23, 1390/05/01

Expected recruitment end date

2011-08-22, 1390/05/31

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of conflict resolution training on marital satisfaction and conduct problems in childrens of couples referring to consulting centers in shiraz, 1390

Public title

The effects of conflict resolution training in couples

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: Mean score of marital conflict must be at the level of moderate to severe.(115-210); have children at the age of 6-12; have not any mental health disease; be volunteered to participate in the study. Exclusion criteria: Failure to attend all training sessions; Unwillingness to participate in the study; Families who

are going to divorce.

Age
From **18 years** old to **45 years** old

Gender
Both

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **56**

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Other

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Shiraz University of Medical Scinece

Street address
Building of Shiraz University of Medical Science, Zand Street

City
Shiraz

Postal code

Approval date
2011-08-27, 1390/06/05

Ethics committee reference number
CT-90-5646

2

Ethics committee

Name of ethics committee
Shiraz University of Medical Scinece

Street address
Building of Shiraz University of Medical Science, Zand Street

City
Shiraz

Postal code

Approval date
2010-09-23, 1389/07/01

Ethics committee reference number
CT-90-5646

Health conditions studied

1

Description of health condition studied
Marital conflicts

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description
Marital conflict

Timepoint
before intervention, immediately and one month after intervention

Method of measurement
Marital conflicts questionnaire

2

Description
Marital satisfaction

Timepoint
before intervention, immediately and one month after intervention

Method of measurement
Marital satisfaction questionnaire(Enrich)

3

Description
Child behavior problems

Timepoint
before intervention, immediately and one month after intervention

Method of measurement
Child Behavior Check List

Secondary outcomes

empty

Intervention groups

1

Description
conflict resolution training which included 10 sessions, two times per week each lasts for 1.5 hour(intervention1)

Category
Lifestyle

2

Description
Routine counseling, without educational classes (Intervention 2)

Category
Other

Recruitment centers

1

Recruitment center
Name of recruitment center
Consultiong Center of Rahe Sabze Zendegi
Full name of responsible person
Mrs, Tahereh Delpasand
Street address
Consulting Center of Rahe Sabze Zendegi, Hedayat Fourway, Baghshah Street
City
Shiraz

2

Recruitment center
Name of recruitment center
Consulting Center of Roshd
Full name of responsible person
Dr, Mitra Refahi
Street address
Acrosse to Farhamand Hospital, Affif abad Street
City
Shiraz

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Shiraz University of Medical Scinece
Full name of responsible person
Dr Gholamreza Hatam
Street address
Shiraz University of Medical Scinece-zand street, University central building, next to Red cresent
City
Shiraz
Grant name
Grant code / Reference number
CT90-5646
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Shiraz University of Medical Scinece
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
Shiraz University of Medical Science
Full name of responsible person
Dr, Farkhondeh sharif
Position
Phd of Education in Mental health Nursing
Other areas of specialty/work
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Person responsible for scientific inquiries

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Phone
+98 71 1647 4254
Fax
Email
fsharif@sums.ac.ir
Web page address

Person responsible for updating data

Contact

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code

empty

Data Dictionary

empty