

Clinical Trial Protocol

Iranian Registry of Clinical Trials

31 Jul 2026

The effect of conflict resolution training on marital satisfaction and conduct problems in childrens of couples referring to consulting centers in shiraz, 1390

Protocol summary

Summary

This study was carried out to examine the effects of conflict resolution training on marital satisfaction and child behavior problems. 56 couples referring to consulting centers in Shiraz who had moderate to severe scores of conflict according to the marital conflict questionnaire were chosen and divided in experimental and control groups. The experimental group received 10 sessions of conflict resolution skills training twice a week, lasting for 1/5 hours. The level of conflict, marital satisfaction and child behavior problems were checked before, immediately and one month after intervention in the experimental groups and before and one month after intervention in control groups. Results indicated that mean score of marital conflicts and marital satisfaction before, immediately and one month after intervention were statistically significant in experimental groups; but there was no differences in mean score of child behavior problems in experimental and control groups.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201109112812N2**

Registration date: **2012-03-29, 1391/01/10**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2012-03-29, 1391/01/10

Registrant information

Name

Farkhondeh Sharif

Name of organization / entity

Shiraz University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 71 1212 2401

Email address

fsharif@sums.ac.ir

Recruitment status

Recruitment complete

Funding source

Shiraz University of Medical Science

Expected recruitment start date

2011-07-23, 1390/05/01

Expected recruitment end date

2011-08-22, 1390/05/31

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of conflict resolution training on marital satisfaction and conduct problems in childrens of couples referring to consulting centers in shiraz, 1390

Public title

The effects of conflict resolution training in couples

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: Mean score of marital conflict must be at the level of moderate to severe.(115-210); have children at the age of 6-12; have not any mental health disease; be volunteered to participate in the study.
Exclusion criteria: Failure to attend all training sessions; Unwillingness to participate in the study; Families who

are going to divorce.

Age

From **18 years** old to **45 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **56**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Other

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Shiraz University of Medical Scinece

Street address

Building of Shiraz University of Medical Science, Zand
Street

City

Shiraz

Postal code

Approval date

2011-08-27, 1390/06/05

Ethics committee reference number

CT-90-5646

2

Ethics committee

Name of ethics committee

Shiraz University of Medical Scinece

Street address

Building of Shiraz University of Medical Science, Zand
Street

City

Shiraz

Postal code

Approval date

2010-09-23, 1389/07/01

Ethics committee reference number

CT-90-5646

Health conditions studied

1

Description of health condition studied

Marital conflicts

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

Marital conflict

Timepoint

before intervention, immediately and one month after
intervention

Method of measurement

Marital conflicts questionnaire

2

Description

Marital satisfaction

Timepoint

before intervention, immediately and one month after
intervention

Method of measurement

Marital satisfaction questionnaire(Enrich)

3

Description

Child behavior problems

Timepoint

before intervention, immediately and one month after
intervention

Method of measurement

Child Behavior Check List

Secondary outcomes

empty

Intervention groups

1

Description

conflict resolution training which included 10 sessions,
two times per week each lasts for 1.5 hour(intervention1)

Category

Lifestyle

2

Description

Routine counseling, without educational classes
(Intervention 2)

Category

Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Consulting Center of Rahe Sabze Zendegi

Full name of responsible person

Mrs, Tahereh Delpasand

Street address

Consulting Center of Rahe Sabze Zendegi, Hedayat
Fourway, Baghshah Street

City

Shiraz

2

Recruitment center

Name of recruitment center

Consulting Center of Roshd

Full name of responsible person

Dr, Mitra Refahi

Street address

Acrosse to Farhamand Hospital, Affif abad Street

City

Shiraz

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Shiraz University of Medical Science

Full name of responsible person

Dr Gholamreza Hatam

Street address

Shiraz University of Medical Science-zand street,
University central building, next to Red crescent

City

Shiraz

Grant name

Grant code / Reference number

CT90-5646

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Shiraz University of Medical Science

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Shiraz University of Medical Science

Full name of responsible person

Dr, Farkhondeh sharif

Position

Phd of Education in Mental health Nursing

Other areas of specialty/work

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Web page address

Person responsible for scientific inquiries

Contact

Name of organization / entity

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Full name of responsible person

Dr, Farkhonde Sharif

Position

Phd of Education in Mental health Nursing

Other areas of specialty/work

Street address

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Phone

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Fax

Email

fsharif@sums.ac.ir

Web page address

Person responsible for updating data

Contact

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary
empty