

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

09 Jul 2026

### The effect of Olanzapine on chemotherapy induced nausea and vomiting in patients with cancer : A randomized clinical trial

#### Protocol summary

##### Study aim

The purpose of this study was to determine the effect of olanzapine on the prevention of nausea and vomiting induced by chemotherapy in cancer patients.

##### Design

In this study, 150 eligible patients with cancer admitted in the hematology and oncology ward of Imam Khomeini Hospital of Urmia are chosen. Patients will be randomly assigned into two groups of control and intervention, each patient will have a special code

##### Settings and conduct

This double-blind study aimed to determine the effect of Olanzapine on the prevention of nausea and vomiting in cancer patients admitted to the hematology and oncology ward of Urmia Imam Khomeini Hospital. Patients were randomly assigned to the intervention and control groups. For the control group, routine anti-vomiting treatment with placebo and for the intervention group in addition to the routine anti-vomiting drugs, Olanzapine tablets will be prescribed. The daily dose of Olanzapine will be for patients with weight less than 60 kg and more than 60 kg; 5 mg and 10 mg, respectively. patients will be received the tablets one day before the start of chemotherapy until the fifth day (for a total of 6 days) for three periods of chemotherapy.

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: patients with over than 18 years; patients with cancer who are undergoing chemotherapy for the first time. Exclusion criteria: having the allergy to olanzapine; patients with radiography and operated; diabetic patients; hyperlipidemia

##### Intervention groups

The study will be conducted with the participation of two groups of patients with cancer. The intervention group, which will receive the common anti-vomiting treatment with olanzapine and the control group, will receive a common anti-vomiting treatment with placebo.

##### Main outcome variables

nausea and vomiting

#### General information

##### Reason for update

##### Acronym

chemotherapy induced nausea and vomiting(CINV)

##### IRCT registration information

IRCT registration number: **IRCT20170814035697N3**

Registration date: **2018-03-16, 1396/12/25**

Registration timing: **registered\_while\_recruiting**

Last update: **2018-03-16, 1396/12/25**

Update count: **0**

##### Registration date

2018-03-16, 1396/12/25

##### Registrant information

##### Name

Hamdolah Sharifi

##### Name of organization / entity

Urmia University of Medical Sciences

##### Country

Iran (Islamic Republic of)

##### Phone

+98 44 3275 4992

##### Email address

sharifi.h@umsu.ac.ir

##### Recruitment status

##### Recruitment complete

##### Funding source

Urmia University of Medical Sciences

##### Expected recruitment start date

2017-09-23, 1396/07/01

##### Expected recruitment end date

2019-03-21, 1398/01/01

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

### Scientific title

The effect of Olanzapine on chemotherapy induced nausea and vomiting in patients with cancer : A randomized clinical trial

### Public title

"The effect of Olanzapine on chemotherapy induced nausea and vomiting"

### Purpose

Prevention

### Inclusion/Exclusion criteria

#### Inclusion criteria:

Age over 18 years old. Chemotherapy due to cancer for the first time

#### Exclusion criteria:

Having allergic to olanzapine Patients under Radiotherapy Patients with surgical history Diabetic patients hyperlipidemia

### Age

From **18 years** old

### Gender

Both

### Phase

2-3

### Groups that have been masked

- Participant
- Investigator
- Outcome assessor

### Sample size

Target sample size: **150**

### Randomization (investigator's opinion)

Randomized

### Randomization description

Using random allocation software, patients will be randomized into an intervention or a placebo groups.

### Blinding (investigator's opinion)

Double blinded

### Blinding description

The researcher and patients are blind in this study. The investigator and the patients will be unaware of the patients belong to intervention or placebo groups.

### Placebo

Used

### Assignment

Parallel

### Other design features

-

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics committee of Urmia University of Medical

Sciences

### Street address

Urmia University of Medical Sciences; Resalat Ave; Jahad Blvd; Urmia; West Azerbaijan Province; Iran

### City

Urmia

### Province

West Azarbaijan

### Postal code

5714783734

### Approval date

2017-07-19, 1396/04/28

### Ethics committee reference number

lr.umsu.rec.1396.131

## Health conditions studied

### 1

#### Description of health condition studied

Chemotherapy induced nausea and vomiting

#### ICD-10 code

R11

#### ICD-10 code description

Nausea and vomiting

## Primary outcomes

### 1

#### Description

The nausea and vomiting severity

#### Timepoint

The before, first, third and fifth days of chemotherapy

#### Method of measurement

questionnaire

## Secondary outcomes

empty

## Intervention groups

### 1

#### Description

intervention group: routine treatment + olanzapine tablets with a dose of 5 mg for patients less than 60 kg and 10 mg for patients over 60 kg one day before the start of chemotherapy until the fifth day of therapy (total 6 days)

#### Category

Treatment - Drugs

### 2

#### Description

Control group: Routine anti-vomiting treatment with placebo

#### Category

Prevention

## Recruitment centers

### 1

#### Recruitment center

**Name of recruitment center**

Urmia Imam Khomeini Hospital

**Full name of responsible person**

Hamdolah Sharifi

**Street address**

Imam Khomeini hospital; Ershad Ave; Modarres Blvd;  
Urmia

**City**

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**Province**

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**Postal code**

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**Phone**

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**Email**

sharifi.h@umsu.ac.ir

**Web page address**

<http://www.umsu.ac.ir/>

## Sponsors / Funding sources

### 1

#### Sponsor

**Name of organization / entity**

Oroumia University of Medical Sciences

**Full name of responsible person**

Iraj Mohebbi

**Street address**

Urmia University of Medical Sciences; Resalat Ave;  
Jahad Blvd; Urmia; Iran

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**Phone**

+98 44 3223 4897

**Email**

mohebbi\_iraj@yahoo.co.uk

**Grant name****Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Oroumia University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

empty

**Country of origin****Type of organization providing the funding**

Academic

## Person responsible for general inquiries

**Contact****Name of organization / entity**

Oroumia University of Medical Sciences

**Full name of responsible person**

Hamdolah Sharifi

**Position**

Assistant Professor

**Latest degree**

Ph.D.

**Other areas of specialty/work**

Medical Pharmacy

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## Person responsible for scientific inquiries

**Contact****Name of organization / entity**

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**Position**

Assistant Professor

**Latest degree**

Ph.D.

**Other areas of specialty/work**

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## Person responsible for updating data

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## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

Undecided - It is not yet known if there will be a plan to make this available

**Study Protocol**

Undecided - It is not yet known if there will be a plan to make this available

**Statistical Analysis Plan**

Undecided - It is not yet known if there will be a plan to make this available

**Informed Consent Form**

Undecided - It is not yet known if there will be a plan to make this available

**Clinical Study Report**

Undecided - It is not yet known if there will be a plan to make this available

**Analytic Code**

Undecided - It is not yet known if there will be a plan to make this available

**Data Dictionary**

Undecided - It is not yet known if there will be a plan to make this available