

Clinical Trial Protocol

Iranian Registry of Clinical Trials

10 Jun 2026

The Effect Of Extended- PLISSIT Counseling Model On Function & Sexual & Marital intimacy Satisfaction Of Post Myocardial Infarction(MI)Patients

Protocol summary

Summary

In patients with myocardial infarction, self-medication or routine use of drugs can disrupt the sexual activity of the patient so that after a heart attack, a small number of patients (both men and women) return to their normal state of health and 60-50% of them, because of fear of heart attacks, have reduced their sexual activity or are seeking medical solutions that themselves are associated with cardiovascular disease, but with all the importance of this issue, often for cultural reasons or taboo by members The health care team and doctors are neglected. Sex counseling is recommended as one of the effective therapies by the American Heart Association for the treatment of sexual dysfunction in cardiovascular patients. The Ex-plissit model has been proposed to change the Plissit model and cycle its stages, and it introduced the model more effectively in addressing and addressing the patient's sexual concerns and problems, and with practical examples of how to apply the Ex-plissit model to caregivers They showed health. Due to the high rates of sexual dysfunction in post-myocardial infarction patients, the researchers intend to design and implement a study entitled "The Impact of Extended PLISSIT Counseling on Function and Sexual Satisfaction in Patients After Acute Myocardial Infarction"

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2017091435741N2**

Registration date: **2017-09-25, 1396/07/03**

Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2017-09-25, 1396/07/03

Registrant information

Name

Somayeh rezaie

Name of organization / entity

Shahroud university of medical science

Country

Iran (Islamic Republic of)

Phone

+98 23 3239 5054

Email address

s.rezaie@shmu.ac.ir

Recruitment status

Recruitment complete

Funding source

Vice President of Research and Technology University of Medical Sciences anymore

Expected recruitment start date

2017-09-11, 1396/06/20

Expected recruitment end date

2018-03-20, 1396/12/29

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effect Of Extended- PLISSIT Counseling Model On Function & Sexual & Marital intimacy Satisfaction Of Post Myocardial Infarction(MI)Patients

Public title

The Effect Of Extended- PLISSIT Counseling Model On Function & Sexual & Marital intimacy Satisfaction Of Post Myocardial Infarction(MI) Patients

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria include: willingness to participate in the

study, ages 30-65, married, sexually active, being at lower risk for the International Association for Cardiac Association with less than three risk factors Cardiovascular (except age), controlled blood pressure. Exit criteria include: patient dissatisfaction, chest pain, uncontrolled blood pressure, history of heart attacks, moderate to severe illness.

Age

From **30 years** old to **65 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **90**

Randomization (investigator's opinion)

Randomized

Randomization description**Blinding (investigator's opinion)**

Single blinded

Blinding description**Placebo**

Not used

Assignment

Single

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

SHAHRUD University Of Medical science Ethics Committee

Street address

Shahroud University of Medical Sciences and Health Services, 7 Tir Square, Shahroud, Iran.

City

Shahroud

Postal code

3614773955

Approval date

2017-06-20, 1396/03/30

Ethics committee reference number

IR.SHMU.REC.1396.40

Health conditions studied**1****Description of health condition studied**

counseling effect on sexual satisfaction

ICD-10 code**ICD-10 code description****Primary outcomes****1****Description**

Sexual function

Timepoint

Before the intervention, two months and four months after the intervention

Method of measurement

questionnaire

2**Description**

Marital intimacy

Timepoint

Before the intervention, two months and four months after the intervention

Method of measurement

questionnaire

3**Description**

Sexual satisfaction

Timepoint

Before the intervention, two months and four months after the intervention

Method of measurement

questionnaire

Secondary outcomes

empty

Intervention groups**1****Description**

The intervention involves extended counseling. The PLISSIT Consulting Advisory model is broader than the new PLISSIT consulting model and is a PLISSIT developed model developed by Davis and Taylor in 2006 based on the same key concepts and four levels. With the difference that counseling and intervention in this model, unlike the PLISSIT model, which the therapist can go from one stage to the next, is not linear and cyclical. The dual features of this model are as follows: 1. Allow explicitly at all stages and not just in the first step 2. Need to review and review interventions with patients -3 Challenging your assumptions about the patient's position. Steps include: Let:P Limited Information Step:LI Specific Suggestions: SS Intensive Therapy and referral:IT Reflection and Review: The reflection and review of the elements added to the EX-PLISSIT model is one of the means of distinguishing this model with the PLISSIT model. In the EX-PLISSIT model, consideration and reflection of all interactions and interventions with the patient is necessary. By reflecting each intervention, the therapists will examine their actions and, by reviewing these interventions with patients, will be given

the opportunity to give and receive more patients. The purpose of adding review and reflection to this model is to increase the therapist's self-awareness, so that the therapist and the client will select and implement the best treatment for the sex problem

Category

Behavior

Recruitment centers**1****Recruitment center****Name of recruitment center**

Shahroud Emam Hossian Coronary care unit

Full name of responsible person

Somayeh Rezaie

Street address

SHAHROUD Medical university Of Medical Science

City

Shahroud

2**Recruitment center****Name of recruitment center**

EMAM HOSSAIN Hospital

Full name of responsible person

Somayeh Rezaie

Street address

SHAHROUD Medical university Of Medical Science

City

Shahroud

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Vice chancellor of research and technology of shahroud university of medical science

Full name of responsible person

Somayeh Rezaie

Street address

Shahroud

City

Haft Tir Square, Research and Technology Deputy

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Vice chancellor of research and technology of shahroud university of medical science

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

empty

Person responsible for general inquiries**Contact****Name of organization / entity**

Shahroud university of medical science

Full name of responsible person

Somayeh Rezaie

Position

faculty member

Other areas of specialty/work**Street address**

Shahroud University of Medical Sciences and Health Services, 7 Tir Square, Shahroud, Iran.

City

Shahroud

Postal code

3614773955

Phone

+98 23 3239 5054

Fax

+98 23 3239 5009

Email

aram_ir2007@yahoo.com

Web page address**Person responsible for scientific inquiries****Contact****Name of organization / entity**

shahroud medical university of science

Full name of responsible person

mahbobeh poorheydari

Position

faculty member

Other areas of specialty/work**Street address**

Address: Shahroud University of Medical Sciences and Health Services, 7 Tir Square, Shahroud, Iran.

City

Shahroud

Postal code

3614773955

Phone

+98 23 3239 5054

Fax

+98 23 3239 5009

Email

s.rezaie@shmu.ac.ir

Web page address**Person responsible for updating data****Contact****Name of organization / entity**

shahroud medical university of science

Full name of responsible person

Somayeh Rezaie

Position

faculty member

Other areas of specialty/work**Street address**

Shahroud University of Medical Sciences and Health Services, 7 Tir Square, Shahroud, Iran.

City

Shahroud

Postal code

3614773955

Phone

+98 23 3239 5054

Fax

+98 23 3239 5009

Email

aram_ir2007@yahoo.com

Web page address**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty