

Clinical Trial Protocol

Iranian Registry of Clinical Trials

02 Aug 2026

The Effect of Solution-Focused Group Counseling on Marital Satisfaction in Women Attending to Addiction Leaving Centers in Shirvan City

Protocol summary

Study aim

The effect of solution-focused group counseling on marital satisfaction in women attending to addiction leaving centers in Shirvan city

Design

Clinical trial with community-based and pragmatic control group, with parallel groups, triple blind, randomized

Settings and conduct

The statistical population of this experimental study is addicted women who are referred to addiction treatment clinics in Shirvan city. The women participating in this study (80 women), according to their personal satisfaction, were selected from 15 addiction treatment centers. The test group members (40) will receive a certified, certified, and certified consultant on a weekly basis for 6 consecutive 90 minutes counseling sessions. The control group (40) will receive health education materials for women. Enrich marital satisfaction questionnaire and Beck Depression Inventory were completed for both groups before and after the study and one month later.

Participants/Inclusion and exclusion criteria

Entry criteria included: At least three weeks of the patient's treatment program; at least 5 years of their joint life; Wife is not addicted or is not being treated for addiction; Not having a physical illness that prevents you from engaging in research; Not having a history of admission to the neurology department; No restrictions on participation in group meetings; Methadone maintenance treatment and non-attendance at the same time in another treatment plan; Not having a dear death and a stressful incident in the last 6 months; Exclusion criteria included: Not attending 2 sessions or more; Failure to cooperate with the therapist; withdrawal from treatment center or recurrence of drug according to the outcome of the morphine test; He suffers from severe physical illness during the presentation of the program.

Intervention groups

The statistical population of this experimental study is addicted women who are referred to addiction treatment clinics in Shirvan city. The women participating in this study (80 women), according to their personal satisfaction, were selected from 15 addiction treatment centers. The test group members (40) will receive a certified, certified, and certified consultant on a weekly basis for 6 consecutive 90 minutes counseling sessions. The control group (40) will receive health education materials for women.

Main outcome variables

Marital satisfaction

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20170829035981N2**

Registration date: **2018-02-16, 1396/11/27**

Registration timing: **registered_while_recruiting**

Last update: **2018-02-16, 1396/11/27**

Update count: **0**

Registration date

2018-02-16, 1396/11/27

Registrant information

Name

Mozhgan Samaee

Name of organization / entity

Shahrood University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 23 3239 4036

Email address

samaee.m@shmu.ac.ir

Recruitment status

Recruitment complete

Funding source

Research Deputy of Shahrood University of Medical Sciences

Expected recruitment start date

2017-10-22, 1396/07/30

Expected recruitment end date

2018-03-01, 1396/12/10

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effect of Solution-Focused Group Counseling on Marital Satisfaction in Women Attending to Addiction Leaving Centers in Shirvan City

Public title

"The Effect of Solution-Focused Group Counseling on Marital Satisfaction in Women Attending to Addiction Leaving Centers"

Purpose

Supportive

Inclusion/Exclusion criteria**Inclusion criteria:**

Married women At least three weeks of the patient's treatment program: Methadone maintenance treatment Have at least 5 years of their common life

Exclusion criteria:

The wife is addicted or he or she is a drug addictentation of the program. Having a physical illness that prevents you from engaging in research Having a history of admission to the neurology department Having limited participation in group meetings The company participated in another treatment program at the same time The company participated in another treatment program at the same time

Age

No age limit

Gender

Female

Phase

N/A

Groups that have been masked

- Participant
- Care provider
- Investigator
- Outcome assessor
- Data analyser
- Data and Safety Monitoring Board

Sample size

Target sample size: 80

Randomization (investigator's opinion)

Randomized

Randomization description

Limited randomization (blocking) Here, a block method with a volume of 4 individuals per block, which is a limited randomization method, is used. Random sequence

generation is conducted by the website and by an individual outside the research team. In this plan, eligible applicants will register with 15 resettlement centers in the city by researcher and interviewer. A random sequence listing is provided to one person outside the research team. After the enrolled persons ensured that the participants entered the study, The person contacted the person and asked about the placement of the person in each assignment and the code of each person is included on his questionnaire (central randomization). Individuals are placed in a 4-block block, respectively.

Blinding (investigator's opinion)

Triple blinded

Blinding description

In this participant, interventionist, and results analyst, no one knows who the participants are. Participants can organize their training sessions in different days and locations. Intervener blinding is used to assign individuals to groups from another person. An intervener is used to assign individuals to groups from another person.

Placebo

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Shahrood University of Medical Sciences and Health Services

Street address

square 7 march

City

shroud

Province

North Khorasan

Postal code

3614773955

Approval date

2017-09-17, 1396/06/26

Ethics committee reference number

IR.SHMU.REC.1396.95

Health conditions studied**1****Description of health condition studied**

depression

ICD-10 code

F32.3

ICD-10 code description

Severe depressive episode with psychotic symptoms

Primary outcomes

1

Description

marital satisfaction

Timepoint

Before the intervention, after intervention and one month after the end of the intervention

Method of measurement

enrich questionnaire

Secondary outcomes

1

Description

depression

Timepoint

Before the intervention, after intervention and one month after the end of the intervention

Method of measurement

beck questionnaire

Intervention groups

1

Description

The test team will receive weekly 6 sessions of Circuit solution counseling by a trained and certified consultant. The control group will receive health education materials for women.

Category

N/A

2

Description

Control group: The control group will receive women's health education materials on a weekly basis for 6 sessions of 90 minutes.

Category

Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center

Addiction Clinic Horizon

Full name of responsible person

Arman Masoodee

Street address

Shafa Avenue, Placa 23

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Shirvan

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North Khorasan

Postal code

9461491111

Email

mozhgan.samaee@yahoo.com

2

Recruitment center

Name of recruitment center

Omid Addiction Treatment Clinic

Full name of responsible person

Hossein Zare

Street address

Imam Reza Street (AS) has not reached the Bank of Housing

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3

Recruitment center

Name of recruitment center

Clinic of Healing Addiction

Full name of responsible person

Saeid Saedee

Street address

Imam Khomeini Hospital - Health Clinic

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Recruitment center

Name of recruitment center

Clinic of healing withdrawal addiction

Full name of responsible person

Vahid Dindar

Street address

Healing Shrine Street, Dr. Dinard's office

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Recruitment center

Name of recruitment center

Addiction Clinic Addiction Pour Kazemi

Full name of responsible person

Mehrdad Poorkazemi

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Imam Khomeini Street (ra) 8 - 5th Street

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Recruitment center

Name of recruitment center

Clinic of Addiction Clinic Milad

Full name of responsible person

Mina Tagavi

Street address

Ibn Sina street 2

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Recruitment center

Name of recruitment center

Attractive Addiction Clinic

Full name of responsible person

Nayeb Ali Rashidian

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Imam Reza Street (AS) 2

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Recruitment center

Name of recruitment center

Addiction Clinic Safari

Full name of responsible person

Maryam Safari

Street address

SHafa street - next to Rezvani lab - underground class

of Farabi medicine

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Recruitment center

Name of recruitment center

Hosseini Nia Addiction Treatment Clinic

Full name of responsible person

Seyyed Mohammad Hossei Nia

Street address

Kashani avenue - first intersection - right - bottom of the pen

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Recruitment center

Name of recruitment center

Aria Addiction Treatment Clinic

Full name of responsible person

Houshang Farajzadeh Davein

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Recruitment center

Name of recruitment center

Welfare Addiction Treatment Clinic

Full name of responsible person

Ali Asghar Nouri

Street address

Jihad Street

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Recruitment center

Name of recruitment center

Taban Addiction Treatment Clinic

Full name of responsible person

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Recruitment center

Name of recruitment center

Welfare Addiction Treatment Clinic

Full name of responsible person

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Recruitment center

Name of recruitment center

Clinic of Addiction Clinic

Full name of responsible person

Flora Nasserie

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Recruitment center

Name of recruitment center

State Addiction Clinic

Full name of responsible person

Aref Rohani

Street address

Imam Khomeini Street - Ground floor of the health center 2

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North Khorasan

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Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice chancellor of research and technology

Full name of responsible person

Mohammad Hossein Emamian

Street address

Shahrood - Haft-e-Tir Square-Central Building

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Shahrour

Province

Semnan

Postal code

3614773947

Email

vcr@shmu.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Vice chancellor of research and technology

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

North Khorasan University of Medical Sciences

Full name of responsible person

Mozhgan Samaee

Position

Midwife

Latest degree

Bachelor

Other areas of specialty/work

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Fax**Email**

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Web page address

Person responsible for scientific inquiries

Contact**Name of organization / entity**

Shahroud University of Medical Sciences

Full name of responsible person

Ali Mohammad Nazari

Position

PhD in psychology

Latest degree

Ph.D.

Other areas of specialty/work**Street address**

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Person responsible for updating data

Contact**Name of organization / entity**

Shahroud University of Medical Sciences

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Sakineh Taherkhani

Position

Ph.D in reproductive health

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Sakinehtaherkhani@yahoo.com

Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available