Clinical Trial Protocol
Iranian Registry of Clinical Trials

18 Sep 2026

The Effect of Solution-Focused Group Counseling on Marital Satisfaction in Women Attending to Addiction Leaving Centers in Shirvan City

Protocol summary

Study aim

The effect of solution-focused group counseling on marital satisfaction in women attending to addiction leaving centers in Shirvan city

Design

Clinical trial with community-based and pragmatic control group, with parallel groups, triple blind, randomized

Settings and conduct

The statistical population of this experimental study is addicted women who are referred to addiction treatment clinics in Shirvan city.The women participating in this study (80 women), according to their personal satisfaction, were selected from 15 addiction treatment centers,The test group members (40) will receive a certified, certified, and certified consultant on a weekly basis for 6 consecutive 90 minutes counseling sessions.The control group (40) will receive health education materials for women.Enrich marital satisfaction questionnaire and Beck Depression Inventory were completed for both groups before and after the study and one month later.

Participants/Inclusion and exclusion criteria

Entry criteria included: At least three weeks of the patient's treatment program؛ at least 5 years of their joint life؛ Wife is not addicted or is not being treated for addiction؛ Not having a physical illness that prevents you from engaging in research؛ Not having a history of admission to the neurology department؛ No restrictions on participation in group meetings؛ Methadone maintenance treatment and non-attendance at the same time in another treatment plan؛ Not having a dear death and a stressful incident in the last 6 months؛ Exclusion criteria included: Not attending 2 sessions or more؛ Failure to cooperate with the therapist؛ withdrawal from treatment center or recurrence of drug according to the outcome of the morphine test؛ He suffers from severe physical illness during the presentation of the program.

Intervention groups

The statistical population of this experimental study is addicted women who are referred to addiction treatment clinics in Shirvan city.The women participating in this study (80 women), according to their personal satisfaction, were selected from 15 addiction treatment centers,The test group members (40) will receive a certified, certified, and certified consultant on a weekly basis for 6 consecutive 90 minutes counseling sessions.The control group (40) will receive health education materials for women.

Main outcome variables

Marital satisfaction

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20170829035981N2**
Registration date: **2018-02-16, 1396/11/27**
Registration timing: **registered_while_recruiting**

Last update: **2018-02-16, 1396/11/27**
Update count: **0**

Registration date

2018-02-16, 1396/11/27

Registrant information

Name

Mozhgan Samaee

Name of organization / entity

Shahroud University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 23 3239 4036

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samaee.m@shmu.ac.ir

Recruitment status

Recruitment complete

Funding source
Research Deputy of Shahrood University of Medical Sciences

Expected recruitment start date
2017-10-22, 1396/07/30
Expected recruitment end date
2018-03-01, 1396/12/10
Actual recruitment start date
empty
Actual recruitment end date
empty
Trial completion date
empty

Scientific title
The Effect of Solution-Focused Group Counseling on Marital Satisfaction in Women Attending to Addiction Leaving Centers in Shirvan City

Public title
"The Effect of Solution-Focused Group Counseling on Marital Satisfaction in Women Attending to Addiction Leaving Centers"
Purpose
Supportive
Inclusion/Exclusion criteria
Inclusion criteria:
Married women At least three weeks of the patient's treatment program: Methadone maintenance treatment Have at least 5 years of their common life
Exclusion criteria:
The wife is addicted or he or she is a drug addictentation of the program. Having a physical illness that prevents you from engaging in research Having a history of admission to the neurology department Having limited participation in group meetings The company participated in another treatment program at the same time The company participated in another treatment program at the same time
Age
No age limit
Gender
Female

Phase
N/A
Groups that have been masked

- Participant
- Care provider
- Investigator
- Outcome assessor
- Data analyser
- Data and Safety Monitoring Board

Sample size
Target sample size: **80**
Randomization (investigator's opinion)
Randomized
Randomization description
Limited randomization (blocking) Here, a block method with a volume of 4 individuals per block, which is a limited randomization method, is used.Random sequence generation is conducted by the website and by an individual outside the research team.In this plan, eligible applicants will register with 15 resettlement centers in the city by researcher and interviewer.A random sequence listing is provided to one person outside the research team.After the enrolled persons ensured that the participants entered the study,The person contacted the person and asked about the placement of the person in each assignment and the code of each person is included on his questionnaire (central randomization).Individuals are placed in a 4-block block, respectively.
Blinding (investigator's opinion)
Triple blinded
Blinding description
In this participant, interventionist, and results analyst, no one knows who the participants are.Participants can organize their training sessions in different days and locations. Intervener blinding is used to assign individuals to groups from another person.An intervener is used to assign individuals to groups from another person.
Placebo
Not used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Shahroud University of Medical Sciences and Health Services
Street address
square 7 march
City
shroud
Province
North Khorasan
Postal code
3614773955
Approval date
2017-09-17, 1396/06/26
Ethics committee reference number
IR.SHMU.REC.1396.95

Health conditions studied

1

Description of health condition studied
depression
ICD-10 code
F32.3
ICD-10 code description

Severe depressive episode with psychotic symptoms

Primary outcomes

1

Description
marital satisfaction
Timepoint
Before the intervention, after intervention and one month after the end of the intervention
Method of measurement
enrich questionnaire

Secondary outcomes

1

Description
depression
Timepoint
Before the intervention, after intervention and one month after the end of the intervention
Method of measurement
beck questionnaire

Intervention groups

1

Description
The test team will receive weekly 6 sessions of Circuit solution counseling by a trained and certified consultant. The control group will receive heath education materials for woman.
Category
N/A

2

Description
Control group: The control group will receive women's health education materials on a weekly basis for 6 sessions of 90 minutes.
Category
Behavior

Recruitment centers

1

Recruitment center
Name of recruitment center
Addiction Clinic Horizon
Full name of responsible person
Arman Masoodee
Street address
Shafa Avenue, Placa 23
City
Shirvan
Province
North Khorasan
Postal code
9461491111
Email
mozhgan.samaee@yahoo.com

2

Recruitment center
Name of recruitment center
Omid Addiction Treatment Clinic
Full name of responsible person
Hossein Zare
Street address
Imam Reza Street (AS) has not reached the Bank of Housing
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3

Recruitment center
Name of recruitment center
Clinic of Healing Addiction
Full name of responsible person
Saeid Saedee
Street address
Imam Khomeini Hospital - Health Clinic
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4

Recruitment center
Name of recruitment center
Clinic of healing withdrawal addiction
Full name of responsible person
Vahid Dindar
Street address
Healing Shrine Street, Dr. Dinard's office
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Recruitment center

Name of recruitment center
Addiction Clinic Addiction Pour Kazemi

Full name of responsible person
Mehrdad Poorkazemi

Street address
Imam Khomeini Street (ra) 8 - 5th Street

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Recruitment center

Name of recruitment center
Clinic of Addiction Clinic Milad

Full name of responsible person
Mina Tagavi

Street address
Ibn Sina street 2

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Recruitment center

Name of recruitment center
Attractive Addiction Clinic

Full name of responsible person
Nayeb Ali Rashidian

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Recruitment center

Name of recruitment center
Addiction Clinic Safari

Full name of responsible person
Maryam Safari

Street address
SHafa street - next to Rezvani lab - underground class of Farabi medicine

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SHirvan

Province
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Recruitment center

Name of recruitment center
Hosseini Nia Addiction Treatment Clinic

Full name of responsible person
Seyyed Mohammad Hossei Nia

Street address
Kashani avenue - first intersection - right - bottom of the pen

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Recruitment center

Name of recruitment center
Aria Addiction Treatment Clinic

Full name of responsible person
Houshang Farajzadeh Davein

Street address
North Jamie Street Dr. Shamloo Avenue 2

City
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Province
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Postal code
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Recruitment center

Name of recruitment center
Welfare Addiction Treatment Clinic

Full name of responsible person
Ali Asghar Nouri

Street address
Jihad Street

City
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Recruitment center

Name of recruitment center
Taban Addiction Treatment Clinic

Full name of responsible person
Heydar Jahangiri

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khanlog

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Recruitment center

Name of recruitment center
Welfare Addiction Treatment Clinic

Full name of responsible person
Mohammad Reza Elme

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Taftazani - The Corner of Knowledge

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Recruitment center

Name of recruitment center
Clinic of Addiction Clinic

Full name of responsible person
Flora Nasserie

Street address
Loojali

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Recruitment center

Name of recruitment center
State Addiction Clinic

Full name of responsible person
Aref Rohani

Street address
Imam Khomeini Street - Ground floor of the health center 2

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Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Vice chancellor of research and technology

Full name of responsible person
Mohammad Hossein Emamian

Street address
Shahrood - Haft-e-Tir Square-Central Building

City
Shahroud

Province
Semnan

Postal code
3614773947

Email
vcr@shmu.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Vice chancellor of research and technology

Proportion provided by this source
100

Public or private sector
Public

Domestic or foreign origin
Domestic

Category of foreign source of funding
empty

Country of origin

Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact

Name of organization / entity
North Khorasan University of Medical Sciences

Full name of responsible person
Mozhgan Samaee

Position
Midwife

Latest degree
Bachelor

Other areas of specialty/work

Street address
North Khorasan - Shirvan - Health Center
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Person responsible for scientific inquiries

Contact
Name of organization / entity
Shahroud University of Medical Sciences
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Ali Mohammad Nazari
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PhD in psychology
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Person responsible for updating data

Contact
Name of organization / entity
Shahroud University of Medical Sciences
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Sakineh Taherkhani
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Ph.D in reproductive health
Latest degree
Ph.D.
Other areas of specialty/work
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Email
Sakinehtaherkhani@yahoo.com
Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)
Undecided - It is not yet known if there will be a plan to make this available
Study Protocol
Undecided - It is not yet known if there will be a plan to make this available
Statistical Analysis Plan
Undecided - It is not yet known if there will be a plan to make this available
Informed Consent Form
Undecided - It is not yet known if there will be a plan to make this available
Clinical Study Report
Undecided - It is not yet known if there will be a plan to make this available
Analytic Code
Undecided - It is not yet known if there will be a plan to make this available
Data Dictionary
Undecided - It is not yet known if there will be a plan to make this available