

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

13 Jun 2026

### Comparison of applying and non-applying of pain control algorithm on physiologic indexes and weaning in patients hospitalized in intensive care units

#### Protocol summary

##### Study aim

The effect of applying pain control algorithm on physiologic indexes and weaning in patients hospitalized in intensive care units

##### Design

In this research, 396 eligible patients being under mechanical ventilation in intensive care units of Ahvaz Golestan and Emam Khomainsi hospitals will be chosen. Patients will be allocated to two equal groups of intervention and control groups using blocking randomization method.

##### Settings and conduct

This intervention study without blinding and two groups of intervention and control will be conducted on intensive care units of Ahvaz Golestan and Emam Ghomainsi hospitals.

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: having level of consciences between 3-5 based on Glasgow Coma Scale; having airway or tracheostomy tubes; being under mechanical ventilation using synchronized intermittent mandatory ventilation mode without intake of muscle relaxants; ability to move at least one of limbs; having stable hemodynamic. Exclusion criteria: having severe face injuries; inability for verbal communication; being under mechanical ventilation more than 48 hours; having smoking and cigarettes addiction; suffering from cancers; sensitivity to Morphine and Fentanyl drugs; intake of muscle relaxants using intermittent infusion; having renal and liver diseases.

##### Intervention groups

In intervention group, firstly morphine will be injected with dosage of 0.1 milligram per weight using bolus method. Then, 30 minutes after injection, pain and physiological indices will be assessed and recorded. If the pain will be more than 5, a single dosage of Morphine will be injected again using bolus, and 30 minutes after

injection pain and physiological indices will be assessed and recorded again. Pain and physiological indices will be assessed and recorded each 60 minutes until obtaining of pain score less than 5, and after that each 4 hours until complete weaning of patient from ventilator. In control group, drug will be administer based on hospital routine, and one hour after intervention pain and physiological indices will be assessed and recorded again. Further assessment will be done based on nursing diagnosis. If the pain will be less than 5, then daily assessment for weaning will be implemented in both groups.

##### Main outcome variables

Pain, physiologic indexes and weaning

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20170829035984N1**

Registration date: **2018-01-03, 1396/10/13**

Registration timing: **registered\_while\_recruiting**

Last update: **2018-01-03, 1396/10/13**

Update count: **0**

##### Registration date

2018-01-03, 1396/10/13

##### Registrant information

##### Name

Zahra Karimi

##### Name of organization / entity

Ahvaz Gundishapur University Of Medical Sciences

##### Country

Iran (Islamic Republic of)

##### Phone

+98 61 3336 7543

##### Email address

karimi.z@ajums.ac.ir

**Recruitment status**

**Recruitment complete**

**Funding source**

Vice chancellor for research of Ahvaz Jundishapur University of Medical Sciences

**Expected recruitment start date**

2017-07-23, 1396/05/01

**Expected recruitment end date**

2018-05-22, 1397/03/01

**Actual recruitment start date**

empty

**Actual recruitment end date**

empty

**Trial completion date**

empty

**Scientific title**

Comparison of applying and non-applying of pain control algorithm on physiologic indexes and weaning in patients hospitalized in intensive care units

**Public title**

The effect of applying pain control algorithm on physiologic indexes and weaning

**Purpose**

Supportive

**Inclusion/Exclusion criteria**

**Inclusion criteria:**

Having level of consciences between 3-5 based on Glasgow Coma Scale Having airway or tracheostomy tubes Being under mechanical ventilation using synchronized intermittent mandatory ventilation mode without intake of muscle relaxants Ability to move at least one of limbs Having stable hemodynamic

**Exclusion criteria:**

Having severe face injuries Inability for verbal communication Being under mechanical ventilation more than 48 hours Having smoking and cigarettes addiction Suffering from cancers Sensitivity to Morphine and Fentanyl drugs Intake of muscle relaxants using intermittent infusion Having renal and liver diseases

**Age**

From **18 years** old to **60 years** old

**Gender**

Both

**Phase**

N/A

**Groups that have been masked**

*No information*

**Sample size**

Target sample size: **396**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

Patients will be allocated to groups using blocking randomization method.

**Blinding (investigator's opinion)**

Not blinded

**Blinding description**

**Placebo**

Not used

**Assignment**

Parallel

**Other design features**

-----

**Secondary Ids**

empty

**Ethics committees**

**1**

**Ethics committee**

**Name of ethics committee**

Ethics committee of Ahvaz Jundishapur University of Medical Sciences

**Street address**

Ahvaz Jundishapur University of Medical Sciences, Golestan road, Ahvaz, Khozestan

**City**

Ahvaz

**Province**

Khuzestan

**Postal code**

6135715794

**Approval date**

2017-07-08, 1396/04/17

**Ethics committee reference number**

IR.AJUMS.REC.1396.350

**Health conditions studied**

**1**

**Description of health condition studied**

Pain

**ICD-10 code**

M79.6

**ICD-10 code description**

Pain in limb

**2**

**Description of health condition studied**

Weaning from ventilator status

**ICD-10 code**

Z99.11

**ICD-10 code description**

Dependence on respirator [ventilator] status

**3**

**Description of health condition studied**

Physiological indices

**ICD-10 code**

R09.89

**ICD-10 code description**

Other specified symptoms and signs involving the circulatory and respiratory systems

## Primary outcomes

### 1

#### Description

Pain

#### Timepoint

Before and after drug intervention

#### Method of measurement

Behavioral pain scale

### 2

#### Description

Physiological indices

#### Timepoint

Before and after drug intervention

#### Method of measurement

Researcher made checklist

### 3

#### Description

Weaning form ventilator

#### Timepoint

Daily

#### Method of measurement

Researcher made checklist

## Secondary outcomes

### 1

#### Description

-----

#### Timepoint

-----

#### Method of measurement

-----

## Intervention groups

### 1

#### Description

Intervention group: Pain and physiological indices (heart rate, diastolic and systolic blood pressures, respiratory rate, and level of arterial oxygen saturation) of patients will be assessed and recorded in three shift works each 4 hours. If the pain will be more than 5, then nurse should alleviate pain with pain control algorithm. Firstly Morphine with dosage of 0.1 milligram per weight will be injected using bolus, and 30 minutes after injection pain and physiological indices will be assessed and recorded. If the pain will be more than 5, a single dosage of Morphine will be injected again using bolus, and 30 minutes after injection pain and physiological indices will be assessed and recorded again. Pain and physiological indices will be assessed and recorded each 60 minutes until obtaining of pain score less than 5, and after that each 4 hours until complete weaning of patient from ventilator. If the pain will be less than 5, then daily

assessment for weaning will be implemented.

#### Category

Treatment - Drugs

### 2

#### Description

Control group: Pain and physiological indices (heart rate, diastolic and systolic blood pressures, respiratory rate, and level of arterial oxygen saturation) of patients will be assessed and recorded in three shift works each 4 hours. If the pain will be more than 5, then nurse should alleviate pain without pain control algorithm based on hospital routine. One hour after intervention pain and physiological indices will be assessed and recorded again. Further assessment will be done based on nursing diagnosis. If the pain will be less than 5, then daily assessment for weaning will be implemented.

#### Category

Treatment - Drugs

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Ahvaz Golestan hospital

##### Full name of responsible person

Zahra Karimi

##### Street address

Golestan hospital, Golestan road, Ahvaz, Khozestan

##### City

Ahvaz

##### Province

Khuzestan

##### Postal code

6135715794

##### Phone

+98 61 3333 3477

##### Email

zkarimi493@gmail.com

### 2

#### Recruitment center

##### Name of recruitment center

Ahvaz Emam Khomeini hospital

##### Full name of responsible person

Zahra Karimi

##### Street address

Emam Khomeini hospital, Ahvaz, Khozestan

##### City

Ahvaz

##### Province

Khuzestan

##### Postal code

6135715794

##### Phone

+98 61 3571 5794

##### Email

zkarimi493@gmail.com

## Sponsors / Funding sources

### 1

#### Sponsor

**Name of organization / entity**

Vice chancellor for research of Ahvaz Jundishapur University of Medical Sciences

**Full name of responsible person**

Dr. Behzad Sharif Makhmalzadeh

**Street address**

Ahvaz Jundishapur University of Medical Sciences, Golestan road, Ahvaz, Khozestan

**City**

Ahvaz

**Province**

Khuzestan

**Postal code**

6135715794

**Phone**

+98 61 3333 3477

**Email**

zkarimi493@gmail.com

**Grant name**

-----

**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Vice chancellor for research of Ahvaz Jundishapur University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

empty

**Country of origin****Type of organization providing the funding**

Academic

## Person responsible for general inquiries

**Contact****Name of organization / entity**

Ahvaz Jundishapur University of Medical Sciences

**Full name of responsible person**

Zahra Karimi

**Position**

Student

**Latest degree**

Master

**Other areas of specialty/work**

Nursery

**Street address**

Faculty of Midwifery and Nursing, Ahvaz Jundishapur University of Medical Sciences, Golestan road, Ahvaz, Khozestan

**City**

Ahvaz

**Province**

Khuzestan

**Postal code**

6135715794

**Phone**

+98 61 3336 7543

**Fax****Email**

zkarimi493@gmail.com

**Web page address**

## Person responsible for scientific inquiries

**Contact****Name of organization / entity**

Ahvaz Jundishapur University of Medical Sciences

**Full name of responsible person**

Dr Shahram Baraz Pordjanjani

**Position**

Assistant Professor

**Latest degree**

Medical doctor

**Other areas of specialty/work**

Nursery

**Street address**

Ahvaz Jundishapur University of Medical Sciences, Golestan road, Ahvaz, Khozestan

**City**

Ahvaz

**Province**

Khuzestan

**Postal code**

6135715794

**Phone**

+98 61 3333 9092

**Fax****Email**

sharambaraz@yahoo.com

**Web page address**

## Person responsible for updating data

**Contact****Name of organization / entity**

Ahvaz Jundishapur University of Medical Sciences

**Full name of responsible person**

Zahra Karimi

**Position**

Student

**Latest degree**

Master

**Other areas of specialty/work**

Nursery

**Street address**

Ahvaz Jundishapur University of Medical Sciences, Golestan road, Ahvaz, Khozestan

**City**

Ahvaz

**Province**

Khuzestan

**Postal code**

6135715794

**Phone**

+98 61 3333 9092

**Fax****Email**

zkarimi493@gmail.com

**Web page address**

## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

Yes - There is a plan to make this available

**Study Protocol**

Yes - There is a plan to make this available

**Statistical Analysis Plan**

Yes - There is a plan to make this available

**Informed Consent Form**

Yes - There is a plan to make this available

**Clinical Study Report**

Yes - There is a plan to make this available

**Analytic Code**

Not applicable

**Data Dictionary**

Not applicable

**Title and more details about the data/document**

Only a part of patients demographical data and main outcomes will be shared.

**When the data will become available and for how long**

Six months after data publishing

**To whom data/document is available**

Data will be available only for researchers working on academic and university associations.

**Under which criteria data/document could be used**

Mention of study name and authors name

**From where data/document is obtainable**

Zahra Karimi: School of Nursing and Midwifery, Ahvaz Jundishapur University of Medical Sciences, Ahvaz, Iran

**What processes are involved for a request to access data/document**

At last one month after request

**Comments**