

Clinical Trial Protocol

Iranian Registry of Clinical Trials

26 Jun 2026

The Effectiveness of Social Skills training on reducing behavioral problems

Protocol summary

Summary

Objective: The aim of the present research was to determine the effect of Social Skills Training on reducing behavioral problems in children & parents. This is an experimental study with pre- & post-test with a control group. Design: The community comprised all children with behavioral problems in Shiraz. The sample included 40 children (female) that were selected by using convenience sampling method. Assigning the subjects to experimental and control group was done. Main outcome measures: Both groups completed the Children's Symptoms questionnaires at pre- & post-test. Intervention: The experimental group received Social Skills(13 sessions) for Thirteen 90-minute sessions & control group were placed on a waiting list and received no intervention.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2017100836634N1**

Registration date: **2017-11-20, 1396/08/29**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2017-11-20, 1396/08/29

Registrant information

Name

leila Shirjang

Name of organization / entity

Islamic Azad University

Country

Iran (Islamic Republic of)

Phone

+98 917 303 6079

Email address

l.shirjang2016@gmail.com

Recruitment status

Recruitment complete

Funding source

Investigator

Expected recruitment start date

2017-09-06, 1396/06/15

Expected recruitment end date

2017-10-19, 1396/07/27

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effectiveness of Social Skills training on reducing behavioral problems

Public title

The Effectiveness of Social Skills training on reducing behavioral problems

Purpose

Other

Inclusion/Exclusion criteria

Induction criteria: 12-7 : year old children, acquiring the cut point score for detecting Behavioral Disorders, consent of the subjects, Parents, teacher Exclusion criteria: subjects or the parents leave the process before the end of the study in any shape or form

Age

From **7 years** old to **12 years** old

Gender

Female

Phase

2-3

Groups that have been masked

No information

Sample size

Target sample size: **40**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Table of random numbers

Secondary Ids

1

Registry name

-

Secondary trial Id

-

Registration date

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Islamic Azad Unuversity,
Marvdasht

Street address

Imam Ali Bulvar, Ashoura Square, Marvdasht

City

Mrvdasht

Postal code

7371881881

Approval date

2017-06-12, 1396/03/22

Ethics committee reference number

IR.MIAU.REC.1396.601

Health conditions studied

1

Description of health condition studied

opositional defiant disorder

ICD-10 code

F91.3

ICD-10 code description

opositional defiant disorder

Primary outcomes

1

Description

Behavioral problems

Timepoint

Before & after the intervention

Method of measurement

Children's Symptoms Investory

Secondary outcomes

1

Description

non

Timepoint

non

Method of measurement

non

Intervention groups

1

Description

Third experimental group: experimental groupwith
training both to parents and children

Category

Behavior

2

Description

Control group: Group without intervention

Category

Other

3

Description

First experimental group: Experimental group with
training to parents

Category

Behavior

4

Description

Second experimental group: Experimental group with
training to the child

Category

Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center

Education Advisory Organization

Full name of responsible person

Masod Monsori

Street address

Alley12, Cinema Saadi Paramount

City

Shiraz

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Islamic Azad University

Full name of responsible person

Ghahreman Solokinegad

Street address

Imam Ali Bulvar, Ashoura Square, Marvdasht

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Marvdasht

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Islamic Azad University

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

empty

Person responsible for general inquiries**Contact****Name of organization / entity**

Islamic Azad University, Marvdasht Branch

Full name of responsible person

leila Shirjang

Position

Ph.D. student

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Web page address**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty