Clinical Trial Protocol
Iranian Registry of Clinical Trials

16 Sep 2026

The Effectiveness of Social Skills training on reducing behavioral problems

Protocol summary

Summary

Objective: The aim of the present research was to determine the effect of Social Skills Training on reducing behavioral problems in children & parents. This is an experimental study with pre-& post-test with a control group. Design: The community comprised all children with behavioral problems in Shiraz. The sample included 40 children (female) that were selected by using convenience sampling method. Assigning the subjects to experimental and control group was done. Main outcome measures: Both groups completed the Children's Symptoms questionnaires at pre-& post-test. Intervention: The experimental group received Social Skills(13 sessions) for Thirteen 90-minute sessions &control group were placed on a waiting list and received no intervention.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT2017100836634N1**
Registration date: **2017-11-20, 1396/08/29**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2017-11-20, 1396/08/29

Registrant information

Name
leila Shirjang
Name of organization / entity
Islamic Azad University
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Iran (Islamic Republic of)
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Recruitment status

Recruitment complete

Funding source

Investigator

Expected recruitment start date

2017-09-06, 1396/06/15

Expected recruitment end date

2017-10-19, 1396/07/27

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effectiveness of Social Skills training on reducing behavioral problems

Public title

The Effectiveness of Social Skills training on reducing behavioral problems

Purpose

Other

Inclusion/Exclusion criteria

Induction criteria12-7 ؛ year old children, acquiring the cut point score for detecting Behavioral Disorders, consent of the subjects, Parents, teacher Exclusion criteria؛ subjects or the parents leave the process before the end of the study in any shape or form

Age

From **7 years** old to **12 years** old

Gender

Female

Phase

2-3

Groups that have been masked
No information
Sample size
Target sample size: **40**
Randomization (investigator's opinion)
Randomized
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features
Table of random numbers

Secondary Ids

1

Registry name
-
Secondary trial Id
-
Registration date
empty

Ethics committees

1

Ethics committee
Name of ethics committee
Ethics committee of Islamic Azad Unuversity, Marvdasht
Street address
Imam Ali Bulvar, Ashoura Square, Marvdasht
City
Mrvdasht
Postal code
7371881881
Approval date
2017-06-12, 1396/03/22
Ethics committee reference number
IR.MIAU.REC.1396.601

Health conditions studied

1

Description of health condition studied
opositional defiant disorder
ICD-10 code
F91.3
ICD-10 code description
opositional defiant disorder

Primary outcomes

1

Description
Behavioral problems
Timepoint
Before & after the intervention
Method of measurement
Children's Symptoms Investory

Secondary outcomes

1

Description
non
Timepoint
non
Method of measurement
non

Intervention groups

1

Description
Third experimental group: experimental groupwith training both to parents and children
Category
Behavior

2

Description
Control group: Group without intervention
Category
Other

3

Description
First experimental group: Experimental group with training to parents
Category
Behavior

4

Description
Second experimental group: Experimental group with training to the child
Category
Behavior

Recruitment centers

1

Recruitment center
Name of recruitment center
Education Advisory Organization
Full name of responsible person
Masod Monsori

Street address
Alley12, Cinema Saadi Paramount
City
Shiraz

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Islamic Azad University
Full name of responsible person
Ghahreman Solokinegad
Street address
Imam Ali Bulvar, Ashoura Square, Marvdasht
City
Marvdasht
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Islamic Azad University
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary

empty