

Clinical Trial Protocol

Iranian Registry of Clinical Trials

18 Jun 2026

The effect of self care program based on orem self care model on multiple sclerosis patient's self concept

Protocol summary

Summary

The aim of this study was to investigate the effect of orem self care model on multiple sclerosis patient's self concept. 35 multiple sclerosis patients from ayatollah kashani clinic were enrolled to receive eight sessions of educational program based on educational needs of patients for three months. Primary outcome was quality of life patient's.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT138901292861N4**

Registration date: **2010-05-04, 1389/02/14**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2010-05-04, 1389/02/14

Registrant information

Name

Reza Masoodi

Name of organization / entity

Nursing department, Shahrekord University of Medical Science,

Country

Iran (Islamic Republic of)

Phone

+98 38 1333 5654

Email address

masoodi@skums.ac.ir

Recruitment status

Recruitment complete

Funding source

not source

Expected recruitment start date

2009-02-01, 1387/11/13

Expected recruitment end date

2009-03-04, 1387/12/14

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of self care program based on orem self care model on multiple sclerosis patient's self concept

Public title

The effect of self care program based on orem self care model on multiple sclerosis patient's self concept

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: Presence of multiple sclerosis, ability to read and write
Exclusion criteria: Presence of other diseases such as mental disorder, cognitive disorder, addiction, or other neurologic disorder

Age

From **20 years** old to **40 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **35**

Randomization (investigator's opinion)

N/A

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Tarbiat modares university

Street address

2124/l.ρ

City

Tehran

Postal code

Approval date

empty

Ethics committee reference number

2124/آ ρ

Health conditions studied

1

Description of health condition studied

Multiple sclerosis

ICD-10 code

G35

ICD-10 code description

Demyelinating diseases of the central nervous system

Primary outcomes

1

Description

Self concept

Timepoint

3 months

Method of measurement

Questionnaire

Secondary outcomes

1

Description

patients empowerment

Timepoint

patients empowerment

Method of measurement

Questionnaire

Intervention groups

1

Description

The effect of orem self care program on self concept in patients

Category

Lifestyle

Recruitment centers

1

Recruitment center

Name of recruitment center

Shahrekord Ayatollah Kashani Hospital

Full name of responsible person

Street address

City

Shahrekord

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Shahrekord University of Medical Sciences and Health Services

Full name of responsible person

Reza Masoudi

Street address

nursing department, nursing and midwifery college, Rahmatie, shahrekord

City

Tehran

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Shahrekord University of Medical Sciences and Health Services

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Person responsible for scientific inquiries

Contact

Name of organization / entity

Shahrekord University of Medical Sciences and Health Services

Full name of responsible person

Reza Masoodi

Position

Member of Faculty and PhD student in nursing

Other areas of specialty/work**Street address**

nursing department, nursing and midwifery college, Rahmatie, shahrekord

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Person responsible for updating data

Contact

Name of organization / entity

Shahrekord University of Medical Sciences and Health Services

Full name of responsible person

Reza Masoodi

Position

Member of Faculty and PhD student in nursing

Other areas of specialty/work**Street address**

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City

Shahrekord

Postal code**Phone****Fax****Email****Web page address**

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty