

Clinical Trial Protocol

Iranian Registry of Clinical Trials

04 Aug 2026

Effect of Telenursing on Health promoting behaviors among hemodialysis patients

Protocol summary

Department with approval of University Research
Director and Ethics Committee of the University

Study aim

Design

Settings and conduct

Participants/Inclusion and exclusion criteria

Intervention groups

Main outcome variables

Expected recruitment start date

2017-10-23, 1396/08/01

Expected recruitment end date

2018-01-21, 1396/11/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20171009036675N1**

Registration date: **2017-12-04, 1396/09/13**

Registration timing: **registered_while_recruiting**

Scientific title

Effect of Telenursing on Health promoting behaviors
among hemodialysis patients

Last update: **2017-12-04, 1396/09/13**

Update count: **0**

Registration date

2017-12-04, 1396/09/13

Public title

Effect of Telenursing on Health promoting behaviors
among hemodialysis patients

Purpose

Prevention

Inclusion/Exclusion criteria

Age

From **20 years** old to **60 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **60**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Registrant information

Name

Fatemeh Kiani

Name of organization / entity

Faculty member, Zahedan University of Medical
Sciences

Country

Iran (Islamic Republic of)

Phone

+98 54 3329 5715

Email address

f.kiani@zaums.ac.ir

Recruitment status

Recruitment complete

Funding source

Vice-Chancellor of Research and Technology of Zahedan
University of Medical Sciences - Grant Academic

Not used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Zahedan University of Medical Sciences

Street address

Zahedan University of Medical Sciences - Dr hesabi
sq. - Zahedan,Iran

City

Zahedan

Postal code

Approval date

2017-10-19, 1396/07/27

Ethics committee reference number

با نظر دانشگاه، رویت و صدور کد کمیته اخلاق منوط به ارایه ی کد
irct است.

Health conditions studied

1

Description of health condition studied

Chronic kidney disease

ICD-10 code

N18.5

ICD-10 code description

End stage kidney disease: on dialysis

Primary outcomes

1

Description

Health Promoting Lifestyle Profile

Timepoint

Before intervention - after intervention

Method of measurement

Walker et al., A standard health-promoting lifestyle
questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

Experimental group: After completing the hemodialysis
session, when the patient's condition is stable, the health

promotion lifestyle questionnaire will be distributed
among the sample. Then written informed consent will
be obtained. the group will be tra

Category

Lifestyle

2

Description

Control group: First, they will be given a health
promotion lifestyle questionnaire. It should be noted that
during the intervention period, the control group will not
be subjected to any intervention by researchers. After
the intervention, the health pro

Category

Lifestyle

Recruitment centers

1

Recruitment center

Name of recruitment center

Educational hospitals in Zahedan

Full name of responsible person

Fatemeh Kiani

Street address

City

Zahedan

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Zahedan University of Medical Sciences - Deputy of
Research and Technology

Full name of responsible person

Research and Technology Management Dr. Mohsen
Taheri

Street address

Deputy of Research and Technology - Medical
Sciences Campus - Dr. Hesabi Square - Zahedan - Iran

City

Zahedan

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Zahedan University of Medical Sciences - Deputy of
Research and Technology

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Name of organization / entity
Zahedan University of Medical Sciences - Faculty of
Nursing and Midwifery
Full name of responsible person
Fatemeh Kiani - Designer
Position
Faculty member
Other areas of specialty/work
Street address
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Person responsible for scientific inquiries

Contact

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Person responsible for updating data

Contact

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City
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Phone
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Fax
Email
Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty