Clinical Trial Protocol
Iranian Registry of Clinical Trials

18 Sep 2026

Effect of Telenursing on Health promoting behaviors among hemodialysis patients

Protocol summary

Study aim
Design
Settings and conduct
Participants/Inclusion and exclusion criteria
Intervention groups
Main outcome variables

General information

Reason for update
Acronym
IRCT registration information
IRCT registration number: **IRCT20171009036675N1**
Registration date: **2017-12-04, 1396/09/13**
Registration timing: **registered_while_recruiting**

Last update: **2017-12-04, 1396/09/13**
Update count: **0**
Registration date
2017-12-04, 1396/09/13

Registrant information
Name
Fatemeh Kiani
Name of organization / entity
Faculty member, Zahedan University of Medical Scienses
Country
Iran (Islamic Republic of)
Phone
+98 54 3329 5715
Email address
f.kiani@zaums.ac.ir

Recruitment status
Recruitment complete
Funding source
Vice-Chancellor of Research and Technology of Zahedan University of Medical Sciences - Grant Academic Department with approval of University Research Director and Ethics Committee of the University

Expected recruitment start date
2017-10-23, 1396/08/01
Expected recruitment end date
2018-01-21, 1396/11/01
Actual recruitment start date
empty
Actual recruitment end date
empty
Trial completion date
empty

Scientific title
Effect of Telenursing on Health promoting behaviors among hemodialysis patients

Public title
Effect of Telenursing on Health promoting behaviors among hemodialysis patients
Purpose
Prevention
Inclusion/Exclusion criteria
Age
From **20 years** old to **60 years** old
Gender
Both

Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **60**
Randomization (investigator's opinion)
Randomized
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Zahedan University of Medical Sciences

Street address

Zahedan University of Medical Sciences - Dr hesabi sq. - Zahedan,Iran

City

Zahedan

Postal code

Approval date

2017-10-19, 1396/07/27

Ethics committee reference number

با نظر دانشگاه، رویت و صدور کد کمیته اخلاق منوط به ارایه ی کد irct است.

Health conditions studied

1

Description of health condition studied

Chronic kidney disease

ICD-10 code

N18.5

ICD-10 code description

End stage kidney disease:on dialysis

Primary outcomes

1

Description

Health Promoting Lifestyle Profile

Timepoint

Before intervention - after intervention

Method of measurement

Walker et al., A standard health-promoting lifestyle questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

Experimental group: After completing the hemodialysis session, when the patient's condition is stable, the health promotion lifestyle questionnaire will be distributed among the sample. Then written informed consent will be obtained. the group will be tra

Category

Lifestyle

2

Description

Control group: First, they will be given a health promotion lifestyle questionnaire. It should be noted that during the intervention period, the control group will not be subjected to any intervention by researchers. After the intervention, the health pro

Category

Lifestyle

Recruitment centers

1

Recruitment center

Name of recruitment center

Educational hospitals in Zahedan

Full name of responsible person

Fatemeh Kiani

Street address

City

Zahedan

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Zahedan University of Medical Sciences - Deputy of Research and Technology

Full name of responsible person

Research and Technology Management Dr. Mohsen Taheri

Street address

Deputy of Research and Technology - Medical Sciences Campus - Dr. Hesabi Square - Zahedan - Iran

City

Zahedan

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Zahedan University of Medical Sciences - Deputy of Research and Technology

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Zahedan University of Medical Sciences - Faculty of Nursing and Midwifery

Full name of responsible person

Fatemeh Kiani - Designer

Position

Faculty member

Other areas of specialty/work

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Position

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty