

Clinical Trial Protocol

Iranian Registry of Clinical Trials

16 Sep 2026

Comparison of the antibacterial effectiveness of thymes and chamomile extract and chlorhexidine on the salivary Streptococcus mutans of preschool childrens with early childhood caries by the quantitative Real Time PCR

Protocol summary

Study aim

Comparison of the antibacterial effectiveness of thymes and chamomile extract and chlorhexidine on the salivary Streptococcus mutans of preschool childrens with early childhood caries by the quantitative Real Time PCR

Design

In this clinical trial study, there will be 90 preschool children aged 4-6 who will be matched from demographic data. Children are randomly divided into 3 groups of 30 person and each participant assigned a code.

Settings and conduct

First the aims of the study explain to the parents, then written informed consent is taken. A questionnaire including the demographic data of the child (age, sex, history of drug use, history of systemic disease, etc.) is also completed. Then, the methods of oral hygiene and brushing explain to all parents and wanted to brush the teeth of their children without toothpaste for 2 days. also it is emphasized that during the study, the children do not use gums containing Xylitol and any type of mouthwashes containing chlorhexidine and fluoride. Upon completion of the two-day period, Which is considered as a washout period, children are randomly divided into 3 groups of 30 person. then from the participant children will take the sample of saliva and transfer to laboratory for determining the amount of Streptococcus mutans.

Participants/Inclusion and exclusion criteria

The inclusion criteria including preschool children aged 4 to 6 years that have at least dmft 4 and 3 dental caries in their mouth. exclusion criteria including preschool children with sysytemic disease , during the past month take antibiotic and topical flouride and have orthodontic appliance, who take gums containing Xylitol and mouthwash or gel containing flouride at least 3 weeks

before study, who have soft tissue lesion in their mouth and have active and severe periodontal disease.

Intervention groups

Intervention group 1: thymes extract 5% , 30 minutes and 1 week after first salivary sampling from 4 to 6 year old children, 1 cc gel measured with a syringe and with a cotton swab is applied to all teeth of the child.

Intervention group 2: chamomile extract 5% , 30 minutes and 1 week after first salivary sampling from 4 to 6 year old children, 1 cc gel measured with a syringe and with a cotton swab is applied to all teeth of the child. Control group1: cholorhexidine 0.02 % , 30 minutes and 1 week after first salivary sampling from 4 to 6 year old children, 1 cc gel measured with a syringe and with a cotton swab is applied to all teeth of the child.

Main outcome variables

Streptococcus mutans,

General information

Reason for update

Acronym

ندارد

IRCT registration information

IRCT registration number: **IRCT20171020036896N4**

Registration date: **2018-03-09, 1396/12/18**

Registration timing: **retrospective**

Last update: **2018-03-09, 1396/12/18**

Update count: **0**

Registration date

2018-03-09, 1396/12/18

Registrant information

Name

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 32119023

Email address

sajadi@kmu.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2017-12-22, 1396/10/01

Expected recruitment end date

2018-01-20, 1396/10/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Comparison of the antibacterial effectiveness of thymes and chamomile extract and chlorhexidine on the salivary Streptococcus mutans of preschool childrens with early childhood caries by the quantitative Real Time PCR

Public title

The antibacterial effectiveness of thymes and chamomile extract and chlorhexidine and on the salivary Streptococcus mutans

Purpose

Health service research

Inclusion/Exclusion criteria

Inclusion criteria:

Preschoolers aged 4 to 6 years having at least dmft 4 having at least 3 dental caries

Exclusion criteria:

Usage of gum containing xylitol , any type of mouthwash or gel of fluoride at least 3 weeks before the study Soft soft tissue lesion in the mouth Useing orthodontic appliances Take antibiotics and topical fluoride over the past month Active and severe periodontal disease The presence of systemic disease

Age

From **4 years** old to **6 years** old

Gender

Both

Phase

3

Groups that have been masked

- Participant
- Data analyser

Sample size

Target sample size: **90**

Randomization (investigator's opinion)

Randomized

Randomization description

Simple randomization or unrestricted method will be used and randomization unit is Individual .we will use from Roll of a die from the methods of simple

randomization because there are 3 groups in this study that actually the tool of randomization is dice. So the numbers 1 and 2 are for the first group (chlorhexidine) 3 and 4 for the second group (thymes) and 5 and 6 for the third (chamomile). The next step Allocation concealment will be done, In such a way that the allocated group is not known before the assignment of the individual. To achieve this goal, a non-transparent, sealed, random sequence envelope is used . In this way, the statistical specialist will provide 90 envelopes and each of the randomly generated links will be recorded on a card and the cards are arranged in the envelopes . In order to maintain a random sequence, the numbering of envelopes on the outer surface is done in the same order. Finally, the envelopes are enclosed and placed in the box, respectively. At the time of the implementation of the study, according to the order of entry of eligible participants, one of the envelopes is opened respectively and will determine the group assigned to that participant. In this study, the assistant of Pediatric Dentistry examines the participants in terms of inclusion and exclusion criteria. Randomization methods are done by an statistical specialist and performance of the study is done by a trained dental student.

Blinding (investigator's opinion)

Double blinded

Blinding description

Because all the materials are in the same consistency gel, in a uniform shape and color, considering the informed consent, participants are unaware of material that what materials is used for. Outcome evaluator, who performs PCR, is also unaware of the groups.

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

The Ethic Committee of kerman University of Medical Sciencess

Street address

Vice-Chancellor for Research, Building of Kerman University of Medical Sciences, Tahmasbabad cross, Jahad Street, kerman,iran

City

kerman

Province

Kerman

Postal code

7619813159

Approval date

2017-12-24, 1396/10/03

Ethics committee reference number
IR.KMU.REC.1395.553

Health conditions studied

1

Description of health condition studied

Streptococcus mutans

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

Streptococcus mutans

Timepoint

before application and 30 minutes and 1 week after application of interventions

Method of measurement

quantitative real time PCR

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group1: thyme extract 5% , 30 minutes and 1 week after first salivary sampling from 4 to 6 year old children, 1 cc gel measured with a syringe and with a cotton swab is applied to all teeth of the child.

Category

Prevention

2

Description

Intervention group2: Chamomile extract 5% , 30 minutes and 1 week after first salivary sampling from 4 to 6 year old children, 1 cc gel measured with a syringe and with a cotton swab is applied to all teeth of the child.

Category

Prevention

3

Description

Control group1: chlorhexidine 0.02 % , 30 minutes and 1 week after first salivary sampling from 4 to 6 year old children, 1 cc gel measured with a syringe and with a cotton swab is applied to all teeth of the child.

Category

Prevention

Recruitment centers

1

Recruitment center

Name of recruitment center

Pediatric Department of Dentistry University of Kerman

Full name of responsible person

Dr Fatemeh sadat Sajadi

Street address

Pediatric department, School of Dentistry, Shafa street

City

kerman

Province

Kerman

Postal code

7618759689

Phone

+98 34 3211 9021

Email

Sajadi@kmu.ac.ir

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Kerman University of Medical Sciences

Full name of responsible person

Dr Abbas Pardakhti

Street address

No.1 Ave, Tahmasebabad Intersection, Research - Vice Chancellor of Kerman University of Medical Science

City

Kerman

Province

Kerman

Postal code

7619813159

Phone

+98 34 3226 3815

Email

kmu_research@yahoo.com

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Kerman University of Medical Sciences

Proportion provided by this source

60

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Person responsible for general inquiries

Contact

Name of organization / entity

Kerman University of Medical Sciences

Full name of responsible person

Dr Hamidreza Poureslami

Position

Professor, Faculty of dentistry for children, part of Kerman,

Latest degree

Specialist

Other areas of specialty/work

Dentistry

Street address

Pediatric Department, School of Dentistry, Shafa street, Kerman

City

Kerman

Province

Kerman

Postal code

7618759689

Phone

+34 32119021

Email

poureslami@yahoo.com

Person responsible for scientific inquiries

Contact

Name of organization / entity

Kerman University of Medical Sciences

Full name of responsible person

Dr Fatemeh sadat Sajadi

Position

Associate Professor of Pediatric Dentistry

Latest degree

Specialist

Other areas of specialty/work

Dentistry

Street address

Pediatric Department, School of Dentistry, Shafa street, Kerman

City

Kerman

Province

Kerman

Postal code

7618759689

Phone

+34 32119021

Fax
Email

sajadi@kmu.ac.ir

Web page address

Person responsible for updating data

Contact

Name of organization / entity

Kerman University of Medical Sciences

Full name of responsible person

Dr fatemeh sadat sajadi

Position

Associate Professor of Pediatric Dentistry

Latest degree

Specialist

Other areas of specialty/work

Dentistry

Street address

Shafa Street, Faculty of Dentistry, Department of pediatrics

City

Kerman

Province

Kerman

Postal code

7618759689

Phone

+98 34 3245 7931

Fax
Email

Sajadi@kmu.ac.ir

Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

No - There is not a plan to make this available

Justification/reason for indecision/not sharing IPD

Because the study data do not have any other scientific application.

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Yes - There is a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

Yes - There is a plan to make this available

Data Dictionary

Yes - There is a plan to make this available

Title and more details about the data/document

After this study, data and statistical analysis data are available to all.

When the data will become available and for how long

After completing the research plan for 5 years of information dissemination

To whom data/document is available

All Researchers and Faculty Members

Under which criteria data/document could be used

In order to conduct new researches

From where data/document is obtainable

Department of Research and Technology Faculty

What processes are involved for a request to access data/document

Submitting a request to the person responsible for

collecting documentation of research projects at the
Department of Research and and technology Faculty
Comments