

Clinical Trial Protocol

Iranian Registry of Clinical Trials

29 Jun 2026

The effect of groups logo therapy on social participation of retired teachers and retired employees of Ministry of Education

Protocol summary

Study aim

Effect of Group Therapy on Social Participation of retired teachers and retired employees of Ministry of Education

Design

In this study, 50 retired teachers and retired employees of Ministry of Education who come to the retirement center are selected. Participants are randomly divided into intervention and control groups and each participant is assigned a code.

Settings and conduct

The method of this research is a two-group clinical trial. The subjects were retired teachers and retired employees of Ministry of Education who were members of the Education Retirement Club, which were divided into two groups of control and intervention and the sample size was estimated to be 50.

Participants/Inclusion and exclusion criteria

Inclusion criteria : 1. Lack of history of diseases associated with depression and cognitive problems 2. Age range 80-60 3. Satisfaction and willingness to participate in research 4. Not using other psychological treatment 6 months before entering the research Exit criteria: 1. Dissatisfaction with the continued participation in the study 2-foot retired person 3. Having an acute illness and becoming hospitalized during the intervention 4- Absence of elderly for 2 sessions

Intervention groups

The intervention is a group of grouped semantic research that is conducted in groups of 25 retired, one leader, and one leader's assistance. The duration of the intervention is eight weeks, with a 90-minute session per week. In order to hold these sessions at the same hour as we are discussing meaning therapy in Room 1 in Room 2, the control group deals with everyday issues. Each session discusses a topic of meaning such as freedom, acceptance of responsibility, anxiety, meaning through the creation of values, accepting responsibility for change, self-supporting, etc. by the researcher. Participants in the intervention group are asked to

discuss the issues outside of the session. There is no intervention for the control group. After completion of the post-test sessions, the social partnership score will be calculated

Main outcome variables

Logarithmic method increases the social participation of retired people by group method

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20171128037652N1**
Registration date: **2018-01-21, 1396/11/01**
Registration timing: **retrospective**

Last update: **2018-01-21, 1396/11/01**

Update count: **0**

Registration date

2018-01-21, 1396/11/01

Registrant information

Name

Marzieh Pakzad

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 58 3224 3281

Email address

pakzadm94@medsab.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2017-07-27, 1396/05/05

Expected recruitment end date

2017-08-04, 1396/05/13
Actual recruitment start date
2017-07-27, 1396/05/05
Actual recruitment end date
2017-10-05, 1396/07/13
Trial completion date
empty

Scientific title

The effect of groups logo therapy on social participation of retired teachers and retired employees of Ministry of Education

Public title

"The effect of groups logo therapy on social participation"

Purpose

Education/Guidance

Inclusion/Exclusion criteria

Inclusion criteria:

Member of the retirement center Age 60 to 80 Lack of depression and cognitive impairment

Exclusion criteria:

Age

From **60 days** old to **80 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **50**

Randomization (investigator's opinion)

Randomized

Randomization description

Simple randomization

Blinding (investigator's opinion)

Single blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee of Sabzevar University of Medical Sciences

Street address

Sabzevar University of Medical Sciences

City

Sabzevar

Province

Razavi Khorasan

Postal code

ندارد

Approval date

2017-07-24, 1396/05/02

Ethics committee reference number

IR.MEDSAB.REC.1396.41

Health conditions studied

1

Description of health condition studied

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

average social participation

Timepoint

Measuring social participation before and after study

Method of measurement

Social Partnership Questionnaire (ccHs)

Secondary outcomes

empty

Intervention groups

1

Description

The intervention used in this study is a group of sessions of psychometric training that was formed in 8 sessions of 90 minutes for the intervention group

Category

Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center

The retirement center

Full name of responsible person

Reza Firoozeh

Street address

Cultural Retirement Center, Basij Street

City

Bojnord

Province

North Khorasan

Postal code

0000000000

Phone

+98 58 3222 2600

Fax

Email

khorasanshomali@cspf.ir

Web page address

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Sabzevar University of Medical Sciences

Full name of responsible person

Mohsen Koushan

Street address

Sabzevar University of Medical Sciences

City

Sabzevar

Province

Razavi Khorasan

Postal code

0000000000

Phone

+98 51 4401 8301

Email

Mkoushan@yahoo.com

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

No

Title of funding source

University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Sabzevar University of Medical Sciences

Full name of responsible person

Marzieh Pakzad

Position

Student

Latest degree

Bachelor

Other areas of specialty/work

Nursery

Street address

Sabzevar University of Medical Sciences

City

Sabzevar

Province

Razavi Khorasan

Postal code

0000000000

Phone

+98 58 3272 2710

Email

avina.pakzad63@gmail.com

Person responsible for scientific inquiries

Contact

Name of organization / entity

Bojnourd University of Medical Sciences

Full name of responsible person

Marzieh Pakzad

Position

Emam Reza hospital employee

Latest degree

Bachelor

Other areas of specialty/work

Nursery

Street address

Takhti st

City

Bojnord

Province

North Khorasan

Postal code

0000000000

Phone

+98 58 3224 3281

Fax

Email

pakzadm94@medsab.ac.ir

Person responsible for updating data

Contact

Name of organization / entity

Sabzevar University of Medical Sciences

Full name of responsible person

Marzieh Pakzad

Position

Student

Latest degree

Bachelor

Other areas of specialty/work

Nursery

Street address

Sabzevar University of Medical Sciences

City

Sabzevar

Province

Razavi Khorasan

Postal code

0000000000

Phone

+98 58 3272 2710

Email

Sharing plan

Deidentified Individual Participant Data Set (IPD)

No - There is not a plan to make this available

Justification/reason for indecision/not sharing IPD

Dissatisfaction

Study Protocol

No - There is not a plan to make this available

Statistical Analysis Plan

No - There is not a plan to make this available

Informed Consent Form

No - There is not a plan to make this available

Clinical Study Report

No - There is not a plan to make this available

Analytic Code

No - There is not a plan to make this available

Data Dictionary

No - There is not a plan to make this available