

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

09 Jun 2026

### The study of the effect of local Erythropoietin injection on Bone union in patients with Tibiofibular fracture

#### Protocol summary

##### Study aim

Determination of the effect of local Erythropoietin injection on Bone union in patients with Tibiofibular fracture referring to Khatam ol Anbiya hospital in Zahedan .2017-2018

##### Design

In this research, 60 eligible patients with Tibiofibular fractures referring to khatam ol Anbia Hospital in Zahedan were chosen. Then, patients were randomly divided into two control and intervention groups.

##### Settings and conduct

Patients are divided into two intervention and control groups. Two weeks after the operation and under sterile conditions, 4000 IU of EPO (two vials) were injected in intervention group into the fracture site and the control group received the equivalent of placebo. Afterwards the patients were followed by physical examination and radiographic imaging every four weeks until union was confirmed.

##### Participants/Inclusion and exclusion criteria

Patients with Tibiofibular Fractures :Patients with Closed Fracture Type A,B: Fractures Caused by High Energy Trauma: Male Gender:Age 18 to 40 Years Patients with Multiple Lower Injuries, Metaphyseal and Isolated Tibial, Pathologic, Comminuted, Osteoporotic and Open Fractures Patients under Treatment with Steroids, Anticoagulants, Nonsteroidal Antiinflammatory Drugs, Calcium Channel Blockers and Nicotine Underlying Disease (Diabetes, Cardiovascular Disease, etc.)

##### Intervention groups

Intervention group: 30 patients with Tibiofibular fracture that Erythropoietin injected at the fracture site. Control group: 30 patients with Tibiofibular fracture that used the equivalent of placebo instead of Erythropoietin.

##### Main outcome variables

Duration of union: The duration between of surgery and time of Bone union based on radiography and clinical examination that is based on the month.

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20171224038039N1**

Registration date: **2018-02-21, 1396/12/02**

Registration timing: **registered\_while\_recruiting**

Last update: **2018-02-21, 1396/12/02**

Update count: **0**

##### Registration date

2018-02-21, 1396/12/02

##### Registrant information

##### Name

Asma Salehi sangani

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 51 5412 3454

##### Email address

a.salehi@zaums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2018-01-20, 1396/10/30

##### Expected recruitment end date

2018-05-21, 1397/02/31

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

The study of the effect of local Erythropoietin injection on Bone union in patients with Tibiofibular fracture

**Public title**

The study of the effect of Erythropoietin on Bone union

**Purpose**

Treatment

**Inclusion/Exclusion criteria****Inclusion criteria:**

Patients with Tibiofibular fractures Patients with closed fracture type A,B Fractures caused by high energy of trauma Male gender Age between 18 to 40 years

**Exclusion criteria:**

Patients with multiple lower injuries, metaphyseal and isolated tibial, pathologic, comminuted, osteoporotic and open fractures Patients under treatment with Steroids, Anticoagulants, Nonsteroidal Antiinflammatory drugs, Calcium Channel Blockers and Nicotine Underlying disease (Diabetes, Cardiovascular disease, etc.)

**Age**

From **18 years** old to **40 years** old

**Gender**

Male

**Phase**

2-3

**Groups that have been masked**

- Participant
- Outcome assessor

**Sample size**

Target sample size: **60**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

Easy and accessible randomization , considering the entry criteria for random assignment , in an envelope, the card will be placed with the letter A, B. then, after surgery, one of the colleagues is asked to select a card from the envelope, if A is selected, in the intervention group and if B is selected, will be placed in the control group.

**Blinding (investigator's opinion)**

Double blinded

**Blinding description**

In spite of being informed about the study, the patient is not aware of the type of intervention involved, and the injection of Erythropoietin or placebo is done by an expert who is not involved in the outcome evaluation. Therefore, the outcome evaluator is unaware of the type of intervention.

**Placebo**

Used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethics committee of Zahedan University of Medical Sciences

**Street address**

Dr Hesabi sq, Pardis complex

**City**

Zahedan

**Province**

Sistan-va-Balouchestan

**Postal code**

9816743463

**Approval date**

2017-11-11, 1396/08/20

**Ethics committee reference number**

IR.ZAUMS.REC.13960228

**Health conditions studied****1****Description of health condition studied**

Tibiofibular fracture

**ICD-10 code**

S82.2

**ICD-10 code description**

Fracture of shaft of tibia

**Primary outcomes****1****Description**

Duration of union: The duration between of surgery and time of Bone union was based on radiography and clinical examination that is defined based on month.

**Timepoint**

At the beginning of the study and every 4 weeks after surgery

**Method of measurement**

Physical examination and radiographic imaging

**Secondary outcomes**

empty

**Intervention groups****1****Description**

Intervention group: 30 patients with Tibiofibular fracture that Erythropoietin injected at the fracture site.

**Category**

Treatment - Drugs

**2**

**Description**

Control group: 30 patients with Tibiofibular fracture that used the equivalent of placebo instead of Erythropoietin.

**Category**

Placebo

**Recruitment centers**

**1**

**Recruitment center**

**Name of recruitment center**

Khatam Ol Anbia hospital

**Full name of responsible person**

Dr Arash Ghaffari

**Street address**

Khatam Ol Anbia hospital, Rostam Sq

**City**

Zahedan

**Province**

Sistan-va-Balouchestan

**Postal code**

9815733169

**Phone**

+98 54 3322 0501

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khatamhospital\_zah@yahoo.com

**Sponsors / Funding sources**

**1**

**Sponsor**

**Name of organization / entity**

Zahedan University of Medical Sciences

**Full name of responsible person**

Dr.Noor Mohammad Bakhshani

**Street address**

Pardis Complex, Dr Hesabi Sq

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**Email**

Bakhshani@zaums.ac.ir

**Grant name**

**Grant code / Reference number**

125401-1805003

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Zahedan University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

empty

**Country of origin**

**Type of organization providing the funding**

Academic

**Person responsible for general inquiries**

**Contact**

**Name of organization / entity**

Zahedan University of Medical Sciences

**Full name of responsible person**

Asma Salehi sangani

**Position**

Student

**Latest degree**

Medical doctor

**Other areas of specialty/work**

General Practitioner

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**Person responsible for scientific inquiries**

**Contact**

**Name of organization / entity**

Zahedan University of Medical Sciences

**Full name of responsible person**

Dr Arash Ghaffari

**Position**

Professor

**Latest degree**

Specialist

**Other areas of specialty/work**

Orthopedics

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## Person responsible for updating data

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### Contact

**Name of organization / entity**

Zahedan University of Medical Sciences

**Full name of responsible person**

Asma Salehi sangani

**Position**

Student

**Latest degree**

Medical doctor

**Other areas of specialty/work**

General Practitioner

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**Fax****Email**

## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

Undecided - It is not yet known if there will be a plan to make this available

**Study Protocol**

Undecided - It is not yet known if there will be a plan to make this available

**Statistical Analysis Plan**

Undecided - It is not yet known if there will be a plan to make this available

**Informed Consent Form**

Undecided - It is not yet known if there will be a plan to make this available

**Clinical Study Report**

Undecided - It is not yet known if there will be a plan to make this available

**Analytic Code**

Undecided - It is not yet known if there will be a plan to make this available

**Data Dictionary**

Undecided - It is not yet known if there will be a plan to make this available