

Clinical Trial Protocol

Iranian Registry of Clinical Trials

27 May 2026

Effect of Rectal Indomethacin and Nitroglycerin in Comparison with Rectal Indomethacin in the Prevention of post Endoscopic Retrograde Cholangio Pancreatography (ERCP) Pancreatitis

Protocol summary

Study aim

Impact of coadministration of rectal Indomethacin and Sublingual Nitrates in prevention of post ERCP pancreatitis

Design

In this research, 324 eligible patients needed ERCP referring to Qom gastroenterology clinic were chosen purposefully. Then, patients by block randomization were randomly divided into two control and intervention groups.

Settings and conduct

The study was performed as a randomized clinical trial at Shahid Beheshti Hospital in Qom. The study is double-blinded, and intervention is conducted by someone other than the care provider, and care provider and participants is unaware of the type of treatment.

Participants/Inclusion and exclusion criteria

People entering the study aged 18 to 70 years and patients who have contraindication for taking Indomethacin or Nitroglycerin were not included in the study.

Intervention groups

Intervention group: Indomethacin suppository, 100 mg, single dose, before ERCP plus nitroglycerin tablet, 0.4 mg, single sublingual, immediately after ERCP. Control group: Indomethacin suppository, 100 mg, single dose, before ERCP plus placebo tablet, single dose, sublingual, immediately after ERCP

Main outcome variables

Post ERCP pancreatitis

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20161205031252N5**

Registration date: **2018-01-18, 1396/10/28**

Registration timing: **retrospective**

Last update: **2018-01-18, 1396/10/28**

Update count: **0**

Registration date

2018-01-18, 1396/10/28

Registrant information

Name

Ahmad Hormati

Name of organization / entity

Qom university of Medical Sciences

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Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2016-06-25, 1395/04/05

Expected recruitment end date

2016-09-22, 1395/07/01

Actual recruitment start date

2016-06-25, 1395/04/05

Actual recruitment end date

2016-09-22, 1395/07/01

Trial completion date

empty

Scientific title

Effect of Rectal Indomethacin and Nitroglycerin in Comparison with Rectal Indomethacin in the Prevention of post Endoscopic Retrograde Cholangio

Pancreatography (ERCP) Pancreatitis

Public title

Rectal Indomethacin and Sublingual Nitrates in prevention of post ERCP pancreatitis

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria:

aged 18-70 Need for ERCP

Exclusion criteria:

Contraindications of nitroglycerin Contraindications of Indomethacin Pregnancy Lactation

Age

From **18 years** old to **70 years** old

Gender

Both

Phase

N/A

Groups that have been masked

- Participant
- Care provider
- Investigator
- Outcome assessor

Sample size

Target sample size: **324**

Actual sample size reached: **324**

Randomization (investigator's opinion)

Randomized

Randomization description

block randomization at the level of the individual

Blinding (investigator's opinion)

Double blinded

Blinding description

participants and the therapist does not know the allocation of people, and only the person who supplies the medication to the patients is aware of the type of allocation.

Placebo

Used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee of Qom University of Medical Sciences

Street address

No. 83, 4th alley, 1.1 alley, Safashahr Blvd

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Province

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Postal code

3716987366

Approval date

2016-06-23, 1395/04/03

Ethics committee reference number

IR.MUQ.REC.1395.43

Health conditions studied

1

Description of health condition studied

ERCP-induced pancreatitis

ICD-10 code

K85.8

ICD-10 code description

Other acute pancreatitis

Primary outcomes

1

Description

Pancreatitis

Timepoint

24 hours after ERCP

Method of measurement

Serum levels of pancreatic enzymes

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: Indomethacin suppository, 100 mg, single dose, before ERCP plus nitroglycerin tablet, 0.4 mg, single sublingual, immediately after ERCP

Category

Treatment - Drugs

2

Description

Control group: Indomethacin suppository, 100 mg, single dose, before ERCP plus placebo tablet, single dose, sublingual, immediately after ERCP

Category

Placebo

Recruitment centers

1

Recruitment center

Name of recruitment center

Shahid Beheshti Hosbital

Full name of responsible person

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Sponsors / Funding sources

1

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Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Ghoum University of Medical Sciences
Proportion provided by this source
100
Public or private sector
Public
Domestic or foreign origin
Domestic
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact

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Sharing plan**Deidentified Individual Participant Data Set (IPD)**

No - There is not a plan to make this available

Justification/reason for indecision/not sharing IPD

The data are specific to this study

Study Protocol

No - There is not a plan to make this available

Statistical Analysis Plan

No - There is not a plan to make this available

Informed Consent Form

No - There is not a plan to make this available

Clinical Study Report

No - There is not a plan to make this available

Analytic Code

No - There is not a plan to make this available

Data Dictionary

No - There is not a plan to make this available