

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

02 Jul 2026

### Evaluation of a new method used for uterine closure during cesarean section on the integrity and thickness of uterine scar.

#### Protocol summary

##### Study aim

The aim of this randomized controlled trial is to compare the effects of new and conventional technique for uterine closure during cesarean delivery on primary and secondary outcomes.

##### Design

This study is a parallel-group double-blind, randomized controlled trial. 70 pregnant women will be randomly divided into two groups of 35 each using a table of random numbers.

##### Settings and conduct

This is a double blind randomized controlled trial. study Population consist of pregnant women who are undergoing cesarean section for the first time. The setting of study are two hospitals (Hazrat-e Rasool Akram and firooz Abadi) affiliated to Iran University of Medical of Science. Study objectives will be explained to pregnant women who are candidate for cesarean section and informed written consent will be taken. 70 Pregnant women will be randomly divided into two groups (intervention and control) by using computer-generated table of random numbers. In the intervention group, cesarean section incision will be closed with new technique. In the control, group cesarean section incision will be closed by conventional technique. Double blinding (blinding participants, and investigators consist of interpreter statistician and sonologist) will be used to reduce the selection bias.

##### Participants/Inclusion and exclusion criteria

Population of study are pregnant women who are undergoing cesarean section for the first time.

##### Intervention groups

There will be two intervention and control groups in this study. In the intervention group, cesarean section incision will be closed with the new technique. In control group, cesarean section incision will be closed by the conventional technique.

##### Main outcome variables

The primary outcomes are uterine closure time and

primary postpartum hemorrhage. The secondary outcome is to compare the residual myometrial thickness and the depth of cesarean section scar defect after uterine incision closure using the new technique with the conventional technique.

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20160527028109N2**

Registration date: **2018-03-06, 1396/12/15**

Registration timing: **prospective**

Last update: **2018-03-06, 1396/12/15**

Update count: **0**

##### Registration date

2018-03-06, 1396/12/15

##### Registrant information

##### Name

Kobra Tahermanesh

##### Name of organization / entity

Iran University of Medical Sciences

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 6435 2562

##### Email address

tahermanesh.k@iums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2018-03-21, 1397/01/01

##### Expected recruitment end date

2019-03-21, 1398/01/01

**Actual recruitment start date**

empty

**Actual recruitment end date**

empty

**Trial completion date**

empty

**Scientific title**

Evaluation of a new method used for uterine closure during cesarean section on the integrity and thickness of uterine scar.

**Public title**

Evaluation of a new method used for uterine closure during cesarean section on the integrity and thickness of uterine scar.

**Purpose**

Treatment

**Inclusion/Exclusion criteria****Inclusion criteria:**

Pregnant women submitted to cesarean section for the first time

**Exclusion criteria:**

Presence of uterine anomalies with or without previous repair. Presence of uterine myoma at the site of caesarean incision History of myomectomy at site of caesarean incision Presence of placenta previa and placenta accrete. Prolonged rupture of membranes without chorioamnionitis criteria (consist of fever, uterine tenderness...) Rupture of membranes with chorioamnionitis criteria (consist of fever, uterine tenderness...)

**Age**

No age limit

**Gender**

Female

**Phase**

N/A

**Groups that have been masked**

- Participant
- Investigator
- Data analyser

**Sample size**

Target sample size: **70**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

In this study 70 pregnant women will be divided into two groups of 35 each using a computer-generated table of random numbers.

**Blinding (investigator's opinion)**

Double blinded

**Blinding description**

Double blinding (blinding participants, and investigators consisting of statistician and specialist in sonography) will be used to reduce the selection bias.

**Placebo**

Not used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethics committee of Iran University of Medical Sciences

**Street address**

Iran University of Medical Sciences, Hemmat Highway, Tehran

**City**

Tehran

**Province**

Tehran

**Postal code**

1449614535

**Approval date**

2017-12-14, 1396/09/23

**Ethics committee reference number**

IR.IUMS.REC 1396.32133

**Health conditions studied****1****Description of health condition studied**

New method for uterine closure during cesarean delivery

**ICD-10 code****ICD-10 code description****Primary outcomes****1****Description**

The primary outcomes are uterine closure time and primary postpartum hemorrhage.

**Timepoint**

During and the day after surgery

**Method of measurement**

Chronometer, Complete Blood Count(CBC), Medical records of patients

**Secondary outcomes****1****Description**

The secondary outcome is to compare the residual myometrial thickness and the depth of cesarean section scar defect after uterine incision closure using the new technique with the conventional method.

**Timepoint**

3 months after the surgery

**Method of measurement**

Ultrasound examination will be performed 3 months after the operation to assess the integrity of scar by

measuring the residual myometrial thickness and the depth of the possible scar defect.

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## Intervention groups

### 1

#### Description

Intervention group: In intervention group cesarean section incision will be closed with new technique. The surgical technique in this group is described as follows: Step 1. After securing the angle of the incision, a full thickness needle bite is taken starting 1 cm away from the margin of the incision and coming out in an oblique fashion at the junction of the myometrium and decidua of the lower edge of the incision. We then enter at the junction of the myometrium and decidua of the upper edge of the incision, and come out 1 cm away from the margin of the upper edge. Step 2. Without changing the direction of the needle, a superficial bite about 0.5 cm away from the edge of incision with depth of 0.5 cm is encircling the outer margins. Step 3. At this stage, two loose loops are formed at the cranial and caudal end. The assistant will pull the first and then the second loops until the loops get tightened by pulling the thread. The surgeon continues the same process for the next bite. This technique will ensure full thickness decidua-to-decidua, myometrium-to-myometrium and serosa-to-serosa approximation of the uterine cut margins with good homeostasis. Antibiotic administration is according to the standard protocol.

#### Category

Treatment - Surgery

### 2

#### Description

In control group cesarean section incision will be closed by the conventional technique.

#### Category

Treatment - Surgery

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Rasoul Akram hospital

##### Full name of responsible person

Kobra Tahermanesh

##### Street address

Rasoul Akram Hospital, Satarkhan St, Tehran

##### City

Tehran

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##### Postal code

1449614535

##### Phone

+98 21 6650 9283

##### Email

### 2

#### Recruitment center

##### Name of recruitment center

Firooz Abadi hospital

##### Full name of responsible person

Kobra Tahermanesh

##### Street address

Firooz Abadi Hospital, Fadayan-e-Eslam, Tehran

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## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Iran University of Medical Sciences

##### Full name of responsible person

Vice Chancellor for Administration of Iran University of Medical Sciences (IUMS)

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Iran University of Medical Science, Hemmat Highway, Tehran

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#### Grant name

#### Grant code / Reference number

#### Is the source of funding the same sponsor organization/entity?

Yes

#### Title of funding source

Iran University of Medical Sciences

#### Proportion provided by this source

100

#### Public or private sector

Public

#### Domestic or foreign origin

Domestic

#### Category of foreign source of funding

empty

#### Country of origin

#### Type of organization providing the funding

Academic

## Person responsible for general inquiries

### Contact

**Name of organization / entity**

Iran University of Medical Sciences

**Full name of responsible person**

Kobra Tahermanesh

**Position**

Assistant professor

**Latest degree**

Subspecialist

**Other areas of specialty/work**

Gynecology and Obstetrics

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## Person responsible for scientific inquiries

### Contact

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**Full name of responsible person**

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**Position**

Assistant professor

**Latest degree**

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**Other areas of specialty/work**

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## Person responsible for updating data

### Contact

**Name of organization / entity**

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**Full name of responsible person**

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**Position**

Assistant professor

**Latest degree**

Specialist

**Other areas of specialty/work**

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## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

No - There is not a plan to make this available

**Justification/reason for indecision/not sharing IPD**

There is no more information.

**Study Protocol**

No - There is not a plan to make this available

**Statistical Analysis Plan**

No - There is not a plan to make this available

**Informed Consent Form**

No - There is not a plan to make this available

**Clinical Study Report**

Yes - There is a plan to make this available

**Analytic Code**

No - There is not a plan to make this available

**Data Dictionary**

No - There is not a plan to make this available

**Title and more details about the data/document**

There is no more information

**When the data will become available and for how long**

After article publishing

**To whom data/document is available**

Academic researchers

**Under which criteria data/document could be used**

There is no more information

**From where data/document is obtainable**

Endometriosis Research Center 0098 21 66509283

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**What processes are involved for a request to access data/document**

There is no more information

**Comments**