

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

19 Jun 2026

### Study The Efficacy of Eye Movements Desensitization and Reprocessing on the Severity of Suicidal Thoughts in patients with major depressive disorder

#### Protocol summary

##### Study aim

The Efficacy of Eye Movements Desensitization and Reprocessing on the Severity of Suicidal Thoughts in patients with major depressive disorder

##### Design

70 cases of patients with major depressive disorder who have had suicidal thoughts, mental hospital by doctor in psychiatry were admitted, for sampling are available. After a full explanation of the objectives of the study and informed consent, with the random assignment method of sand control in one of two groups (n = 35) and experimental (n = 35)

##### Settings and conduct

This study was a clinical trial study was that in the year 2017 to 2018 in Shahid Rajaee Hospital Psychiatry Yasooj

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: patients with a diagnosis of major depressive disorder (DSM-V (based on scale by psychiatrists are admitted and have suicidal thoughts, the lack of a history of suicide, seizures, strabismus, and vision problems. the exit criteria include: the patient's intolerance towards the method of therapy, the patient's dispatch centres de The novel was completed and the lack of other therapeutic sessions

##### Intervention groups

Eye movements with the sensitivity of the method of removing and processing again 9 one-hour session per session, every week one day in the midst of a solo during the week and in the room The advice was taken. In the first and last meeting of scale Beck suicidal thoughts before and after each session was completed by patients and control group: no intervention on behalf of the researcher Took and just get in the routine care

##### Main outcome variables

suicide thought.

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20171231038152N1**

Registration date: **2018-09-16, 1397/06/25**

Registration timing: **retrospective**

Last update: **2018-09-16, 1397/06/25**

Update count: **0**

##### Registration date

2018-09-16, 1397/06/25

##### Registrant information

##### Name

Abdolhadi Jahanfar

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 74 3322 0162

##### Email address

a.jahanfar@fums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2018-01-10, 1396/10/20

##### Expected recruitment end date

2018-07-21, 1397/04/30

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

**Scientific title**

Study The Efficacy of Eye Movements Desensitization and Reprocessing on the Severity of Suicidal Thoughts in patients with major depressive disorder

**Public title**

The impact on the sensitivity of the method of removing suicidal thoughts

**Purpose**

Treatment

**Inclusion/Exclusion criteria****Inclusion criteria:**

, the diagnostic criteria for major depressive disorder has on the basis of the scale of the DSM-IV and has suicidal thoughts suicidal thoughts based on ascale, Beck Patients do not have a history of suicide Strabismus is vision problems will not be A history of febrile seizure will not be The age range is between twenty and sixty years

**Exclusion criteria:**

The patient is unable to tolerate the eye with movements sensitivity therapy tool and process again Sending patients to other medical centers, do not complete the treatment sessions

**Age**

From **20 years** old to **63 years** old

**Gender**

Both

**Phase**

N/A

**Groups that have been masked**

*No information*

**Sample size**

Target sample size: **70**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

70 cases of patients with major depressive disorder who have had suicidal thoughts, mental hospital by doctor in psychiatry were admitted, for sampling available. after a thorough explanation of the objectives of the study and informed consent, with the random assignment method of sand in one of two group Control (n = 35) and experimental (n = 35)

**Blinding (investigator's opinion)**

Not blinded

**Blinding description****Placebo**

Not used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee**

**Name of ethics committee**

Ethics committee of fasa University of Medical Sciences

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**Approval date**

2017-12-12, 1396/09/21

**Ethics committee reference number**

IR.FUMS.REC.1396.280

**Health conditions studied****1****Description of health condition studied**

Major depressive disorder, suicidal thoughts

**ICD-10 code**

F32.3

**ICD-10 code description**

Major depressive disorder, single episode, severe with psychotic features

**Primary outcomes****1****Description**

suicide thought

**Timepoint**

The intensity of suicidal thoughts in the first session and three weeks later at the latest meeting of the measure to be

**Method of measurement**

beck suicide scale

**Secondary outcomes**

empty

**Intervention groups****1****Description**

"Intervention group": In order to intervene in the intervention group, the researcher initially acquainted the patient with an eye-de-dysmotilator and re-treatment and familiarity with her confidence in the study. An Eye Dehumidification and Reprocessing Method is an eight-stage method that emphasizes the physiological information processing and treatment of mental health problems. In the first stage, injuries from suicidal thoughts and the first thought of suicide with the trauma were identified and necessary measures were taken for treatment. The second stage was the explanation of the process, the effects, the description of the expectations of the patient and the preparation of the patient for the

implementation of the treatment. Third, the identification of memories, images, symbols, the most disturbing visual image associated with suicidal thoughts, patient beliefs about the incident, physical senses associated with post-incident beliefs, and a positive belief in identifying and prioritizing previous beliefs. Replaced. The fourth step is to focus on the patient's negative belief, follow-up of the therapist's fingertip within the patient's vision, asking the patient to follow the movements of the fingers, and repeating this until the patient's mental discomfort level reaches zero or at least. In the fifth stage, rehabilitation and empowerment of the patient's positive beliefs were made. Sixth stage of the discomfort and remaining physical pressure were controlled and focused on the level of reduction and fading during the treatment. The seventh stage of the frightening images, the thoughts or emotions experienced during the treatment, the events described, the thoughts, conditions, dreams, memories by the patient, and the stability of the patient, the completion of the treatment sessions and preparing the patient to leave the treatment sessions was ensured. . Eighth stage The patient focused on previously processed goals and assessed the extent of achieving therapeutic goals. One of the therapeutic components in the eye-retardation and re-processing method is the visual follow-up of the therapist's finger motion as the patient eventually implies a traumatic scene. The patient was following the rapid movements of the therapist's finger across his field of vision, with rapid eye movement. The therapist's finger was about 30 cm from the eyes of the subject and moved from right to left and vice versa in the patient's field of vision. This move included two rounds to the sides in one second, which was a cycle, and each 24-12 cycles were a set. After each set, the therapist asked the patient to stop the visualization of the scene and lean back into his chair and breathe deeply. The process is repeated to the extent that the levels of mental disorientation units are zero or minimized based on the patient's level of motivation and need for it. At last, the Beck Suicidal Thoughts Severity Questionnaire was completed by patients

**Category**

Treatment - Other

**2**

**Description**

"Control group": In the control group, no interventions are performed by the investigator. Patients receive their routine treatments. At the first session and the end of the third week, the individual characteristics and the severity of the suicidal thoughts will be completed again

**Category**

Treatment - Other

**Recruitment centers**

**1**

**Recruitment center**

**Name of recruitment center**

Rajaye hospital Yasoj  
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**Sponsors / Funding sources**

**1**

**Sponsor**

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 Fasa University of Medical Sciences  
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**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Fasa University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

empty

**Country of origin**

**Type of organization providing the funding**

Academic

**Person responsible for general inquiries**

**Contact**

**Name of organization / entity**  
 Fasa University of Medical Sciences  
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## Person responsible for scientific inquiries

### Contact

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## Person responsible for updating data

### Contact

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## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

### Study Protocol

Yes - There is a plan to make this available

### Statistical Analysis Plan

Yes - There is a plan to make this available

### Informed Consent Form

Yes - There is a plan to make this available

### Clinical Study Report

Yes - There is a plan to make this available

### Analytic Code

Yes - There is a plan to make this available

### Data Dictionary

Yes - There is a plan to make this available

### Title and more details about the data/document

Part of the data, such as information relating to the main outcomes are sharing ghlble

### When the data will become available and for how long

A year later out of print results

### To whom data/document is available

Researchers working at the University

### Under which criteria data/document could be used

Any data type is not allowed on analysis

### From where data/document is obtainable

Abdolhadi Jahanfar, Yasoj, Emam sajad hospital,00989171453841

### What processes are involved for a request to access data/document

The demand through theEmail

### Comments