

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

29 Jun 2026

### Investigating the Effect of Training on Patients with Domestic Violence on Anger Control Skills

#### Protocol summary

##### Study aim

Determining the Impact of Teaching A Study on the Effectiveness of problem solving skills and assertiveness training on increasing self-esteem and mental health of elementary school students

##### Design

A clinical trial was conducted with a control group with parallel and randomized groups. Each group was randomly assigned to 44 subjects.

##### Settings and conduct

Imam Ali Hospital, Isfahan

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: Women aged 20-60 years, history of domestic violence in the past 3 months, consent to participate in the study, reading and writing skills;  
Exclusion criteria: Having any chronic illness that needs special care and disturbing your daily routine, such as dialysis or mental disorder

##### Intervention groups

In this study, 88 women who had a history of violence in the family according to the results of the screening of violence screening were selected, available randomly among them, 44 of whom were randomly selected as The intervention group and 44 people are selected as the control group.

##### Main outcome variables

Effect of Comprehensive Anger and Violence Prevention Training on Anger Control Skills

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20171230038142N1**

Registration date: **2018-07-12, 1397/04/21**

Registration timing: **registered\_while\_recruiting**

Last update: **2018-07-12, 1397/04/21**

Update count: **0**

##### Registration date

2018-07-12, 1397/04/21

##### Registrant information

###### Name

Khosro Tavakol

###### Name of organization / entity

###### Country

Iran (Islamic Republic of)

###### Phone

+98 31 3792 9134

###### Email address

tavakol@nm.mui.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2018-05-10, 1397/02/20

##### Expected recruitment end date

2019-03-16, 1397/12/25

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Investigating the Effect of Training on Patients with Domestic Violence on Anger Control Skills

##### Public title

Study of Domestic Violence Patients on Anger Control Skills

##### Purpose

Education/Guidance

##### Inclusion/Exclusion criteria

**Inclusion criteria:**

Women aged 20 to 60 years In the last three months, it has been exposed to domestic violence Satisfaction with participation in the study Have reading and writing skills

**Exclusion criteria:**

Having any chronic illness that needs special care and disturbing your daily routine, such as dialysis or mental disorder

**Age**

From **20 years** old to **60 years** old

**Gender**

Female

**Phase**

N/A

**Groups that have been masked**

- Data analyser

**Sample size**

Target sample size: **88**

Actual sample size reached: **88**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

The sampling method was a non-probabilistic one in the sense that all patients who were included in the screening for violence screening, exposure to violence and eligible for inclusion in the study were included in the study and then randomly assigned to SPSS In both intervention and control groups.

**Blinding (investigator's opinion)**

Single blinded

**Blinding description**

After unidentified patients by the researcher, the information was provided to a data analysis expert.

**Placebo**

Not used

**Assignment**

Parallel

**Other design features**

**Secondary Ids**

empty

**Ethics committees**

**1**

**Ethics committee**

**Name of ethics committee**

Isfahan University of Medical Sciences

**Street address**

Isfahan University of Medical Sciences, Hazar Jarib Street

**City**

Esfahan

**Province**

Isfahan

**Postal code**

81746-73461

**Approval date**

2018-05-06, 1397/02/16

**Ethics committee reference number**

IR.MUI.RES.1397.3.030

**Health conditions studied**

**1**

**Description of health condition studied**

Patients exposed to domestic violence

**ICD-10 code**

**ICD-10 code description**

**Primary outcomes**

**1**

**Description**

The score in the Anger Control Skill and the Violent Collaboration Checklist

**Timepoint**

Measure anger control skill before intervention and 3 months from the end of the course

**Method of measurement**

Anger Control Skill Questionnaire and Violent Collaboration Checklist

**Secondary outcomes**

empty

**Intervention groups**

**1**

**Description**

Intervention group: Conduct 4 scheduled and scheduled training sessions based on training and prevention of violence control skills.

**Category**

Prevention

**2**

**Description**

Control group: Will not receive training.

**Category**

Prevention

**Recruitment centers**

**1**

**Recruitment center**

**Name of recruitment center**

Imam Ali Hospital, Isfahan

**Full name of responsible person**

Parastoo Golshiri

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## Sponsors / Funding sources

### 1

#### Sponsor

**Name of organization / entity**  
Esfahan University of Medical Sciences  
**Full name of responsible person**  
Parastoo Golshiri  
**Street address**  
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#### Grant name

#### Grant code / Reference number

#### Is the source of funding the same sponsor organization/entity?

Yes

#### Title of funding source

Esfahan University of Medical Sciences

#### Proportion provided by this source

100

#### Public or private sector

Public

#### Domestic or foreign origin

Domestic

#### Category of foreign source of funding

*empty*

#### Country of origin

#### Type of organization providing the funding

Academic

## Person responsible for general inquiries

#### Contact

**Name of organization / entity**  
Esfahan University of Medical Sciences  
**Full name of responsible person**  
Parastoo Golshiri  
**Position**  
Associate Professor  
**Latest degree**

Specialist  
**Other areas of specialty/work**  
Public Health/Community Medicine  
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## Person responsible for scientific inquiries

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## Person responsible for updating data

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**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

Yes - There is a plan to make this available

**Study Protocol**

Yes - There is a plan to make this available

**Statistical Analysis Plan**

Yes - There is a plan to make this available

**Informed Consent Form**

Yes - There is a plan to make this available

**Clinical Study Report**

Not applicable

**Analytic Code**

Yes - There is a plan to make this available

**Data Dictionary**

Yes - There is a plan to make this available

**Title and more details about the data/document**

The information can be provided to other researchers after being unidentifiable and also after the approval of the educational and research deputy of the Isfahan University of Medical Sciences three years after the publication of the article.

**When the data will become available and for how long**

Three years after printing results

**To whom data/document is available**

Researchers, Medical students and Professors, Psychologists and Psychiatrists

**Under which criteria data/document could be used**

If a researcher quantitatively and qualitatively compares his data with the available data, after obtaining a qualification from the educational and research deputy of the Isfahan University of Medical Sciences.

**From where data/document is obtainable**

Deputy of Education and Research Deputy of Isfahan University of Medical Sciences

**What processes are involved for a request to access data/document**

After receiving permission from the educational deputy and research deputy of the Isfahan University of Medical Sciences, please inform the responsible person.

**Comments**