

Clinical Trial Protocol

Iranian Registry of Clinical Trials

29 Jun 2026

Investigating the Effect of Training on Patients with Domestic Violence on Anger Control Skills

Protocol summary

Study aim

Determining the Impact of Teaching A Study on the Effectiveness of problem solving skills and assertiveness training on increasing self-esteem and mental health of elementary school students

Design

A clinical trial was conducted with a control group with parallel and randomized groups. Each group was randomly assigned to 44 subjects.

Settings and conduct

Imam Ali Hospital, Isfahan

Participants/Inclusion and exclusion criteria

Inclusion criteria: Women aged 20-60 years, history of domestic violence in the past 3 months, consent to participate in the study, reading and writing skills;
Exclusion criteria: Having any chronic illness that needs special care and disturbing your daily routine, such as dialysis or mental disorder

Intervention groups

In this study, 88 women who had a history of violence in the family according to the results of the screening of violence screening were selected, available randomly among them, 44 of whom were randomly selected as The intervention group and 44 people are selected as the control group.

Main outcome variables

Effect of Comprehensive Anger and Violence Prevention Training on Anger Control Skills

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20171230038142N1**

Registration date: **2018-07-12, 1397/04/21**

Registration timing: **registered_while_recruiting**

Last update: **2018-07-12, 1397/04/21**

Update count: **0**

Registration date

2018-07-12, 1397/04/21

Registrant information

Name

Khosro Tavakol

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 31 3792 9134

Email address

tavakol@nm.mui.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2018-05-10, 1397/02/20

Expected recruitment end date

2019-03-16, 1397/12/25

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Investigating the Effect of Training on Patients with Domestic Violence on Anger Control Skills

Public title

Study of Domestic Violence Patients on Anger Control Skills

Purpose

Education/Guidance

Inclusion/Exclusion criteria

Inclusion criteria:

Women aged 20 to 60 years In the last three months, it has been exposed to domestic violence Satisfaction with participation in the study Have reading and writing skills

Exclusion criteria:

Having any chronic illness that needs special care and disturbing your daily routine, such as dialysis or mental disorder

Age

From **20 years** old to **60 years** old

Gender

Female

Phase

N/A

Groups that have been masked

- Data analyser

Sample size

Target sample size: **88**

Actual sample size reached: **88**

Randomization (investigator's opinion)

Randomized

Randomization description

The sampling method was a non-probabilistic one in the sense that all patients who were included in the screening for violence screening, exposure to violence and eligible for inclusion in the study were included in the study and then randomly assigned to SPSS In both intervention and control groups.

Blinding (investigator's opinion)

Single blinded

Blinding description

After unidentified patients by the researcher, the information was provided to a data analysis expert.

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Isfahan University of Medical Sciences

Street address

Isfahan University of Medical Sciences, Hazar Jarib Street

City

Esfahan

Province

Isfahan

Postal code

81746-73461

Approval date

2018-05-06, 1397/02/16

Ethics committee reference number

IR.MUI.RES.1397.3.030

Health conditions studied

1

Description of health condition studied

Patients exposed to domestic violence

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

The score in the Anger Control Skill and the Violent Collaboration Checklist

Timepoint

Measure anger control skill before intervention and 3 months from the end of the course

Method of measurement

Anger Control Skill Questionnaire and Violent Collaboration Checklist

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: Conduct 4 scheduled and scheduled training sessions based on training and prevention of violence control skills.

Category

Prevention

2

Description

Control group: Will not receive training.

Category

Prevention

Recruitment centers

1

Recruitment center

Name of recruitment center

Imam Ali Hospital, Isfahan

Full name of responsible person

Parastoo Golshiri

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Isfahan University of Medical Sciences, Hazar Jarib Street

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Sponsors / Funding sources

1

Sponsor

Name of organization / entity
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Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Esfahan University of Medical Sciences
Proportion provided by this source
100
Public or private sector
Public
Domestic or foreign origin
Domestic
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact

Name of organization / entity
Esfahan University of Medical Sciences
Full name of responsible person
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Position
Associate Professor
Latest degree

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Sharing plan**Deidentified Individual Participant Data Set (IPD)**

Yes - There is a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Yes - There is a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Not applicable

Analytic Code

Yes - There is a plan to make this available

Data Dictionary

Yes - There is a plan to make this available

Title and more details about the data/document

The information can be provided to other researchers after being unidentifiable and also after the approval of the educational and research deputy of the Isfahan University of Medical Sciences three years after the publication of the article.

When the data will become available and for how long

Three years after printing results

To whom data/document is available

Researchers, Medical students and Professors, Psychologists and Psychiatrists

Under which criteria data/document could be used

If a researcher quantitatively and qualitatively compares his data with the available data, after obtaining a qualification from the educational and research deputy of the Isfahan University of Medical Sciences.

From where data/document is obtainable

Deputy of Education and Research Deputy of Isfahan University of Medical Sciences

What processes are involved for a request to access data/document

After receiving permission from the educational deputy and research deputy of the Isfahan University of Medical Sciences, please inform the responsible person.

Comments