

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

04 Jul 2026

### Investigating the effect of family-centered empowerment model on severity of depression in patients with major depressive disorder

#### Protocol summary

##### Study aim

The effect of family model in depression in qazvin

##### Design

2group Azmoon group and control group 70 member  
Consort

##### Settings and conduct

In depression disease In educational center in qazvin

##### Participants/Inclusion and exclusion criteria

Ayal: Patients who come to Qazvin's educational and therapeutic centers. Patients diagnosed with depression by the doctor. Patients living in Qazvin province. Have at least literacy and reading. At least 16 years of age. Training is available for patients admitted to near-discharge and outpatient patients after diagnosis is confirmed. Patients referring to educational and therapeutic centers of Qazvin.

##### Intervention groups

2group Azmoon group. Cobtrol group

##### Main outcome variables

Aqe,year, job,education

#### General information

##### Reason for update

##### Acronym

Qds

##### IRCT registration information

IRCT registration number: **IRCT20180213038722N1**

Registration date: **2018-02-21, 1396/12/02**

Registration timing: **retrospective**

Last update: **2018-02-21, 1396/12/02**

Update count: **0**

##### Registration date

2018-02-21, 1396/12/02

##### Registrant information

##### Name

Ehsan Ghadami

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 28 3366 6412

##### Email address

nursingpublicaffairs@qums.ac.ir

##### Recruitment status

##### Recruitment complete

##### Funding source

##### Expected recruitment start date

2016-11-06, 1395/08/16

##### Expected recruitment end date

2017-07-01, 1396/04/10

##### Actual recruitment start date

2016-11-05, 1395/08/15

##### Actual recruitment end date

2017-05-26, 1396/03/05

##### Trial completion date

empty

##### Scientific title

Investigating the effect of family-centered empowerment model on severity of depression in patients with major depressive disorder

##### Public title

family-centered empowerment model on severity of depression

##### Purpose

Education/Guidance

##### Inclusion/Exclusion criteria

##### Inclusion criteria:

Patient with age of 16 Patient that go to center of in qazvin Patient that has depression diagnosis Patient that live in qazvin

##### Exclusion criteria:

Patient has body disease Patient has sycho disease with body symptom

**Age**

From **16 years** old to **80 years** old

**Gender**

Both

**Phase**

N/A

**Groups that have been masked**

*No information*

**Sample size**

Target sample size: **70**

Actual sample size reached: **70**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

Sampling is available randomly, which is extracted from the inside of the bag by means of a white and black nut.

**Blinding (investigator's opinion)**

Not blinded

**Blinding description****Placebo**

Not used

**Assignment**

Single

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethic committee of qazvin univrsity

**Street address**

Motaharibldv tondgoyan aley number371

**City**

Qazvin

**Province**

Qazvin

**Postal code**

۳۴۱۴۶۷۴۵۳۹

**Approval date**

2016-10-19, 1395/07/28

**Ethics committee reference number**

IR.QUMS.REC.1395.168

**Health conditions studied****1****Description of health condition studied**

Efect of family in depression

**ICD-10 code****ICD-10 code description****Primary outcomes****1****Description**

Severity of depression

**Timepoint**

6month after educatiob

**Method of measurement**

Bec test

**Secondary outcomes**

empty

**Intervention groups****1****Description**

Intervention group: education about cause.taxes.sign in depression control group:nott practice and education in this group

**Category**

Behavior

**Recruitment centers****1****Recruitment center****Name of recruitment center**

22bahman .bo ali Qazvin

**Full name of responsible person**

Ehsan ghadami

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**Phone**

+98 28 3366 6412

**Email**

E.ghadami211@gmail.com

**Sponsors / Funding sources****1****Sponsor****Name of organization / entity**

Qazvin University of Medical Sciences

**Full name of responsible person**

Ehsan ghadami

**Street address**

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**Province**

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3414674539

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**Email**

E.ghadami211@gmail.com

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Qazvin University of Medical Sciences

**Proportion provided by this source**

10

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

empty

**Country of origin**

**Type of organization providing the funding**

Academic

**Person responsible for general inquiries**

**Contact**

**Name of organization / entity**

Qazvin University of Medical Sciences

**Full name of responsible person**

Ehsan ghadami

**Position**

Nurse

**Latest degree**

Bachelor

**Other areas of specialty/work**

Nursery

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**Email**

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**Person responsible for scientific inquiries**

**Contact**

**Name of organization / entity**

Qazvin University of Medical Sciences

**Full name of responsible person**

Ehsanghadami

**Position**

Nurse

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**Person responsible for updating data**

**Contact**

**Name of organization / entity**

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**Sharing plan**

**Deidentified Individual Participant Data Set (IPD)**

Yes - There is a plan to make this available

**Study Protocol**

Yes - There is a plan to make this available

**Statistical Analysis Plan**

Yes - There is a plan to make this available

**Informed Consent Form**

Yes - There is a plan to make this available

**Clinical Study Report**

Yes - There is a plan to make this available

**Analytic Code**

Yes - There is a plan to make this available

**Data Dictionary**

Yes - There is a plan to make this available

**Title and more details about the data/document**

The perfect of data are response

**When the data will become available and for how long**

6month after data analyse and result

**To whom data/document is available**

General people

**Under which criteria data/document could be used**

In educational of sycho education and hopital

**From where data/document is obtainable**

Ehsan ghadami qazvin medical university

**What processes are involved for a request to access data/document**

After question and request after 1 month

**Comments**