Clinical Trial Protocol
Iranian Registry of Clinical Trials

17 Sep 2026

Investigating the effect of family-centered empowerment model on severity of depression in patients with major depressive disorder

Protocol summary

Study aim
The efect of family model in depression in qazvin
Design
2group Azmoon group and control group 70 member Consort
Settings and conduct
In depresdion disease In educational center in qazvin
Participants/Inclusion and exclusion criteria
Ayal: Patients who come to Qazvin's educational and therapeutic centers. Patients diagnosed with depression by the doctor. Patients living in Qazvin province. Have at least literacy and reading. At least 16 years of age. Training is available for patients admitted to near-discharge and outpatient patients after diagnosis is confirmed. Patients referring to educational and therapeutic centers of Qazvin.
Intervention groups
2group Azmoon group. Cobtrol group
Main outcome variables
Aqe,year, job,eduction

General information

Reason for update
Acronym
Qds
IRCT registration information
IRCT registration number: **IRCT20180213038722N1**
Registration date: **2018-02-21, 1396/12/02**
Registration timing: **retrospective**

Last update: **2018-02-21, 1396/12/02**
Update count: **0**
Registration date
2018-02-21, 1396/12/02

Registrant information
Name
Ehsan Ghadami
Name of organization / entity
Country
Iran (Islamic Republic of)
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+98 28 3366 6412
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nursingpublicaffairs@qums.ac.ir

Recruitment status
Recruitment complete
Funding source

Expected recruitment start date
2016-11-06, 1395/08/16
Expected recruitment end date
2017-07-01, 1396/04/10
Actual recruitment start date
2016-11-05, 1395/08/15
Actual recruitment end date
2017-05-26, 1396/03/05
Trial completion date
empty

Scientific title
Investigating the effect of family-centered empowerment model on severity of depression in patients with major depressive disorder

Public title
family-centered empowerment model on severity of depression
Purpose
Education/Guidance
Inclusion/Exclusion criteria
Inclusion criteria:
Patient with age of16 Patient that go to center of in qazvim Patient that has depresson diagnos Patient that live in qazvin
Exclusion criteria:
Patient has bady disease Patient ha sycho disease with body symptom

Age
From **16 years** old to **80 years** old
Gender
Both

Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **70**
Actual sample size reached: **70**
Randomization (investigator's opinion)
Randomized
Randomization description
Sampling is available randomly, which is extracted from the inside of the bag by means of a white and black nut.
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Single
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Ethic comittee of qazvin univrsity
Street address
Motahariblvd tondgoyan aley number371
City
Qazvin
Province
Qazvin
Postal code
۳۴۱۴۶۷۴۵۳۹
Approval date
2016-10-19, 1395/07/28
Ethics committee reference number
IR.QUMS.REC.1395.168

Health conditions studied

1

Description of health condition studied
Efect of family in depression
ICD-10 code
ICD-10 code description

Primary outcomes

1

Description
Severity of depression
Timepoint
6month after educatiob
Method of measurement
Bec test

Secondary outcomes

empty

Intervention groups

1

Description
Intervention group: education about cause.taxes.sign in depression control group:nott practice and education in this group
Category
Behavior

Recruitment centers

1

Recruitment center
Name of recruitment center
22bahman .bo ali Qazvin
Full name of responsible person
Ehsan ghadami
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E.ghadami211@gmail.com

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Qazvin University of Medical Sciences
Full name of responsible person
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Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Qazvin University of Medical Sciences
Proportion provided by this source
10
Public or private sector
Public
Domestic or foreign origin
Domestic
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact
Name of organization / entity
Qazvin University of Medical Sciences
Full name of responsible person
Ehsan ghadami
Position
Nurse
Latest degree
Bachelor
Other areas of specialty/work
Nursery
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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
Yes - There is a plan to make this available
Study Protocol
Yes - There is a plan to make this available
Statistical Analysis Plan
Yes - There is a plan to make this available
Informed Consent Form
Yes - There is a plan to make this available
Clinical Study Report
Yes - There is a plan to make this available
Analytic Code
Yes - There is a plan to make this available
Data Dictionary
Yes - There is a plan to make this available
Title and more details about the data/document
The perfect of data are response
When the data will become available and for how long
6month after data analyse and result

To whom data/document is available

General people

Under which criteria data/document could be used

In educational of sycho education and hopital

From where data/document is obtainable

Ehsan ghadami qazvin medical university

What processes are involved for a request to access data/document

After question and requestafter 1month

Comments