

Clinical Trial Protocol

Iranian Registry of Clinical Trials

27 Jul 2026

the Effect of Motivational-Enhancement Therapy (MET) on the Pattern of postpartum drug use in addicted women referring to Afzali Pour kerman Hospital in 2018

Protocol summary

Study aim

Determining the Effect of Motivational-Enhancement Therapy (MET) on the pattern of drug use after delivery in addicted women

Design

At the beginning sampling is with access method that including all addicted postpartum women, they will then be randomly assigned to control and intervention groups

Settings and conduct

This study is an experimental interventional study with pretest and post_test design and implemented in afzalipour kerman hospital

Participants/Inclusion and exclusion criteria

Criteria for entering the study: 1 - Women aged 15-45. 2_Willing to participate in the study 3_Addicted depending on the definition of DSM_5

Intervention groups

Intervention group: individuals in this group will participate in four Motivational-Enhancement Therapy, session according to the following program: session 1: familiarity, referral description of a life day, physiological effects of alcohol and drugs session 2: expectation of benefits and drugs, communications, roles. session 3: knowledge of stimulants, role playing technique, problem solving, reward for success. session 4: Determine a goal and readiness for change, re_engagement after a slip. The control group does not receive any counseling.

Main outcome variables

The pattern of consumption pattern of postnatal drug use in addicted women

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20151103024866N13**

Registration date: **2019-01-04, 1397/10/14**

Registration timing: **retrospective**

Last update: **2019-01-04, 1397/10/14**

Update count: **0**

Registration date

2019-01-04, 1397/10/14

Registrant information

Name

Katayoun Alidousti

Name of organization / entity

Kerman University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 34 3132 5219

Email address

alidoosti@kmu.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2018-08-23, 1397/06/01

Expected recruitment end date

2018-11-22, 1397/09/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

the Effect of Motivational-Enhancement Therapy (MET) on the Pattern of postpartum drug use in addicted

women referring to Afzali Pour kerman Hospital in 2018

Public title

Investigating the Effect of Motivational-Enhancement Therapy, on the Pattern of Drug Use

Purpose

Education/Guidance

Inclusion/Exclusion criteria

Inclusion criteria:

Women aged 15-45 They are residents of Kerman. They are addicted depending on the definition of DSM _5, All addicted women who have recently given birth

Exclusion criteria:

Mother's unwillingness to attend counseling use of other relevant counseling services

Age

From **15 years** old to **45 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **60**

Randomization (investigator's opinion)

Randomized

Randomization description

there will be a lottery among addicted women after child birth two groups, intervention group and control group will be resulted.

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Kerman University of Medical Sciences

Street address

Jahad Street

City

Kerman

Province

Kerman

Postal code

7419476196

Approval date

2018-05-22, 1397/03/01

Ethics committee reference number

IR.KMU.REC.1397.213

Health conditions studied

1

Description of health condition studied

Addictive and substance-related disorders

ICD-10 code

F19.1

ICD-10 code description

Other psychoactive substance abuse

Primary outcomes

1

Description

Change the pattern of drug use

Timepoint

Before the intervention and tow week after the intervention is completed

Method of measurement

Questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

En Intervention group: After the pre-test, individual counseling sessions for postpartum addicted women will be provided to the intervention group during 4 sessions of 45 minutes: session 1: familiarity, referral description of a life day, physiological effects of alcohol and drugs session 2: expectation of benefits and drugs, communications, roles. session 3: knowledge of stimulants, role playing technique, problem solving, reward for success. session 4: Determine a goal and readiness for change, re_engagement after a slip. and will be taken post_test at the end of the last meeting. The control group does not receive any counseling.

Category

Lifestyle

2

Description

Control group:The control group will not receive any intervention and only complete the questionnaire

Category

Lifestyle

Recruitment centers

1

Recruitment center

Name of recruitment center

Afzali Educational Center, Kurdistan University of
Medical Sciences

Full name of responsible person

Mahdi Hayat Ebadi

Street address

Haft bagh Alavi

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Province

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Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Kerman University of Medical Sciences

Full name of responsible person

Hamid Reza Rashidi Nezhad

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Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Kerman University of Medical Sciences

Proportion provided by this source

5

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Kerman University of Medical Sciences

Full name of responsible person

Katayon Alidousti

Position

lecturer

Latest degree

Master

Other areas of specialty/work

reproductive health

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the coach

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Other areas of specialty/work

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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Not applicable

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Not applicable

Data Dictionary

Not applicable