

Clinical Trial Protocol

Iranian Registry of Clinical Trials

13 Jul 2026

Effect of education during discharge on quality of life in patients with schizophrenia

Protocol summary

Study aim

Effect of education during discharge on quality of life in patients with schizophrenia.

Design

Two arm parallel group randomized trial with control group

Settings and conduct

Imam Jafar Sadegh Psychiatric Hospital, Yazd Province

Participants/Inclusion and exclusion criteria

Patient with Schizophrenia

Intervention groups

In this study, patients (in two cases and control groups and 32 preseason in each group) with schizophrenia were admitted to the comprehensive psychiatric center of Yazd province were studied. For the test group, in addition to routine programs, the discharge program was performed for 6 hours in the hospital and a routine program was performed for the control group.

Main outcome variables

Quality of life

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20180205038614N1**

Registration date: **2018-05-21, 1397/02/31**

Registration timing: **prospective**

Last update: **2018-05-21, 1397/02/31**

Update count: **0**

Registration date

2018-05-21, 1397/02/31

Registrant information

Name

Atena Dadgari

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 35 3235 8700

Email address

a.dadgari30@gmail.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2018-05-22, 1397/03/01

Expected recruitment end date

2018-06-22, 1397/04/01

Actual recruitment start date

2018-05-22, 1397/03/01

Actual recruitment end date

2018-06-22, 1397/04/01

Trial completion date

empty

Scientific title

Effect of education during discharge on quality of life in patients with schizophrenia

Public title

Effect of education during discharge

Purpose

Education/Guidance

Inclusion/Exclusion criteria

Inclusion criteria:

All patients with schizophrenia There is no record of training in this regard. The patient is living with his wife, family or relatives. Start at least 2 years from the start of the disease. Have literacy to read and write. His focus and attention is such that he can answer questions

Exclusion criteria:

The patient has neurological disorders or mental retardation. The patient has alcohol and substance abuse Detection of their type of disorder during the conduct of

the examination. During the research, there is an unexpected stressful event in the family The patient has delusion and Hallucination

Age

From **20 years** old to **50 years** old

Gender

Both

Phase

3

Groups that have been masked

No information

Sample size

Target sample size: **64**

Actual sample size reached: **64**

Randomization (investigator's opinion)

Randomized

Randomization description

In the research process, initially, patients with entry conditions based on the random allocation table in the test and control group

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Shahid Sadoghi University

Street address

Sadughi Blvd, Bahonar Square

City

یزد

Province

Yazd

Postal code

8915173160

Approval date

2016-01-16, 1394/10/26

Ethics committee reference number

ir.ssu.rec.1394.40

Health conditions studied

1

Description of health condition studied

petient with schizophrenia

ICD-10 code

F20

ICD-10 code description

Schizophrenia

Primary outcomes

1

Description

Quality of life

Timepoint

Before the intervention and one month after the intervention

Method of measurement

Schizophrenic Quality Of Life

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: On the day of discharge, the group was asked to complete the demographic and quality of life questionnaire and on the day of discharge, the intervention program was administered to the patients in the intervention group. . The program included 6 hours of training, which was divided into 3 sessions of 2 hours, 2 hours by nurse, 2 hours second by occupational therapy and 2 hours by psychologist. The patient participated in these meetings with a family member

Category

Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center

Comprehensive Psychiatric Center of Yazd Province

Full name of responsible person

Ghasem Dastgerdi

Street address

Shahid Beheshti Blvd. Taft

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Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Yazd University of Medical Sciences

Full name of responsible person

Hasan Salari

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Bu ali Street,

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8916189165

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H.salari@gmail.com

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Yazd University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Yazd University of Medical Sciences

Full name of responsible person

Atena Dadgari

Position

Faculty Member

Latest degree

Master

Other areas of specialty/work

Psychology

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Person responsible for scientific inquiries

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Person responsible for updating data

Contact

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Yes - There is a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

Yes - There is a plan to make this available

Data Dictionary

Yes - There is a plan to make this available

Title and more details about the data/document

Information on the main consequence of sharing is possible

When the data will become available and for how long

Start the access period 6 months after printing the results

To whom data/document is available

Researchers at academic and academic institutions have access to documentation

Under which criteria data/document could be used

To do research

From where data/document is obtainable

a.dadgari30@gmail.com

What processes are involved for a request to access data/document

تا یک هفته بعد از درخواست پژوهشگر

Comments