Clinical Trial Protocol
Iranian Registry of Clinical Trials

16 Nov 2026

Comparison of the Effect of Communication Skills training Using a Virtual and Workshop method on Social Phobia in Students of Mashhad Nursing and Midwifery Faculty

Protocol summary

Study aim
Comparison of the Effect of Communication Skills training Using Virtual and Workshop on Social Phobia in Students of Mashhad Nursing and Midwifery Faculty

Design
The clinical trial group was divided into three groups: control group, communication skills training, virtual and virtual workshop, which were randomly assigned to these three groups according to the random numbers table. Sample size includes 30 students in Mashhad Nursing and Midwifery Faculty.

Settings and conduct
School of Nursing and Midwifery of Mashhad

Participants/Inclusion and exclusion criteria
Major eligibility criteria for participants: Lack of experience in communication skills training courses, Earn at least 30 scores from the Social Phobia Conor Questionnaire, Knowing the computer and the internet At the preparatory level Major criteria for no eligibility: Failure to follow up virtual training more than once, Unwillingness to continue participating in the study, Absence in workshop Sessiones

Intervention groups
Workshop method: Communication skills training was held during two 5-hour and day-to-day sessions Virtual method: Communication skills training was held through a distance education system in 6 steps, during two days and on a day-to-day basis.

Main outcome variables
Social Phobia

General information

Reason for update

Acronym
-

IRCT registration information
IRCT registration number: **IRCT20151126025250N3**
Registration date: **2018-05-20, 1397/02/30**
Registration timing: **retrospective**

Last update: **2018-05-20, 1397/02/30**
Update count: **0**

Registration date
2018-05-20, 1397/02/30

Registrant information

Name
Saeed Vaghee

Name of organization / entity
Mashhad university of Medical sciences

Country
Iran (Islamic Republic of)

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+98 51 3859 1511

Email address
vaghee@mums.ac.ir

Recruitment status
Recruitment complete

Funding source

Expected recruitment start date
2015-02-04, 1393/11/15

Expected recruitment end date
2015-06-21, 1394/03/31

Actual recruitment start date
2015-02-04, 1393/11/15

Actual recruitment end date
2015-06-21, 1394/03/31

Trial completion date
empty

Scientific title
Comparison of the Effect of Communication Skills training Using a Virtual and Workshop method on Social

Phobia in Students of Mashhad Nursing and Midwifery Faculty

Public title
Comparison of the Effect of Communication Skills training Using Virtual and Workshop on Social Phobia
Purpose
Education/Guidance
Inclusion/Exclusion criteria
Inclusion criteria:
Lack of experience in communication skills training courses Earn at least 30 scores from the Social Phobia Inventory (SPIN) Knowing the computer and the internet At the preparatory level
Exclusion criteria:
Failure to follow up virtual training more than once Unwillingness to continue participating in the study Absence in workshop Sessiones
Age
No age limit
Gender
Both

Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **30**
Actual sample size reached: **30**
Randomization (investigator's opinion)
Randomized
Randomization description
According to the random number table, the participants in the study were placed in one of the virtual or workshop groups
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features
-

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Mashhad University of Medical Sciences, Department of Research
Street address
Vice chancellor for research, Mashhad university of medical sciences, next to the Hovezeh cinema, Daneshgah street, Mashhad
City
Mashhad
Province
Razavi Khorasan
Postal code
9177899191
Approval date
2014-11-19, 1393/08/28
Ethics committee reference number
930430

Health conditions studied

1

Description of health condition studied
Social Phobia
ICD-10 code
F40.1
ICD-10 code description
Social phobias

Primary outcomes

1

Description
Social Phobia
Timepoint
before intervention, after intervention and one month after intervention
Method of measurement
Social Phobia Inventory (SPIN)

Secondary outcomes

empty

Intervention groups

1

Description
workshop method: Communication skills training was held during two 5-hour and day-to-day sessions
Category
Prevention

2

Description
Virtual method: Communication skills training was held through a distance education system in 6 steps, during two days and on a day-to-day basis
Category
Prevention

3

Description
Control group: intervention did not receive
Category
N/A

Recruitment centers

1

Recruitment center

Name of recruitment center
School of Nursing and Midwifery of Mashhad
Full name of responsible person
Saeed Vaghee
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School of Nursing and Midwifery, Ibne-Sina Ave, Doctora Cross, Mashhad
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Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Mashhad University of Medical Sciences
Full name of responsible person
Dr Mohsen Tafaghodi
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Vice chancellor for research, Mashhad University of Medical Sciences, next to the Hovezeh cinema, Daneshgah avenue, Mashhad
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Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Mashhad University of Medical Sciences
Proportion provided by this source
100
Public or private sector
Public
Domestic or foreign origin
Domestic
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact

Name of organization / entity
Mashhad University of Medical Sciences
Full name of responsible person
Saeed Vaghee
Position
Instructor of Psychiatric Nursing
Latest degree
Master
Other areas of specialty/work
Nursery
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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
Yes - There is a plan to make this available

Study Protocol
Yes - There is a plan to make this available

Statistical Analysis Plan
Not applicable

Informed Consent Form
No - There is not a plan to make this available

Clinical Study Report
Not applicable

Analytic Code
Not applicable

Data Dictionary
Not applicable

Title and more details about the data/document
Information on the main outcome is available for sharing پس

When the data will become available and for how long
One year after printing results

To whom data/document is available
My data will only be available to researchers working in academic and academic institutions

Under which criteria data/document could be used
Data will be available with permission from Mashhad University of Medical Sciences

From where data/document is obtainable
Vice chancellor for research, Mashhad University of Medical Sciences

What processes are involved for a request to access data/document
You must apply for a deputy of Mashhad University of Medical Sciences

Comments