

Clinical Trial Protocol

Iranian Registry of Clinical Trials

29 Jun 2026

Comparison of the Effect of Communication Skills training Using a Virtual and Workshop method on Social Phobia in Students of Mashhad Nursing and Midwifery Faculty

Protocol summary

Study aim

Comparison of the Effect of Communication Skills training Using Virtual and Workshop on Social Phobia in Students of Mashhad Nursing and Midwifery Faculty

Design

The clinical trial group was divided into three groups: control group, communication skills training, virtual and virtual workshop, which were randomly assigned to these three groups according to the random numbers table. Sample size includes 30 students in Mashhad Nursing and Midwifery Faculty.

Settings and conduct

School of Nursing and Midwifery of Mashhad

Participants/Inclusion and exclusion criteria

Major eligibility criteria for participants: Lack of experience in communication skills training courses, Earn at least 30 scores from the Social Phobia Conner Questionnaire, Knowing the computer and the internet At the preparatory level Major criteria for no eligibility: Failure to follow up virtual training more than once, Unwillingness to continue participating in the study, Absence in workshop Sessions

Intervention groups

Workshop method: Communication skills training was held during two 5-hour and day-to-day sessions Virtual method: Communication skills training was held through a distance education system in 6 steps, during two days and on a day-to-day basis.

Main outcome variables

Social Phobia

General information

Reason for update

Acronym

-

IRCT registration information

IRCT registration number: **IRCT20151126025250N3**

Registration date: **2018-05-20, 1397/02/30**

Registration timing: **retrospective**

Last update: **2018-05-20, 1397/02/30**

Update count: **0**

Registration date

2018-05-20, 1397/02/30

Registrant information

Name

Saeed Vaghee

Name of organization / entity

Mashhad university of Medical sciences

Country

Iran (Islamic Republic of)

Phone

+98 51 3859 1511

Email address

vaghee@mums.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2015-02-04, 1393/11/15

Expected recruitment end date

2015-06-21, 1394/03/31

Actual recruitment start date

2015-02-04, 1393/11/15

Actual recruitment end date

2015-06-21, 1394/03/31

Trial completion date

empty

Scientific title

Comparison of the Effect of Communication Skills training Using a Virtual and Workshop method on Social

Phobia in Students of Mashhad Nursing and Midwifery Faculty

Public title

Comparison of the Effect of Communication Skills training Using Virtual and Workshop on Social Phobia

Purpose

Education/Guidance

Inclusion/Exclusion criteria

Inclusion criteria:

Lack of experience in communication skills training courses Earn at least 30 scores from the Social Phobia Inventory (SPIN) Knowing the computer and the internet At the preparatory level

Exclusion criteria:

Failure to follow up virtual training more than once Unwillingness to continue participating in the study Absence in workshop Sessions

Age

No age limit

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **30**

Actual sample size reached: **30**

Randomization (investigator's opinion)

Randomized

Randomization description

According to the random number table, the participants in the study were placed in one of the virtual or workshop groups

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

-

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Mashhad University of Medical Sciences, Department of Research

Street address

Vice chancellor for research, Mashhad university of medical sciences, next to the Hovezeh cinema, Daneshgah street, Mashhad

City

Mashhad

Province

Razavi Khorasan

Postal code

9177899191

Approval date

2014-11-19, 1393/08/28

Ethics committee reference number

930430

Health conditions studied

1

Description of health condition studied

Social Phobia

ICD-10 code

F40.1

ICD-10 code description

Social phobias

Primary outcomes

1

Description

Social Phobia

Timepoint

before intervention, after intervention and one month after intervention

Method of measurement

Social Phobia Inventory (SPIN)

Secondary outcomes

empty

Intervention groups

1

Description

workshop method: Communication skills training was held during two 5-hour and day-to-day sessions

Category

Prevention

2

Description

Virtual method: Communication skills training was held through a distance education system in 6 steps, during two days and on a day-to-day basis

Category

Prevention

3

Description

Control group: intervention did not receive

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

School of Nursing and Midwifery of Mashhad

Full name of responsible person

Saeed Vaghee

Street address

School of Nursing and Midwifery, Ibne-Sina Ave,
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Vaghees@mums.ac.ir

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Mashhad University of Medical Sciences

Full name of responsible person

Dr Mohsen Tafaghodi

Street address

Vice chancellor for research, Mashhad University of
Medical Sciences, next to the Hovezeh cinema,
Daneshgah avenue, Mashhad

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vcresearch@mums.ac.ir

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Mashhad University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Mashhad University of Medical Sciences

Full name of responsible person

Saeed Vaghee

Position

Instructor of Psychiatric Nursing

Latest degree

Master

Other areas of specialty/work

Nursery

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Name of organization / entity

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Position

Instructor of psychiatric nursing

Latest degree

Master

Other areas of specialty/work

Nursery

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Person responsible for updating data

Contact

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Not applicable

Informed Consent Form

No - There is not a plan to make this available

Clinical Study Report

Not applicable

Analytic Code

Not applicable

Data Dictionary

Not applicable

Title and more details about the data/document

Information on the main outcome is available for sharing

پس

When the data will become available and for how long

One year after printing results

To whom data/document is available

My data will only be available to researchers working in academic and academic institutions

Under which criteria data/document could be used

Data will be available with permission from Mashhad University of Medical Sciences

From where data/document is obtainable

Vice chancellor for research, Mashhad University of Medical Sciences

What processes are involved for a request to access data/document

You must apply for a deputy of Mashhad University of Medical Sciences

Comments