Clinical Trial Protocol
Iranian Registry of Clinical Trials

17 Sep 2026

The effect of social skills training on emotional intelligence and social skills development in preschoolers

Protocol summary

Study aim
Determining the Effect of Social Skills Training on Emotional Gain and Development of Social Skills of Preschool Children

Design
In this study, 60 pre-school children with the inclusion criteria were randomly selected and divided into two intervention and control groups and each participant is assigned a code.

Settings and conduct
In this study, 60 pre-school boys and girls in Shahroud city will be randomly selected.

Participants/Inclusion and exclusion criteria
Agree to participate in the study; parental education level at reading and writing level; none of the subjects studied in other training classes would be similar to those used in this study.

Intervention groups
Cognitive Strategic Training for Social Skills on Emotional Intelligence and the Development of Social Skills for Children will be taught to the test group in 12 sessions and 30 to 45 minutes long.

Main outcome variables
Emotional genius; the ability of the vocals to develop children's social skills

General information

Reason for update

Acronym
-

IRCT registration information
IRCT registration number: **IRCT20170512033932N3**
Registration date: **2018-05-24, 1397/03/03**
Registration timing: **retrospective**

Last update: **2018-05-24, 1397/03/03**
Update count: **0**

Registration date
2018-05-24, 1397/03/03

Registrant information

Name
Hosein Motahariniya

Name of organization / entity

Country
Iran (Islamic Republic of)

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+98 23 3222 4908

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h_hojjati@aliabadiau.ac.ir

Recruitment status
Recruitment complete

Funding source

Expected recruitment start date
2018-02-20, 1396/12/01

Expected recruitment end date
2018-05-21, 1397/02/31

Actual recruitment start date
empty

Actual recruitment end date
empty

Trial completion date
empty

Scientific title
The effect of social skills training on emotional intelligence and social skills development in preschoolers

Public title
The effect of social skills training on emotional intelligence and social skills development in preschoolers

Purpose
Supportive

Inclusion/Exclusion criteria

Inclusion criteria:
Agree to participate in the study

Exclusion criteria:

Parental education level at reading and writing level None of the subjects studied in other training classes would be similar to those used in this study.

Age

From **6 years** old to **6 years** old

Gender

Both

Phase

2-3

Groups that have been masked

No information

Sample size

Target sample size: **60**

Randomization (investigator's opinion)

Randomized

Randomization description

The random sampling method was randomly assigned to those who entered the study and randomly divided into randomized, randomized, randomized random-assignment (Random allocation rule) to control and control groups.

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

-

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee for Biological Researches at the Azad University of shahrood

Street address

Shahrood Azad University of Chalus Branch

City

Shahrood

Province

Semnan

Postal code

43189-36199

Approval date

2018-04-28, 1397/02/08

Ethics committee reference number

IR.IAU.SHAHROOD.REC.1397.2

Health conditions studied

1

Description of health condition studied

Emotional ingenuity

ICD-10 code

F98.9

ICD-10 code description

Unspecified behavioural and emotional disorders with onset usually occurring in childhood and adolescence

2

Description of health condition studied

social skills

ICD-10 code

Z73.4

ICD-10 code description

Inadequate social skills, not elsewhere classified

Primary outcomes

1

Description

Social skills scores from Matson's social skills questionnaire

Timepoint

Before the intervention begins and after intervention

Method of measurement

Based on total score of social skills

2

Description

Emotional Skills Assessment Questionnaire for Children's Emotional Skills Development

Timepoint

Before the intervention begins and after intervention

Method of measurement

Based on the total score of emotional skills

Secondary outcomes

empty

Intervention groups

1

Description

Training sessions are carried out according to the following: First session Understanding program elements (coach, participants and program framework) Second session addressing the concept of social skills (definition, communication methods and its functions) Third session of classroom skills; Skill obedience to the teacher's instructions for the fourth session. Applying for classroom rules (defining, identifying classroom rules, discussing the logic behind the need to enforce classroom rules, discussing issues that lead to compliance with the rules, as well as those that It weakens and disrupts the implementation of classroom rules Session 5: Introducing the characteristics of a regular student Sixth session Dating skills: Defining the concept of dating and its merits, explaining the

underlying logic of the need to look adorable, smile, define and celebrate the meeting. Seventh Making students familiar with how to communicate with their friends Eighth session Introducing students to ways of respecting others Ninth meeting Familiarizing students with how to perform their ten-year tenure Students' familiarity with the responsibilities of Take over themselves And Responsible 11th session of coping skills; its definitions and functions, the explanation of the basic logic of coping skills, the prevention of the trampling of their rights and the free expression of their positions in interpersonal relations, the introduction of different methods of confrontational meeting of the twelfth summing up

Category

Behavior

2

Description

Control group: there is no special training

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Salam Preschool school in Shahrood city

Full name of responsible person

Bazrkar

Street address

Ave Shahed , Shahrood Town

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Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Islamic Azad University

Full name of responsible person

Ruholah Amini

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Province

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h_hojjati1362@yahoo.com

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Islamic Azad University

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Islamic Azad University

Full name of responsible person

Atena Rezaee

Position

Masters student of children

Latest degree

Master

Other areas of specialty/work

Nursery

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Person responsible for scientific inquiries

Contact

Name of organization / entity

Islamic Azad University

Full name of responsible person

Atena rezaee

Position

Nursing Graduate Student

Latest degree
Master
Other areas of specialty/work
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Person responsible for updating data

Contact
Name of organization / entity
Islamic Azad University
Full name of responsible person
Hamaid Hojjati
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Associate Professor of Nursing
Latest degree
Ph.D.
Other areas of specialty/work
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Sharing plan

Deidentified Individual Participant Data Set (IPD)
Undecided - It is not yet known if there will be a plan to make this available
Study Protocol
Undecided - It is not yet known if there will be a plan to make this available
Statistical Analysis Plan
Undecided - It is not yet known if there will be a plan to make this available
Informed Consent Form
Undecided - It is not yet known if there will be a plan to make this available
Clinical Study Report
Undecided - It is not yet known if there will be a plan to make this available
Analytic Code
Undecided - It is not yet known if there will be a plan to make this available
Data Dictionary
Undecided - It is not yet known if there will be a plan to make this available