

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

08 Jul 2026

### The effect of social skills training on emotional intelligence and social skills development in preschoolers

#### Protocol summary

##### Study aim

Determining the Effect of Social Skills Training on Emotional Gain and Development of Social Skills of Preschool Children

##### Design

In this study, 60 pre-school children with the inclusion criteria were randomly selected and divided into two intervention and control groups and each participant is assigned a code.

##### Settings and conduct

In this study, 60 pre-school boys and girls in Shahroud city will be randomly selected.

##### Participants/Inclusion and exclusion criteria

Agree to participate in the study; parental education level at reading and writing level; none of the subjects studied in other training classes would be similar to those used in this study.

##### Intervention groups

Cognitive Strategic Training for Social Skills on Emotional Intelligence and the Development of Social Skills for Children will be taught to the test group in 12 sessions and 30 to 45 minutes long.

##### Main outcome variables

Emotional genius; the ability of the vocals to develop children's social skills

#### General information

##### Reason for update

##### Acronym

-

##### IRCT registration information

IRCT registration number: **IRCT20170512033932N3**

Registration date: **2018-05-24, 1397/03/03**

Registration timing: **retrospective**

Last update: **2018-05-24, 1397/03/03**

Update count: **0**

##### Registration date

2018-05-24, 1397/03/03

##### Registrant information

###### Name

Hosein Motahariniya

###### Name of organization / entity

###### Country

Iran (Islamic Republic of)

###### Phone

+98 23 3222 4908

###### Email address

h\_hojjati@aliabadiu.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2018-02-20, 1396/12/01

##### Expected recruitment end date

2018-05-21, 1397/02/31

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

The effect of social skills training on emotional intelligence and social skills development in preschoolers

##### Public title

The effect of social skills training on emotional intelligence and social skills development in preschoolers

##### Purpose

Supportive

##### Inclusion/Exclusion criteria

###### Inclusion criteria:

Agree to participate in the study

###### Exclusion criteria:

Parental education level at reading and writing level  
None of the subjects studied in other training classes  
would be similar to those used in this study.

**Age**

From **6 years** old to **6 years** old

**Gender**

Both

**Phase**

2-3

**Groups that have been masked**

*No information*

**Sample size**

Target sample size: **60**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

The random sampling method was randomly assigned to those who entered the study and randomly divided into randomized, randomized, randomized random-assignment (Random allocation rule) to control and control groups.

**Blinding (investigator's opinion)**

Not blinded

**Blinding description****Placebo**

Not used

**Assignment**

Parallel

**Other design features**

-

**Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethics Committee for Biological Researches at the  
Azad University of Shahrood

**Street address**

Shahrood Azad University of Chalus Branch

**City**

Shahrood

**Province**

Semnan

**Postal code**

43189-36199

**Approval date**

2018-04-28, 1397/02/08

**Ethics committee reference number**

IR.IAU.SHAHROOD.REC.1397.2

**Health conditions studied****1****Description of health condition studied**

Emotional ingenuity

**ICD-10 code**

F98.9

**ICD-10 code description**

Unspecified behavioural and emotional disorders with  
onset usually occurring in childhood and adolescence

**2****Description of health condition studied**

social skills

**ICD-10 code**

Z73.4

**ICD-10 code description**

Inadequate social skills, not elsewhere classified

**Primary outcomes****1****Description**

Social skills scores from Matson's social skills  
questionnaire

**Timepoint**

Before the intervention begins and after intervention

**Method of measurement**

Based on total score of social skills

**2****Description**

Emotional Skills Assessment Questionnaire for Children's  
Emotional Skills Development

**Timepoint**

Before the intervention begins and after intervention

**Method of measurement**

Based on the total score of emotional skills

**Secondary outcomes**

empty

**Intervention groups****1****Description**

Training sessions are carried out according to the  
following: First session Understanding program elements  
(coach, participants and program framework) Second  
session addressing the concept of social skills (definition,  
communication methods and its functions) Third session  
of classroom skills; Skill obedience to the teacher's  
instructions for the fourth session. Applying for  
classroom rules (defining, identifying classroom rules,  
discussing the logic behind the need to enforce  
classroom rules, discussing issues that lead to  
compliance with the rules, as well as those that  
weaken and disrupt the implementation of classroom  
rules Session 5: Introducing the characteristics of a  
regular student Sixth session Dating skills: Defining the  
concept of dating and its merits, explaining the

underlying logic of the need to look adorable, smile, define and celebrate the meeting. Seventh Making students familiar with how to communicate with their friends Eighth session Introducing students to ways of respecting others Ninth meeting Familiarizing students with how to perform their ten-year tenure Students' familiarity with the responsibilities of Take over themselves And Responsible 11th session of coping skills; its definitions and functions, the explanation of the basic logic of coping skills, the prevention of the trampling of their rights and the free expression of their positions in interpersonal relations, the introduction of different methods of confrontational meeting of the twelfth summing up

**Category**

Behavior

**2****Description**

Control group: there is no special training

**Category**

N/A

**Recruitment centers****1****Recruitment center****Name of recruitment center**

Salam Preschool school in Shahrood city

**Full name of responsible person**

Bazrkar

**Street address**

Ave Shahed , Shahrood Town

**City**

Shahrood

**Province**

Semnan

**Postal code**

43189-36146

**Phone**

+98 23 3222 4908

**Email**

atenarezaee98@gmail.com

**Sponsors / Funding sources****1****Sponsor****Name of organization / entity**

Islamic Azad University

**Full name of responsible person**

Ruholah Amini

**Street address**

Azad univercity Blvd,azad univercity

**City**

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**Province**

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4941793451

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+98 17 3422 4500

**Fax**

+98 17 3422 4500

**Email**

h\_hojjati1362@yahoo.com

**Grant name****Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Islamic Azad University

**Proportion provided by this source**

100

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

empty

**Country of origin****Type of organization providing the funding**

Academic

**Person responsible for general inquiries****Contact****Name of organization / entity**

Islamic Azad University

**Full name of responsible person**

Atena Rezaee

**Position**

Masters student of children

**Latest degree**

Master

**Other areas of specialty/work**

Nursery

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**Person responsible for scientific inquiries****Contact****Name of organization / entity**

Islamic Azad University

**Full name of responsible person**

Atena rezaee

**Position**

Nursing Graduate Student

**Latest degree**

Master

**Other areas of specialty/work**

Nursery

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h\_hojjati1392@yahoo.com

**Person responsible for updating data****Contact****Name of organization / entity**

Islamic Azad University

**Full name of responsible person**

Hamaid Hojjati

**Position**

Associate Professor of Nursing

**Latest degree**

Ph.D.

**Other areas of specialty/work**

Nursery

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**Postal code**

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**Phone**

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**Email**

h\_hojjati1392@yahoo.com

**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

Undecided - It is not yet known if there will be a plan to make this available

**Study Protocol**

Undecided - It is not yet known if there will be a plan to make this available

**Statistical Analysis Plan**

Undecided - It is not yet known if there will be a plan to make this available

**Informed Consent Form**

Undecided - It is not yet known if there will be a plan to make this available

**Clinical Study Report**

Undecided - It is not yet known if there will be a plan to make this available

**Analytic Code**

Undecided - It is not yet known if there will be a plan to make this available

**Data Dictionary**

Undecided - It is not yet known if there will be a plan to make this available