

Clinical Trial Protocol

Iranian Registry of Clinical Trials

24 Jun 2026

Investigating the effectiveness of Gestalt counseling on the self-esteem and domestic violence against pregnant women referred to kerman health centers,2018

Protocol summary

Study aim

determination the effectiveness of Gestalt counseling on the self-esteem and domestic violence against pregnant women referred to kerman health centers,2018

Design

The study is experimental interventional study with the control group. The statistical population of pregnant women is referred to Kerman health centers.

Settings and conduct

The study is experimental interventional study with the control group. The statistical population of pregnant women is referred to Kerman health centers.

Participants/Inclusion and exclusion criteria

Inclusion criteria: being pregnant - age between 18-45 years - single pregnancy - Elementary education
Exclusion criteria : incidence of pregnancy complications such as bleeding,blood pressure,preterm delivery,intrauterine death, Incidence of sudden events during the intervention, such as the loss of first degree relatives and occupations, emergency cesarean section, being absent in two sessions of counseling sessions.

Intervention groups

Gestalt counseling on the self-esteem and domestic violence against pregnant women

Main outcome variables

Self-esteem and domestic violence

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20151103024866N11**

Registration date: **2018-11-05, 1397/08/14**

Registration timing: **retrospective**

Last update: **2018-11-05, 1397/08/14**

Update count: **0**

Registration date

2018-11-05, 1397/08/14

Registrant information

Name

Katayoun Alidousti

Name of organization / entity

Kerman University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 34 3132 5219

Email address

alidoosti@kmu.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2018-05-21, 1397/02/31

Expected recruitment end date

2018-08-20, 1397/05/29

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Investigating the effectiveness of Gestalt counseling on the self-esteem and domestic violence against pregnant women referred to kerman health centers,2018

Public title

Investigating the effectiveness of Gestalt counseling on the self-esteem and domestic violence against pregnant women referred to kerman health centers,2018

Purpose

Supportive

Inclusion/Exclusion criteria**Inclusion criteria:**

being pregnant age between 18-45 years single pregnancy Elementary education

Exclusion criteria:

incidence of pregnancy complications such as bleeding, blood pressure, preterm delivery, intrauterine death Incidence of sudden events during the intervention, such as the loss of first degree relatives and occupations emergency cesarean section being absent in two sessions of counseling sessions

Age

From **18 years** old to **45 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **129**

Randomization (investigator's opinion)

Randomized

Randomization description

Firstly, from among all health centers, multiple clusters will be selected by lottery. Then in each clinic, pregnant women will be eligible for the study and will be divided into two groups of intervention and control by lottery.

Blinding (investigator's opinion)

Not blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features

It was used randomized numerical table for Randomization

Secondary Ids

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Ethics committee of Kerman University of Medical Sciences

Street address

Kerman, Beginning of the Center of Alvari Gardens, Campus of the University of Medical Sciences

City

Kerman

Province

Kerman

Postal code

7616913555

Approval date

2018-05-10, 1397/02/20

Ethics committee reference number

IR.KMU.REC.1397.166

Health conditions studied**1****Description of health condition studied**

Domestic Violence

ICD-10 code**ICD-10 code description****Primary outcomes****1****Description**

Decrease of Domestic violence

Timepoint

Before and After intervention

Method of measurement

Questionary

Secondary outcomes

empty

Intervention groups**1****Description**

Intervention group: After the pre-test, group counseling sessions for pregnant women will be provided to the intervention group during 8 sessions of 45 minutes and will be taken at the end of the last meeting.

Category

N/A

2**Description**

Control group: No consultation will be held for them.

Category

Behavior

Recruitment centers**1****Recruitment center****Name of recruitment center**

Health care clinics

Full name of responsible person

Parinaz Noormohamadi

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Sponsors / Funding sources

1

Sponsor

Name of organization / entity
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Full name of responsible person
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Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Kerman University of Medical Sciences
Proportion provided by this source
100
Public or private sector
Public
Domestic or foreign origin
Domestic
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact

Name of organization / entity
Kerman University of Medical Sciences
Full name of responsible person
alidoosti
Position
instructor
Latest degree
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Person responsible for updating data

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parinaz.normohamadi@gmail.com

Sharing plan**Deidentified Individual Participant Data Set (IPD)**

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to

make this available

Statistical Analysis Plan

Not applicable

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Not applicable

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available