

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

24 Jun 2026

### Investigating the effectiveness of Gestalt counseling on the self-esteem and domestic violence against pregnant women referred to kerman health centers,2018

#### Protocol summary

##### Study aim

determination the effectiveness of Gestalt counseling on the self-esteem and domestic violence against pregnant women referred to kerman health centers,2018

##### Design

The study is experimental interventional study with the control group. The statistical population of pregnant women is referred to Kerman health centers.

##### Settings and conduct

The study is experimental interventional study with the control group. The statistical population of pregnant women is referred to Kerman health centers.

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: being pregnant - age between 18-45 years - single pregnancy - Elementary education  
Exclusion criteria : incidence of pregnancy complications such as bleeding,blood pressure,preterm delivery,intrauterine death, Incidence of sudden events during the intervention, such as the loss of first degree relatives and occupations, emergency cesarean section, being absent in two sessions of counseling sessions.

##### Intervention groups

Gestalt counseling on the self-esteem and domestic violence against pregnant women

##### Main outcome variables

Self-esteem and domestic violence

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20151103024866N11**

Registration date: **2018-11-05, 1397/08/14**

Registration timing: **retrospective**

Last update: **2018-11-05, 1397/08/14**

Update count: **0**

##### Registration date

2018-11-05, 1397/08/14

##### Registrant information

###### Name

Katayoun Alidoosti

###### Name of organization / entity

Kerman University of Medical Sciences

###### Country

Iran (Islamic Republic of)

###### Phone

+98 34 3132 5219

###### Email address

alidoosti@kmu.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2018-05-21, 1397/02/31

##### Expected recruitment end date

2018-08-20, 1397/05/29

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Investigating the effectiveness of Gestalt counseling on the self-esteem and domestic violence against pregnant women referred to kerman health centers,2018

##### Public title

Investigating the effectiveness of Gestalt counseling on the self-esteem and domestic violence against pregnant women referred to kerman health centers,2018

**Purpose**

Supportive

**Inclusion/Exclusion criteria****Inclusion criteria:**

being pregnant age between 18-45 years single pregnancy Elementary education

**Exclusion criteria:**

incidence of pregnancy complications such as bleeding, blood pressure, preterm delivery, intrauterine death Incidence of sudden events during the intervention, such as the loss of first degree relatives and occupations emergency cesarean section being absent in two sessions of counseling sessions

**Age**

From **18 years** old to **45 years** old

**Gender**

Female

**Phase**

N/A

**Groups that have been masked**

*No information*

**Sample size**

Target sample size: **129**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

Firstly, from among all health centers, multiple clusters will be selected by lottery. Then in each clinic, pregnant women will be eligible for the study and will be divided into two groups of intervention and control by lottery.

**Blinding (investigator's opinion)**

Not blinded

**Blinding description****Placebo**

Not used

**Assignment**

Parallel

**Other design features**

It was used randomized numerical table for Randomization

**Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethics committee of Kerman University of Medical Sciences

**Street address**

Kerman, Beginning of the Center of Alvari Gardens, Campus of the University of Medical Sciences

**City**

Kerman

**Province**

Kerman

**Postal code**

7616913555

**Approval date**

2018-05-10, 1397/02/20

**Ethics committee reference number**

IR.KMU.REC.1397.166

**Health conditions studied****1****Description of health condition studied**

Domestic Violence

**ICD-10 code****ICD-10 code description****Primary outcomes****1****Description**

Decrease of Domestic violence

**Timepoint**

Before and After intervention

**Method of measurement**

Questionary

**Secondary outcomes**

empty

**Intervention groups****1****Description**

Intervention group: After the pre-test, group counseling sessions for pregnant women will be provided to the intervention group during 8 sessions of 45 minutes and will be taken at the end of the last meeting.

**Category**

N/A

**2****Description**

Control group: No consultation will be held for them.

**Category**

Behavior

**Recruitment centers****1****Recruitment center****Name of recruitment center**

Health care clinics

**Full name of responsible person**

Parinaz Noormohamadi

**Street address**

Kerman Nursing & Midwifery Faculty

**City**

Kerman

**Province**

Kerman  
**Postal code**  
7619674194  
**Phone**  
+98 34 3132 5219  
**Email**  
alidoosti@kmu.ac.ir

## Sponsors / Funding sources

### 1

#### Sponsor

**Name of organization / entity**  
Kerman University of Medical Sciences  
**Full name of responsible person**  
Dr. Pardakhti  
**Street address**  
Jahad Street  
**City**  
kerman  
**Province**  
Kerman  
**Postal code**  
7619674194  
**Phone**  
+98 34 3132 5219  
**Email**  
pardakhti@kmu.ac.ir  
**Grant name**  
**Grant code / Reference number**  
**Is the source of funding the same sponsor organization/entity?**  
Yes  
**Title of funding source**  
Kerman University of Medical Sciences  
**Proportion provided by this source**  
100  
**Public or private sector**  
Public  
**Domestic or foreign origin**  
Domestic  
**Category of foreign source of funding**  
*empty*  
**Country of origin**  
**Type of organization providing the funding**  
Academic

## Person responsible for general inquiries

#### Contact

**Name of organization / entity**  
Kerman University of Medical Sciences  
**Full name of responsible person**  
alidoosti  
**Position**  
instructor  
**Latest degree**  
Master  
**Other areas of specialty/work**  
Midwifery  
**Street address**

Nursing and Midwifery Collage  
**City**  
Kerman  
**Province**  
Kerman  
**Postal code**  
7616913555  
**Phone**  
+98 34 3132 5219  
**Fax**  
**Email**  
alidoosti@kmu.ac.ir  
**Web page address**

## Person responsible for scientific inquiries

#### Contact

**Name of organization / entity**  
Kerman University of Medical Sciences  
**Full name of responsible person**  
alidoosti  
**Position**  
instructor  
**Latest degree**  
Master  
**Other areas of specialty/work**  
Midwifery  
**Street address**  
Nursing and Midwifery Collage  
**City**  
Kerman  
**Province**  
Kerman  
**Postal code**  
7419476196  
**Phone**  
+98 34 3132 5219  
**Fax**  
**Email**  
alidoosti@kmu.ac.ir  
**Web page address**

## Person responsible for updating data

#### Contact

**Name of organization / entity**  
Kerman University of Medical Sciences  
**Full name of responsible person**  
parinaz normohamadi  
**Position**  
Master's degree Student in Midwifery Counseling  
**Latest degree**  
Bachelor  
**Other areas of specialty/work**  
Midwifery  
**Street address**  
Razi Nursing and Midwifery Department  
**City**  
kerman  
**Province**  
Kerman

**Postal code**

7615644875

**Phone**

+98 34 3312 7088

**Email**

parinaz.normohamadi@gmail.com

**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

Undecided - It is not yet known if there will be a plan to make this available

**Study Protocol**

Undecided - It is not yet known if there will be a plan to

make this available

**Statistical Analysis Plan**

Not applicable

**Informed Consent Form**

Undecided - It is not yet known if there will be a plan to make this available

**Clinical Study Report**

Undecided - It is not yet known if there will be a plan to make this available

**Analytic Code**

Not applicable

**Data Dictionary**

Undecided - It is not yet known if there will be a plan to make this available