Clinical Trial Protocol
Iranian Registry of Clinical Trials

17 Oct 2026

Investigating the effectiveness of Gestalt counseling on the self-esteem and domestic violence against pregnant women reffered to kerman health centers,2018

Protocol summary

Study aim
determination the effectiveness of Gestalt counseling on the self-esteem and domestic violence against pregnant women reffered to kerman health centers,2018
Design
The study is experimental interventional study with the control group. The statistical population of pregnant women is referred to Kerman health centers.
Settings and conduct
The study is experimental interventional study with the control group. The statistical population of pregnant women is referred to Kerman health centers.
Participants/Inclusion and exclusion criteria
Inclusion criteria: being pregnant - age between 18-45 years - single pregnancy - Elementary education
Exclusion criteria : incidence of pregnancy complications such as bleeding,blood pressure,preterm delivery,intrauterine death, Incidence of sudden events during the intervention, such as the loss of first degree relatives and occupations, emergency cesarean section, being absent in two sessions of counseling sessions.
Intervention groups
Gestalt counseling on the self-esteem and domestic violence against pregnant women
Main outcome variables
Self-esteem and domestic violence

General information

Reason for update
Acronym
IRCT registration information
IRCT registration number: **IRCT20151103024866N11**
Registration date: **2018-11-05, 1397/08/14**
Registration timing: **retrospective**

Last update: **2018-11-05, 1397/08/14**
Update count: **0**
Registration date
2018-11-05, 1397/08/14

Registrant information
Name
Katayoun Alidousti
Name of organization / entity
Kerman University of Medical Sciences
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Iran (Islamic Republic of)
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+98 34 3132 5219
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Recruitment status
Recruitment complete
Funding source

Expected recruitment start date
2018-05-21, 1397/02/31
Expected recruitment end date
2018-08-20, 1397/05/29
Actual recruitment start date
empty
Actual recruitment end date
empty
Trial completion date
empty

Scientific title
Investigating the effectiveness of Gestalt counseling on the self-esteem and domestic violence against pregnant women reffered to kerman health centers,2018

Public title
Investigating the effectiveness of Gestalt counseling on the self-esteem and domestic violence against pregnant women reffered to kerman health centers,2018

Purpose
Supportive
Inclusion/Exclusion criteria
Inclusion criteria:
being pregnant age between 18-45 years single pregnancy Elementary education
Exclusion criteria:
incidence of pregnancy complications such as bleeding,blood pressure,preterm delivery,intrauterine death Incidence of sudden events during the intervention, such as the loss of first degree relatives and occupations emergency cesarean section being absent in two sessions of counseling sessions
Age
From **18 years** old to **45 years** old
Gender
Female

Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **129**
Randomization (investigator's opinion)
Randomized
Randomization description
Firstly, from among all health centers, multiple clusters will be selected by lottery. Then in each clinic, pregnant women will be eligible for the study and will be divided into two groups of intervention and control by lottery.
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features
It was used randomized numerical table for Randomization

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Ethics committee of Kerman University of Medical Sciences
Street address
Kerman, Beginning of the Center of Alvari Gardens, Campus of the University of Medical Sciences
City
Kerman
Province
Kerman
Postal code
7616913555
Approval date
2018-05-10, 1397/02/20
Ethics committee reference number
IR.KMU.REC.1397.166

Health conditions studied

1

Description of health condition studied
Domestic Violence
ICD-10 code
ICD-10 code description

Primary outcomes

1

Description
Decrease of Domestic violence
Timepoint
Before and After intervention
Method of measurement
Questionary

Secondary outcomes

empty

Intervention groups

1

Description
Intervention group: After the pre-test, group counseling sessions for pregnant women will be provided to the intervention group during 8 sessions of 45 minutes and will be taken at the end of the last meeting.
Category
N/A

2

Description
Control group: No consultation will be held for them.
Category
Behavior

Recruitment centers

1

Recruitment center
Name of recruitment center
Health care clinics
Full name of responsible person
Parinaz Noormohamadi
Street address
Kerman Nursing & Midwifery Faculty
City
Kerman
Province

Kerman
Postal code
7619674194
Phone
+98 34 3132 5219
Email
alidoosti@kmu.ac.ir

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Kerman University of Medical Sciences
Full name of responsible person
Dr. Pardakhti
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Jahad Street
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kerman
Province
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7619674194
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Email
pardakhti@kmu.ac.ir
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Kerman University of Medical Sciences
Proportion provided by this source
100
Public or private sector
Public
Domestic or foreign origin
Domestic
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact
Name of organization / entity
Kerman University of Medical Sciences
Full name of responsible person
alidoosti
Position
instructor
Latest degree
Master
Other areas of specialty/work
Midwifery
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Person responsible for updating data

Contact
Name of organization / entity
Kerman University of Medical Sciences
Full name of responsible person
parinaz normohamadi
Position
Master's degree Student in Midwifery Counseling
Latest degree
Bachelor
Other areas of specialty/work
Midwifery
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Razi Nursing and Midwifery Department
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Province
Kerman

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7615644875
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+98 34 3312 7088
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parinaz.normohamadi@gmail.com

Sharing plan

Deidentified Individual Participant Data Set (IPD)
Undecided - It is not yet known if there will be a plan to make this available
Study Protocol
Undecided - It is not yet known if there will be a plan to make this available
Statistical Analysis Plan
Not applicable
Informed Consent Form
Undecided - It is not yet known if there will be a plan to make this available
Clinical Study Report
Undecided - It is not yet known if there will be a plan to make this available
Analytic Code
Not applicable
Data Dictionary
Undecided - It is not yet known if there will be a plan to make this available