

Clinical Trial Protocol

Iranian Registry of Clinical Trials

03 Aug 2026

Effect of Positive Psychotherapy Education on Understanding the Meaning of Life in Cancer Patients.

Protocol summary

Study aim

Determining the Effect of Positive Psychotherapy on Understanding the Meaning of Life in Cancer Patients

Design

Eligible patients will be matched according to age, sex, and duration of the disease, and will be randomly divided into two groups. The sample size was estimated to be 30 according to the Pukak formula, which will include 40 individuals per group, including sample loss. The structure and content of the sessions will be designed and implemented by the Saligman and Rashid (2006) protocol for the intervention group, and then the post-test will be performed from both groups.

Settings and conduct

Eight 90-minute training sessions run by a psychologist on a weekly basis of two sessions (two groups of 20) on cancer patients in Kerman.

Participants/Inclusion and exclusion criteria

Be able to answer questions in the questionnaire and be able to communicate Not afflicted with mental illness Age over 18 years

Intervention groups

It will be composed of two groups of participants (test and control). By starting a pretest from both groups, the study will begin. Positive Psychotherapy course will be performed by psychologist for intervention group in eight 90-minute sessions twice a week (two groups of 20).

Main outcome variables

meaning life

General information

Reason for update

Acronym

PPT

IRCT registration information

IRCT registration number: **IRCT20180517039696N1**

Registration date: **2018-06-18, 1397/03/28**

Registration timing: **registered_while_recruiting**

Last update: **2018-06-18, 1397/03/28**

Update count: **0**

Registration date

2018-06-18, 1397/03/28

Registrant information

Name

Batool Saeedi rashk olia

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 34 3342 1911

Email address

b.saeedi@kmu.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2018-05-22, 1397/03/01

Expected recruitment end date

2018-06-21, 1397/03/31

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effect of Positive Psychotherapy Education on Understanding the Meaning of Life in Cancer Patients.

Public title

Effect of Positive Psychotherapy Education on Understanding the Meaning of Life in Cancer Patients.

Purpose

Education/Guidance

Inclusion/Exclusion criteria

Inclusion criteria:

- Be able to answer the questions contained in the questionnaire and be able to communicate. Age over 18 years

Exclusion criteria:

Affected by mental illness

Age

From **18 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **40**

Randomization (investigator's opinion)

Randomized

Randomization description

Eligible patients will be sampled and will be sampled and matched according to age, sex, and duration of the disease and will be randomly divided into two groups.

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Other

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Kerman University of Medical Sciences

Street address

NO,6 behvarz

City

Zarand

Province

Kerman

Postal code

7761966849

Approval date

2018-01-07, 1396/10/17

Ethics committee reference number

IR.kmu.REC.۱۳۹۶.۲۰۲۶

Health conditions studied

1

Description of health condition studied

cancer

ICD-10 code

ICD-10 code description

پیدا نکردم

2

Description of health condition studied

Neoplasm

ICD-10 code

C00-C97 c7

ICD-10 code description

Malignant neoplasms Malignant neoplasms of ill-defined, secondary and unspecified sites

Primary outcomes

1

Description

Life meaning (Life attitude)

Timepoint

Before the intervention begins and immediately after intervention

Method of measurement

Life attitude Profile-Revised Scale

Secondary outcomes

1

Description

Purposefulness

Timepoint

Before the intervention begins and immediately after intervention

Method of measurement

Life Attitue Profile Revised

2

Description

Vacuum of existence

Timepoint

Before the intervention begins and immediately after intervention

Method of measurement

Life Attitue Profile Revised

3

Description

Accept death

Timepoint

Before the intervention begins and immediately after intervention

Method of measurement

Life Attitue Profile Revised

4

Description

Target search

Timepoint

Before the intervention begins and immediately after intervention

Method of measurement

Life Attitue Profile Revised

5**Description**

Conjunction

Timepoint

Before the intervention begins and immediately after intervention

Method of measurement

Life Attitue Profile Revised

6**Description**

Choice of responsibility

Timepoint

Before the intervention begins and immediately after intervention

Method of measurement

Life Attitue Profile Revised

Intervention groups**1****Description**

Intervention group: Positive psychotherapy Education(Eight 90-minute sessions)

Category

Other

2**Description**

Control group: (Looking forward to receiving positive psychological therapy intervention)

Category

Other

Recruitment centers**1****Recruitment center****Name of recruitment center**

Bahonar hospital

Full name of responsible person

Saeedi Rashk Olia Batool

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7761966849

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Email

B.saeedi3897@gmail.com

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Kerman University of Medical Sciences

Full name of responsible person

معاون تحقیقات و فناوری

Street address

Haft bagh

City

کرمان

Province

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7761966849

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Fax**Email**

B.saeedi3897@gmail.com

Web page address**Grant name****Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

No

Title of funding source

Kerman University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

Academic

Person responsible for general inquiries**Contact****Name of organization / entity**

Kerman University of Medical Sciences

Full name of responsible person

Saeedi Rashk Olia Batool

Position

Student

Latest degree

Bachelor

Other areas of specialty/work

Nursery

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Person responsible for scientific inquiries

Contact

Name of organization / entity
Kerman University of Medical Sciences
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Person responsible for updating data

Contact

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available