

Clinical Trial Protocol

Iranian Registry of Clinical Trials

09 Jun 2026

The effect of principles of professional ethics counseling on compliance and applicability rate of professional ethics codes of midwifery in Midwives working in community health centers in 2018

Protocol summary

Study aim

Determining the effect of principles of professional ethics counseling on compliance and applicability rate of professional ethics codes of midwifery in Midwives working in community health centers in 2018

Design

Parallel group randomized trial, not blinded

Settings and conduct

In the intervention group will be presented group counseling and in control group will be presented educational booklet related to professional midwifery ethics. The content of the sessions in the intervention group includes two sessions of training and familiarization with 85 midwifery professional ethics codes in Iran. In the next four sessions counseling will be done based on the ethics codes of the reproductive health service providers and the identification of the most important and challenging codes of any domain of education and counseling.

Participants/Inclusion and exclusion criteria

inclusion criteria: 1- Having satisfaction to participate in the study 2- Having a Bachelor or Midwifery degree 3. At least one year of work experience associated with midwifery 4. Not attending meetings or workshops related to professional ethics for at least the last six months 5. Failure to refer to the medical system and other relevant authorities for explanation of professional performance or refusal Exclusion criteria: 1. Unwillingness to continue studying 2. More than 5% defect in completing the questionnaire 3. Not attending more than one counseling session in the intervention group

Intervention groups

In the intervention group will be presented group counseling (with 6-9 people) related to professional midwifery ethics in 6 sessions /90 minutes each week, and in control group will be presented educational

booklet related to professional midwifery ethics.

Main outcome variables

compliance rate of professional ethics codes of midwifery; applicability rate of professional ethics codes of midwifery

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20150209021020N2**

Registration date: **2018-08-10, 1397/05/19**

Registration timing: **registered_while_recruiting**

Last update: **2018-08-10, 1397/05/19**

Update count: **0**

Registration date

2018-08-10, 1397/05/19

Registrant information

Name

Zahra Mehdizadeh Tourzani

Name of organization / entity

Alborz University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 26 3433 6008

Email address

minouei@abzums.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2018-08-06, 1397/05/15

Expected recruitment end date

2018-11-06, 1397/08/15
Actual recruitment start date
empty
Actual recruitment end date
empty
Trial completion date
empty
Scientific title
The effect of principles of professional ethics counseling on compliance and applicability rate of professional ethics codes of midwifery in Midwives working in community health centers in 2018
Public title
The effect of principles of professional ethics counseling on compliance and applicability rate of professional ethics codes of midwifery
Purpose
Education/Guidance
Inclusion/Exclusion criteria
Inclusion criteria:
Having the consent to participate in the study Have a Midwifery Bachelor degree or higher At least one year of work experience associated with midwifery
Exclusion criteria:
Attend to meetings or workshops related to professional ethics for at least the last six months Refer to the medical system and other relevant authorities to explain the professional performance or to refuse the charge
Age
No age limit
Gender
Female
Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **84**
Randomization (investigator's opinion)
Randomized
Randomization description
It is divided into intervention and control groups based on random allocation (quadruple random blocks).
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee of Alborz University of Medical Sciences

Street address

Administrative City, North Taleghan Blvd., Taleghani Square, Karaj

City

Karaj

Province

Alborz

Postal code

3149779453

Approval date

2018-04-28, 1397/02/08

Ethics committee reference number

IR.ABZUMS.REC.1397.010

Health conditions studied

1

Description of health condition studied

The subject is not a disease.

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

Compliance rate of professional ethics codes of midwifery

Timepoint

Initially, at the end and four weeks after the end of the study (counseling sessions)

Method of measurement

Questionnaire of Code of Ethics for Reproductive Health Services Providers

2

Description

Applicability rate of professional ethics codes of midwifery

Timepoint

Initially, at the end and four weeks after the end of the study (counseling sessions)

Method of measurement

Questionnaire of Code of Ethics for Reproductive Health Services Providers

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: Group counseling (with 6-9 people) related to professional midwifery ethics in 6 sessions /90 minutes each week

Category

Behavior

2

Description

Control group: Educational booklet related to professional midwifery ethics

Category

Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center

Rast Ravesh Health Center

Full name of responsible person

Soheila Shahabnia

Street address

Vahdat Street, South Taleghani Blvd

City

Karaj

Province

Alborz

Postal code

3149779453

Phone

+98 26 3270 0011

Email

s.shahabnia1395@gmail.com

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Karaj University of Medical Sciences

Full name of responsible person

Dr. Mohammad Nori Sepehr

Street address

Saffarian Alley, 45 meters Golshahr

City

Karaj

Province

Alborz

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3149779453

Phone

+98 26 3464 3398

Email

Research@abzums.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Karaj University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Karaj University of Medical Sciences

Full name of responsible person

Soheila Shahabnia

Position

Master's degree in midwifery counseling

Latest degree

Bachelor

Other areas of specialty/work

Midwifery

Street address

The western end of the Boali, Nabovat Square

City

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Province

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Postal code

3149779453

Phone

+98 26 3428 7383

Email

s.shahabnia1395@gmail.com

Person responsible for scientific inquiries

Contact

Name of organization / entity

Karaj University of Medical Sciences

Full name of responsible person

Zahra Mehdizadeh Tourzani

Position

Member of the faculty of midwifery

Latest degree

Master

Other areas of specialty/work

Midwifery

Street address

The western end of the Boali, Nabovat Square

City

Karaj

Province

Alborz

Postal code

3149779453

Phone

+98 26 3428 7383

Email

zahramehdizadeh_t@yahoo.com

Person responsible for updating data

Contact

Name of organization / entity

Karaj University of Medical Sciences

Full name of responsible person

Zahra Mehdizadeh Tourzani

Position

Member of the faculty of midwifery

Latest degree

Master

Other areas of specialty/work

Midwifery

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Yes - There is a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

Not applicable

Data Dictionary

Not applicable

Title and more details about the data/document

Information about the main implications will be shared.

When the data will become available and for how long

Start the data access period, 6 months after printing the results

To whom data/document is available

All researchers working at university centers

Under which criteria data/document could be used

By referring to the reference after the publication of the article, the documentation will be usable.

From where data/document is obtainable

Send to email address: zahramehdizadeh_t@yahoo.com

What processes are involved for a request to access data/document

The email request to zahramehdizadeh_t@yahoo.com will be answered within one month.

Comments