

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

10 Jun 2026

### The effect Of Spiritual Consultation On The psychosocial adjustment in patients with Cancer

#### Protocol summary

2018-07-14, 1397/04/23

#### Study aim

Determining the effect Of Spiritual Consultation On The psychosocial adjustment in patients with Cancer

#### Design

A randomised trial with two groups of intervention and a control group, community-based and pragmatic, with parallel groups

#### Settings and conduct

This study will be performed on cancer patients in Hamedan. Participants are randomly divided into equal intervention and control groups. 8 sessions of spiritual counseling are provided for members of the intervention group.

#### Participants/Inclusion and exclusion criteria

Entry requirements: Cancer disease  
Non-entry terms: Being in the end stage of cancer disease

#### Intervention groups

Intervention group: The spiritual counseling, which is based on Islamic approach will be conducted in individual sessions for a period of 45 to 60 minutes in 8 sessions.  
Control group: The control group will receive only routine nursing care at the hospital and will not receive counseling.

#### Main outcome variables

Psychosocial adjustment

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20180115038377N3**

Registration date: **2018-07-14, 1397/04/23**

Registration timing: **registered\_while\_recruiting**

Last update: **2018-07-14, 1397/04/23**

Update count: **0**

##### Registration date

#### Registrant information

##### Name

shadi asgari

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 81 3222 6958

##### Email address

sh.asgari@umsha.ac.ir

#### Recruitment status

##### Recruitment complete

#### Funding source

#### Expected recruitment start date

2018-06-22, 1397/04/01

#### Expected recruitment end date

2018-08-23, 1397/06/01

#### Actual recruitment start date

empty

#### Actual recruitment end date

empty

#### Trial completion date

empty

#### Scientific title

The effect Of Spiritual Consultation On The psychosocial adjustment in patients with Cancer

#### Public title

The effect Of Spiritual Consultation On The psychosocial adjustment in patients with Cancer

#### Purpose

Supportive

#### Inclusion/Exclusion criteria

##### Inclusion criteria:

All patients with passing at least 4 months of diagnosis. the ability to talk Being Muslim and Shiia

##### Exclusion criteria:

being at the end stage of the cancer

### Age

From **18 years** old to **80 years** old

### Gender

Both

### Phase

N/A

### Groups that have been masked

*No information*

### Sample size

Target sample size: **70**

### Randomization (investigator's opinion)

Randomized

### Randomization description

Patients will be divided into two intervention and control groups with using the table of random numbers.

### Blinding (investigator's opinion)

Not blinded

### Blinding description

#### Placebo

Not used

#### Assignment

Parallel

### Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics Committee of Hamadan University of Medical Sciences

##### Street address

Hamadan University of Medical Sciences, Facing the Mardom Park, Hamedan Town

##### City

Hamadan

##### Province

Hamadan

##### Postal code

6571915457

#### Approval date

2018-06-09, 1397/03/19

#### Ethics committee reference number

IR.UMSHA.REC.1397.170

## Health conditions studied

### 1

#### Description of health condition studied

Cancer

#### ICD-10 code

C80.0

#### ICD-10 code description

Disseminated malignant neoplasm, unspecified

## Primary outcomes

### 1

#### Description

Psychosocial adjustment

#### Timepoint

The first stage, before the start of the intervention, and the second stage 8 weeks after the intervention

#### Method of measurement

Psychosocial Adjustment with Illness Scale

## Secondary outcomes

empty

## Intervention groups

### 1

#### Description

Intervention group: The spiritual counseling, which is based on Islamic approach will be conducted in individual sessions for a period of 45 to 60 minutes in 8 sessions.

#### Category

Other

### 2

#### Description

Control group: The control group will receive only routine care at the hospital and do not receive counseling.

#### Category

Other

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Shahid Beheshti Hospital

##### Full name of responsible person

Mohammad Abbasi

##### Street address

Shahid Beheshti Hospital, Ghaem sqr, Hamadan

##### City

Hamadan

##### Province

Hamadan

##### Postal code

6571915457

##### Phone

+98 81 3838 0704

##### Fax

+98 81 3838 1035

##### Email

Shahidbeheshti@umsha.ac.ir

## Sponsors / Funding sources

**Sponsor**

**Name of organization / entity**

Hamedan University of Medical Sciences

**Full name of responsible person**

Saeid Bashirian

**Street address**

Hamedan University of Medical Sciences, Facing the Mardom Park, Hamedan Town

**City**

Hamadan

**Province**

Hamadan

**Postal code**

6517838736

**Phone**

+98 81 3838 0717

**Email**

s\_bashirian@yahoo.com

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Hamedan University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

*empty*

**Country of origin**

**Type of organization providing the funding**

Academic

**Person responsible for general inquiries**

**Contact**

**Name of organization / entity**

Hamedan University of Medical Sciences

**Full name of responsible person**

Shadi Asgari

**Position**

Nursing instructor

**Latest degree**

Master

**Other areas of specialty/work**

Nursery

**Street address**

Shahid Mirzayi Alley, Shohada Ave, Malayer Town

**City**

Malayer

**Province**

Hamadan

**Postal code**

6571915457

**Phone**

+98 81 3222 6958

**Email**

**Person responsible for scientific inquiries**

**Contact**

**Name of organization / entity**

Hamedan University of Medical Sciences

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**Phone**

+98 81 3222 6958

**Fax**

**Email**

Umsha.asgari@gmail.com

**Person responsible for updating data**

**Contact**

**Name of organization / entity**

Hamedan University of Medical Sciences

**Full name of responsible person**

Shadi Asgari

**Position**

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**Latest degree**

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**Email**

Umsha.asgari@gmail.com

**Sharing plan**

**Deidentified Individual Participant Data Set (IPD)**

Undecided - It is not yet known if there will be a plan to make this available

**Study Protocol**

Undecided - It is not yet known if there will be a plan to make this available

**Statistical Analysis Plan**

Undecided - It is not yet known if there will be a plan to make this available

**Informed Consent Form**

Undecided - It is not yet known if there will be a plan to make this available

**Clinical Study Report**

Undecided - It is not yet known if there will be a plan to make this available

**Analytic Code**

Undecided - It is not yet known if there will be a plan to make this available

**Data Dictionary**

Undecided - It is not yet known if there will be a plan to make this available