

Clinical Trial Protocol

Iranian Registry of Clinical Trials

17 Jun 2026

The effect of an educational intervention based on the theory of On the use of the Internet and social networks girls high school students

Protocol summary

Study aim

Determination of the frequency of education based on the theory of planned behavior on the reduction of the use of the Internet and social network in teenage girls

Design

Training sessions to reduce Internet usage and social networking for the intervention group

Settings and conduct

Data will be collected in the pre-intervention, one week and two months after the intervention periods. Finally, the impact of the interventional program will be measured on students Reducing Internet usage and social networks. In this study, it will be selected four schools as the interventional group and four schools as the control Behbahan City areas.

Participants/Inclusion and exclusion criteria

Inclusion criteria: The first class of high school students in Behbahan ; The presence continuous in educational programs. Exclusion criteria: Having more than one session or more absences in classes; Students who have participated in the pretest but not the post-test

Intervention groups

En Intervention group: will be done training sessions about Reduce the use of the Internet and social networks skills. The interventional group will be given booklet, pamphlet, sheet of daily practice, also will be shown an instructional video. Control group: no intervention

Main outcome variables

Reducing Internet usage and social networks

General information

Reason for update

Acronym

isn

IRCT registration information

IRCT registration number: **IRCT20131014015015N18**

Registration date: **2018-09-27, 1397/07/05**

Registration timing: **retrospective**

Last update: **2018-09-27, 1397/07/05**

Update count: **0**

Registration date

2018-09-27, 1397/07/05

Registrant information

Name

Leila Ghahremani

Name of organization / entity

Shiraz University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 71 1725 1001

Email address

ghahramanl@sums.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2018-02-20, 1396/12/01

Expected recruitment end date

2018-06-20, 1397/03/30

Actual recruitment start date

2017-09-23, 1396/07/01

Actual recruitment end date

2017-11-21, 1396/08/30

Trial completion date

empty

Scientific title

The effect of an educational intervention based on the theory of On the use of the Internet and social networks girls high school students

Public title

Evaluation use of the Internet and social networks amount of girl's high school students

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria:

Inclusion criteria: The first class of high school students in Behbahan The presence continuous in educational programs Age 14 to 15 years Exclusion criteria: Having more than one session or more absences in classes Students who have participated in the pretest but not the post-test

Exclusion criteria:

Age

From **14 years** old to **15 years** old

Gender

Female

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **400**

Actual sample size reached: **400**

Randomization (investigator's opinion)

Not randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Other

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Shiraz University of Medical Sciences

Street address

Central building of Shiraz University of Medical Sciences, Zand St. Shiraz

City

شیراز

Province

Fars

Postal code

71345-1978

Approval date

2018-02-07, 1396/11/18

Ethics committee reference number

IR.SUMS.REC.1396.176

Health conditions studied

1

Description of health condition studied

Reducing Internet usage and social networking

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

Reduce the use of the Internet and social networks

Timepoint

Pre- intervention, One weeks and 2 month after intervention

Method of measurement

Questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: En Intervention group: will be done training sessions about Reduce the use of the Internet and social networks skills. The interventional group will be given booklet, pamphlet, sheet of daily practice, also will be shown an instructional video.

Category

Prevention

2

Description

Control group: no intervention

Category

Prevention

Recruitment centers

1

Recruitment center

Name of recruitment center

Ghosleh Mousavi Pour High school

Full name of responsible person

Fatemeh Shirdal

Street address

بهبهان میدان معلم

City

Behbahan

Province

Khouzestan

Postal code

6361963639

Phone

+98 61 3222 6791

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fatima.sherdel@gmail.com

2

Recruitment center

Name of recruitment center
Nafis High school
Full name of responsible person
Ms. Maryam Hosseini
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Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Shiraz University of Medical Sciences
Full name of responsible person
Dr. Leila Ghahramani
Street address
School of health, Koye Zahra, Shiraz
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Email
Ghahramanl@sums.ac.ir
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Shiraz University of Medical Sciences
Proportion provided by this source
100
Public or private sector
Public
Domestic or foreign origin
Domestic
Category of foreign source of funding
empty
Country of origin

Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact

Name of organization / entity
Shiraz University of Medical Sciences
Full name of responsible person
Fatemeh Shirdal
Position
MSc student of Health Education
Latest degree
Subspecialist
Other areas of specialty/work
Health Promotion
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Person responsible for scientific inquiries

Contact

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Full name of responsible person
Leila Ghahremani
Position
phd
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Other areas of specialty/work
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Person responsible for updating data

Contact

Name of organization / entity

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Full name of responsible person

Fatemeh Shirdal

Position

MSc student of Health Education

Latest degree

Master

Other areas of specialty/work

Health Promotion

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Email

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

No - There is not a plan to make this available

Statistical Analysis Plan

Yes - There is a plan to make this available

Informed Consent Form

No - There is not a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

No - There is not a plan to make this available

Data Dictionary

No - There is not a plan to make this available

Title and more details about the data/document

The total potential data can be shared after
unidentifiable people

When the data will become available and for how long

60/5000 As of September 97, the thesis defense is
published

To whom data/document is available

All people who have access to the magazine where the
article is printed

Under which criteria data/document could be used

All results in the thesis and article are for publication

From where data/document is obtainable

Author of Dr. Leyla Ghahremani 09177923542
ghahramanl@sums.ac.ir

What processes are involved for a request to access data/document

The responsible author is asked to be answered from
week to month

Comments

does not have