

Clinical Trial Protocol

Iranian Registry of Clinical Trials

19 Jun 2026

The effectiveness of the Schema Therapy on the reduction of symptoms, the severity of early maladaptive schemas, and confirmation The imagination and self-perception of people with Histrionic personality disorder, single subject method.

Protocol summary

Study aim

The aim of this study is improving the symptoms, early maladaptive schemas, approval-seeking, self concept in patients with histrionic personality disorder.

Design

intervention started after the position of baseline condition and held 16 sessions of individual therapy scheme and follow-up meeting was conducting after the last session about 1 month.

Settings and conduct

Ferdowsi University of Mashhad clinic

Participants/Inclusion and exclusion criteria

Clinical disorder without axis I, lack of disorder Personality other than personality disorder, lack of addiction To substance and alcohol, exposure to extreme crisis situations, Not taking a psychiatric medicine right now

Intervention groups

single subject

Main outcome variables

symptoms, early maladaptive schemas, approval-seeking, self concept

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20180731040648N1**

Registration date: **2018-08-11, 1397/05/20**

Registration timing: **retrospective**

Last update: **2018-08-11, 1397/05/20**

Update count: **0**

Registration date

2018-08-11, 1397/05/20

Registrant information

Name

Alireza Gol

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 51 3621 3306

Email address

alirezagol@mail.um.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2015-06-22, 1394/04/01

Expected recruitment end date

2015-07-23, 1394/05/01

Actual recruitment start date

2015-07-23, 1394/05/01

Actual recruitment end date

2015-08-06, 1394/05/15

Trial completion date

empty

Scientific title

The effectiveness of the Schema Therapy on the reduction of symptoms, the severity of early maladaptive schemas, and confirmation The imagination and self-perception of people with Histrionic personality disorder, single subject method.

Public title

The effectiveness of the Schema Therapy on the improvement of symptoms, the severity of early maladaptive schemas, and confirmation The imagination

and self-perception of people with Histrionic personality disorder

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:

داشتن اختلال شخصیت نمایشی مدرک تحصیلی دیپلم

Exclusion criteria:

Age

From 22 years old to 36 years old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 5

Actual sample size reached: 5

Randomization (investigator's opinion)

N/A

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Other

Other design features

single subject

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Ferdowsi University of Mashhad

Street address

Azadi Blvd, Ferdowsi University of Mashhad

City

Mashhad

Province

Razavi Khorasan

Postal code

9177948974

Approval date

2015-03-07, 1393/12/16

Ethics committee reference number

326

Health conditions studied

1

Description of health condition studied

histrionic personality disorder

ICD-10 code

F60.4

ICD-10 code description

Histrionic personality disorder

Primary outcomes

1

Description

histrionic personality symptoms

Timepoint

intervention started after the position of baseline condition and held 16 sessions of individual therapy scheme and follow-up meeting was conducting after the last session about 1 month

Method of measurement

the semi-structured interview SCID, Millon-III Inventory

Secondary outcomes

1

Description

Early maladaptive schemas, self-image, confirmation

Timepoint

intervention started after the position of baseline condition and held 16 sessions of individual therapy scheme and follow-up meeting was conducting after the last session about 1 month.

Method of measurement

BSCT, DAS and YSQ questionnaire

Intervention groups

1

Description

Intervention group: single subject

Category

Treatment - Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Ferdowsi University of Mashhad clinic

Full name of responsible person

Mohsen asghari nekah

Street address

Azadi Blvd, Ferdowsi University of Mashhad

City

Mashhad

Province

Razavi Khorasan

Postal code

ندارد

Phone

+98 51 3880 6000

Email

pr@um.ac.ir

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Ferdowsi University of Mashhad

Full name of responsible person

Ali Mashhadi

Street address

Azadi Blvd, Ferdowsi University of Mashhad

City

Mashhad

Province

Razavi Khorasan

Postal code

ندارد

Phone

+98 51 3880 6000

Email

pr@um.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Ferdowsi University of Mashhad

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Mashhad University of Medical Sciences

Full name of responsible person

Alireza Gol

Position

Phd student of Psychology/ Ferdowsi University of

Mashhad

Latest degree

Master

Other areas of specialty/work

Psychology

Street address

Andishe 56, blok 7

City

Mashhad

Province

Razavi Khorasan

Postal code

91881151164

Phone

+98 51 3621 3306

Fax

Email

alirezagol@mail.um.ac.ir

Person responsible for scientific inquiries

Contact

Name of organization / entity

Mashhad University of Medical Sciences

Full name of responsible person

Alireza Gol

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Person responsible for updating data

Contact

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Fax

Email

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to

make this available

Statistical Analysis Plan

Not applicable

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Not applicable

Analytic Code

Not applicable

Data Dictionary

Not applicable