Clinical Trial Protocol
Iranian Registry of Clinical Trials

17 Sep 2026

The effectiveness of the Schema Therapy on the reduction of symptoms, the severity of early maladaptive schemas, and confirmation The imagination and self-perception of people with Histrionic personality disorder, single subject method.

Protocol summary

Study aim
The aim of this study is improving the symptoms, early maladaptive schemas, approval-seeking, self concept in patients with histrionic personality disorder.
Design
intervention started after the position of baseline condition and held 16 sessions of individual therapy scheme and follow-up meeting was conducting after the last session about 1 month.
Settings and conduct
Ferdowsi University of Mashhad clinic
Participants/Inclusion and exclusion criteria
Clinical disorder without axis I, lack of disorder Personality other than personality disorder, lack of addiction To subestance and alcohol, exposure to extreme crisis situations, Not taking a psychiatric medicine right now
Intervention groups
single subject
Main outcome variables
symptoms, early maladaptive schemas, approval-seeking, self concept

General information

Reason for update
Acronym
IRCT registration information
IRCT registration number: **IRCT20180731040648N1**
Registration date: **2018-08-11, 1397/05/20**
Registration timing: **retrospective**

Last update: **2018-08-11, 1397/05/20**
Update count: **0**
Registration date
2018-08-11, 1397/05/20

Registrant information
Name
Alireza Gol
Name of organization / entity
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Recruitment status
Recruitment complete
Funding source

Expected recruitment start date
2015-06-22, 1394/04/01
Expected recruitment end date
2015-07-23, 1394/05/01
Actual recruitment start date
2015-07-23, 1394/05/01
Actual recruitment end date
2015-08-06, 1394/05/15
Trial completion date
empty

Scientific title
The effectiveness of the Schema Therapy on the reduction of symptoms, the severity of early maladaptive schemas, and confirmation The imagination and self-perception of people with Histrionic personality disorder, single subject method.

Public title
The effectiveness of the Schema Therapy on the improvement of symptoms, the severity of early maladaptive schemas, and confirmation The imagination

and self-perception of people with Histrionic personality disorder

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:

داشتن اختلال شخصیت نمایشی مدرک تحصیلی دیپلم

Exclusion criteria:

Age

From **22 years** old to **36 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **5**

Actual sample size reached: **5**

Randomization (investigator's opinion)

N/A

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Other

Other design features

single subject

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Ferdowsi University of Mashhad

Street address

Azadi Blvd, Ferdowsi University of Mashhad

City

Mashhad

Province

Razavi Khorasan

Postal code

۹۱۷۷۹۴۸۹۷۴

Approval date

2015-03-07, 1393/12/16

Ethics committee reference number

326

Health conditions studied

1

Description of health condition studied

histrionic personality disorder

ICD-10 code

F60.4

ICD-10 code description

Histrionic personality disorder

Primary outcomes

1

Description

histrionic personality symptoms

Timepoint

intervention started after the position of baseline condition and held 16 sessions of individual therapy scheme and follow-up meeting was conducting after the last session about 1 month

Method of measurement

the semi-structured interview SCID, Millon-III Inventory

Secondary outcomes

1

Description

Early maladaptive schemas, self-image, confirmation

Timepoint

intervention started after the position of baseline condition and held 16 sessions of individual therapy scheme and follow-up meeting was conducting after the last session about 1 month.

Method of measurement

BSCT, DAS and YSQ questionnaire

Intervention groups

1

Description

Intervention group: single subject

Category

Treatment - Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Ferdowsi University of Mashhad clinic

Full name of responsible person

Mohsen asghari nekah

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Sponsors / Funding sources

1

Sponsor
Name of organization / entity
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Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Ferdowsi University of Mashhad
Proportion provided by this source
100
Public or private sector
Public
Domestic or foreign origin
Domestic
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact
Name of organization / entity
Mashhad University of Medical Sciences
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Position
Phd student of Psychology/ Ferdowsi University of Mashhad
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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Not applicable

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Not applicable

Analytic Code

Not applicable

Data Dictionary

Not applicable