

Clinical Trial Protocol

Iranian Registry of Clinical Trials

01 Aug 2026

Investigating the effect of Cancer Survivors' experiences on resilience of cancer patients

Protocol summary

Study aim

Investigating the Impact of Cancer Survivors' Experience on Rescuing Patients with Cancer

Design

Clinical trial with control group

Settings and conduct

At the first session, the test and control group is invited to introduce and complete the questionnaire. In this meeting, before the data are collected, the research objectives for the participants will be fully explained. The second, third, fourth and fifth sessions will be held with the experience of the survivors. At the sixth session, a separate intervention and control group will be invited to refer to the completed questionnaire to complete.

Participants/Inclusion and exclusion criteria

1. Conscious and written consent for participation in the study 2. Ability to attend meetings 3. Not having a history of other chronic diseases 4. Non-cancer in first-degree people 5. Age 60-20 years 6. Lack of participation in psychological training simultaneously 7. Getting involved in stage 2 or 3 cancer

Intervention groups

Patients participating in the research were randomly assigned to two groups of test (30 people) and control (30 people). Four survivors of cancer speak in a friendly and desirable environment based on their experiences of cancer, diagnosis, treatment, complications and self-care and adaptation to cancer, the effects of chemotherapy, nutrition, exercise, physical image, communication, and health issues. Patients in the test group participated in one of the four 120-minute training sessions once a week and are subject to an independent variable (surviving cancer). 20% of the final time of each session will be allocated to the free discussion. During this period, the control group will receive routine treatment.

Main outcome variables

resilience

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20180801040663N1**

Registration date: **2018-10-01, 1397/07/09**

Registration timing: **retrospective**

Last update: **2018-10-01, 1397/07/09**

Update count: **0**

Registration date

2018-10-01, 1397/07/09

Registrant information

Name

Zahra Mollaei

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 31 5554 0021

Email address

mollaei-z@kaums.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2018-06-22, 1397/04/01

Expected recruitment end date

2018-09-21, 1397/06/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Investigating the effect of Cancer Survivors' experiences on resilience of cancer patients		Isfahan
Public title		Postal code
Investigating the effect of Peer group experiences on resilience of cancer patients		8715981151
Purpose		Approval date
Supportive		2018-06-19, 1397/03/29
Inclusion/Exclusion criteria		Ethics committee reference number
Inclusion criteria:		IR.KAUMS.NUHEPM.REC.1397.013
1. Ability to participate in the sessions Being involved in stage 2 or 3 cancer		Health conditions studied
Exclusion criteria:		
having a history of other chronic diseases have cancer in first-degree people participating in psychological training simultaneously		
Age		
From 20 years old to 60 years old		1
Gender		Description of health condition studied
Both		resilience
Phase		ICD-10 code
N/A		ICD-10 code description
Groups that have been masked		2
No information		Description of health condition studied
Sample size		cancer
Target sample size: 60		ICD-10 code
Randomization (investigator's opinion)		ICD-10 code description
Randomized		3
Randomization description		Description of health condition studied
Random assignment has been blocked so that first four blocks of letters A, B are prepared and randomly selected using the random numbers of numbers 1-6 and based on their choice, a sequence of letters A and B is correct and Each patient, according to the entry number to the plan, is one of the A and B breeds.		Peer group
Blinding (investigator's opinion)		ICD-10 code
Not blinded		ICD-10 code description
Blinding description		4
Placebo		Description of health condition studied
Not used		Cancer Survivors'
Assignment		ICD-10 code
Other		ICD-10 code description
Other design features		Primary outcomes
Secondary Ids		1
empty		Description
Ethics committees		Connor and Davidson Resilience Questionnaire
1		Timepoint
Ethics committee		Resiliency measure at the beginning of the study (before the intervention) and one month after the start of the study
Name of ethics committee		Method of measurement
Kashan University of Medical Sciences and Health Services		Connor and Davidson Resilience Questionnaire
Street address		Secondary outcomes
Faculty of Nursing, pezesk Blvd, Midwifery., Ghotb Ravandi Blvd., Kashan, Isfahan,		empty
City		Intervention groups
kashan		1
Province		Description
		The intervention group, Thirty patients, is selected to receive chemotherapy or radiotherapy. and then

participate in four 90-minute sessions. At each session, there is a cancer survivor who will talk about his or her treatment experience. Assessment of this intervention will be carried out in the form of a pre-test and a Post-test.

Category

Rehabilitation

2**Description**

Control group: The group continues to receive routine treatment, and will be selected only for this group of pre-test and post-test.

Category

Other

Recruitment centers**1****Recruitment center****Name of recruitment center**

Ayatollah Yaseri Specialty Hospita

Full name of responsible person

Fatemeh Sadat Izadi Onji

Street address

Ayatollah Yaseri Specialty Hospital- Nursing Blvd - Kahan Blvd. Rowundi

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kashan

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Email

info@yasrebihospital.ir

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Kashan University of Medical Sciences

Full name of responsible person

دکتر غلامعلی حمیدی

Street address

Faculty of Nursing, Pezesk Blvd, Midwifery., Ghotb Ravandi Blvd., Kashan, Isfahan,

City

kashan

Province

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Email

hamidi_gh@kaums.ac.ir

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Kashan University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

Academic

Person responsible for general inquiries**Contact****Name of organization / entity**

Kashan University of Medical Sciences

Full name of responsible person

Fatemeh Sadat Izadi - Avanj

Position

Assistant professor

Latest degree

Ph.D.

Other areas of specialty/work

Nursery

Street address

Faculty of Nursing, pezesk Blvd, Midwifery., Ghotb Ravandi Blvd., Kashan, Isfahan,

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Person responsible for scientific inquiries**Contact****Name of organization / entity**

Kashan University of Medical Sciences

Full name of responsible person

Fatemeh Sadat Izadi-Avangi

Position

Assistant Professor

Latest degree

Ph.D.

Other areas of specialty/work

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Person responsible for updating data

Contact

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Other areas of specialty/work
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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

No - There is not a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available

Title and more details about the data/document

It is reported in the form of a thesis.

When the data will become available and for how long

Summer of 2019

To whom data/document is available

everybody

Under which criteria data/document could be used

توسعه دانش

From where data/document is obtainable

دانشگاه علوم پزشکی کاشان

What processes are involved for a request to access data/document

. مراجعه به معاونت پژوهشی دانشگاه و سپس مسئول تحقیق

Comments