

Clinical Trial Protocol

Iranian Registry of Clinical Trials

27 Jun 2026

The effect of androgen administration on IVF outcome in poor responders undergoing ovarian stimulation with microdose protocol

Protocol summary

Study aim

Study the effect of androgen administration on IVF outcome in poor responders undergoing ovarian stimulation with microdose protocol

Design

Two arm parallel group randomised trial

Settings and conduct

Infertile women refer to reproductive sciences institute

Participants/Inclusion and exclusion criteria

Poor responders, severe endometriosis, severe male factor, uncontrolled endocrine disease

Intervention groups

Study the effect of adding androgen to ovarian stimulation with microdose protocol in study group and comparison with only microdose protocol in control group on IVF outcome in poor responders

Main outcome variables

Clinical pregnancy, chemical pregnancy, fetus number, oocyte number, dominant follicle

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20180818040828N1**

Registration date: **2018-10-18, 1397/07/26**

Registration timing: **registered_while_recruiting**

Last update: **2021-04-20, 1400/01/31**

Update count: **1**

Registration date

2018-10-18, 1397/07/26

Registrant information

Name

Lida Saeed

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 34 3132 8000

Email address

Isaeid@kmu.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2018-09-23, 1397/07/01

Expected recruitment end date

2018-11-22, 1397/09/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of androgen administration on IVF outcome in poor responders undergoing ovarian stimulation with microdose protocol

Public title

The effect of androgen administration on IVF outcome in poor responders

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:

Patient with poor responder ovaries Age <45 years Age >18 years

Exclusion criteria:

Severe endometriosis Severe male factor uncontrolled endocrine disease

Age

From **18 years** old to **45 years** old

Gender

Female

Phase

3

Groups that have been masked

No information

Sample size

Target sample size: 60

Randomization (investigator's opinion)

Randomized

Randomization description

At first the 60 qualified patients select and in order to refer from number 1 to 60 consider for them. Then with Random Allocation Software and random codes divide in two groups with 30 patients.

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of reproductive sciences institute- Yazd Shahid Sadoughi University of Medical Scien

Street address

Bouali Ave, Safaeih

City

Yazd

Province

Yazd

Postal code

8916877391

Approval date

2018-05-20, 1397/02/30

Ethics committee reference number

IR.SSU.RSI.REC.1397.001

Health conditions studied

1

Description of health condition studied

Patient with poor responder ovaries

ICD-10 code

N97

ICD-10 code description

Female infertility

Primary outcomes

1

Description

Clinical pregnancy

Timepoint

5 Week after embryo transfer

Method of measurement

Vaginal Sonography to see fetus in gestational sac

Secondary outcomes

1

Description

Chemical pregnancy

Timepoint

2 weeks after embryo transfer

Method of measurement

Check BHCG

2

Description

Fetus number

Timepoint

2-3 day after follicle aspiration

Method of measurement

Fetus in laboratory

3

Description

Oocyte number

Timepoint

In follicular aspiration day

Method of measurement

To see oocytes in laboratory

4

Description

The number of dominant follicle

Timepoint

In ovulation stimulation cycle

Method of measurement

Vaginal sonography

5

Description

Estradiol level in blood

Timepoint

To see 2-3 number of ≥ 17 mm follicle

Method of measurement

Check in laboratory

6

Description

Gonadotropin dosage

Timepoint

At the end of ovarian stimulation

Method of measurement

International Units

Intervention groups

1

Description

Intervention group: Since the 3rd day of menses will begin GnRH agonist buserelin acetate (Cinafact,cinagen,Iran) at a dose of 50 µg subcutaneously twice daily and menotropin(BSV,Germany) 325 IU daily intramuscular.Follicular size with sonography and serum FSH, LH, P, and E2 level will be measured on cycle day 7 and then every 2-3 days one time. When serum FSH levels exceeded 20 IU/L on cycle day 7 or any time thereafter and follicular growth will considered to be slow or asynchronous (when one or two leading follicles were ≥4 mm larger than the rest of the cohort), gonadotropins will discontinue for 2-5 days. 40.5 mg of daily transdermal testosterone (Androgel 1.62% , Abbvie) will begin from the day gonadotropin injections will interrupt until the day of the ovulation trigger. When at least two dominant follicles will reach to size of ≥17 mm, 10,000 IU hCG (Pregnyl, Netherlands) was administered subcutaneously for ovulation trigger. Thirty-six hours later, the oocytes were retrieved by means of ultrasound-guided transvaginal needle aspiration. Following egg retrieval, intracytoplasmic sperm injection/IVF will be done. The embryos will transferre at the cleavage stage 2-3 days later.

Category

Treatment - Drugs

2

Description

Control group:Since the 2d day of menses GnRH agonist buserelin acetate (Cinafact,cinagen,Iran) at a dose of 50 µg subcutaneously twice daily and since the 4th day menotropin(BSV,Germany) 325 IU daily intramuscular will begin.Follicular size with sonography will be measured on cycle day 9 and then every 2-3 days one time. In this group gonadotropin will not interrupt and will continue until trigger day. When at least two dominant follicles will reach to size of ≥17 mm,serum FSH,LH,P and E2 levels will be measured and10,000 IU hCG (Pregnyl, Netherlands) will administere subcutaneously for ovulation trigger. Thirty-six hours later, the oocytes were retrieved by means of ultrasound-guided transvaginal needle aspiration. Following egg retrieval, intracytoplasmic sperm injection/IVF will be done. The embryos will transferre at the cleavage stage 2-3 days later.

Category

Treatment - Drugs

Recruitment centers

1

Recruitment center

Name of recruitment center

Yazd reproductive sciences institute

Full name of responsible person

Dr.Abbas aflatoonian

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Bouali Ave, Safaeih

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abbas_aflatoonian@ssu.ac.ir

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Yazd University of Medical Sciences

Full name of responsible person

Dr.Masoud Mirzaei

Street address

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Masoudmirzaei@yahoo.com

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Yazd University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Yazd University of Medical Sciences

Full name of responsible person

Dr.Lida Saeed

Position

Assistant professor, Infertility fellowship

Latest degree

Specialist

Other areas of specialty/work

Gynecology and Obstetrics

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Person responsible for scientific inquiries

Contact

Name of organization / entity

Yazd University of Medical Sciences

Full name of responsible person

Dr.Abbas Aflatoonian

Position

Professor

Latest degree

Subspecialist

Other areas of specialty/work

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Person responsible for updating data

Contact

Name of organization / entity

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Full name of responsible person

Dr.Lida Saeed

Position

Assistant Professor, Infertility Fellowship

Latest degree

Specialist

Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

No - There is not a plan to make this available

Justification/reason for indecision/not sharing IPD

Due to the privacy of patients

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Yes - There is a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

Yes - There is a plan to make this available

Data Dictionary

Yes - There is a plan to make this available

Title and more details about the data/document

Study protocol,statistical analysis map,clinical study report after article edition will be available

When the data will become available and for how long

After article edition

To whom data/document is available

Researchers that work in university

Under which criteria data/document could be used

In retrospective studies

From where data/document is obtainable

Yazd reproductive sciences institute

What processes are involved for a request to access data/document

Demand from Vice president of research,propound in Research council of infertility center and after acception refer to research expert and receive the data

Comments